

Opinion



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THE UNIVERSITY OF ALBERTA'S CAMPUS MEDIA SOURCE

THE **gateway**

September 9th, 2015 ■ Issue No. 7 ■ Volume 106 GTWY.CA

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colophon

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Alyssa Demers, Sam Podgurny, Lisa Szabo, Jason Timmons, Cole Forster, Matti Thurlin, Azra Chatur, Derek Schultz, Stefano Jun, Kathy Tin Ying Hui, Sahar Saadat



PHOTO OF THE WEEK Mmmmm, berries.

SAHAR SAADAT

streeters

COMPILED AND PHOTOGRAPHED BY Mitch Sorensen + Jason Timmons

As you may have heard, the weather at Sonic Boom last weekend was awful.

WE ASKED...

What was your worst live music experience?



Spencer Elliott ENG II

"I got robbed by a frat guy from Calgary at Big Valley Jamboree a few years back."



Georgia Dunn ENG II

"Some big guy dropped on me while he was crowdsurfing at Linkin Park's set at Sonic Boom."



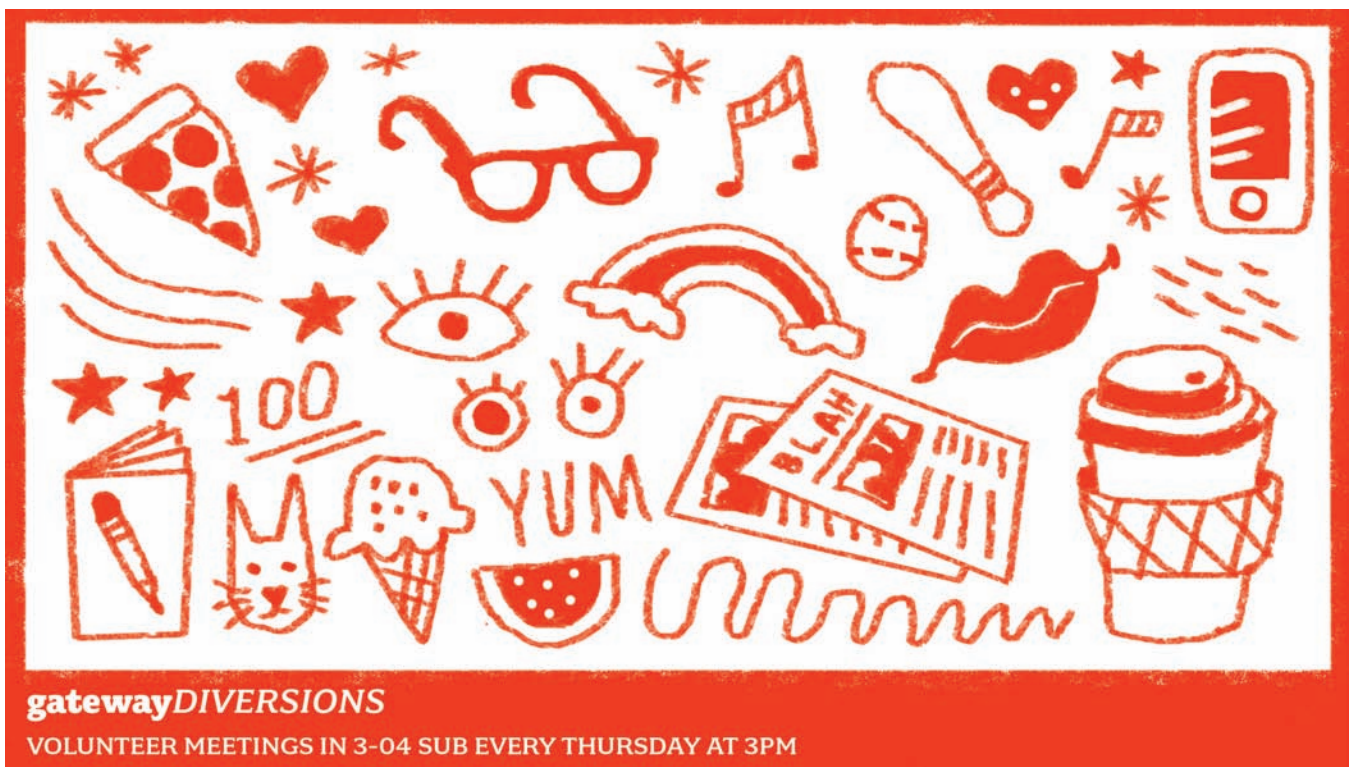
Kevin Chang Wang SCI IV

"There was this street performance in China. It was benefiting burn victims but it was super off key and awkward so you couldn't get away from it."



Eilish McKinlay ALES IV

"I didn't wear sunscreen to Warped Tour in 2009. I got permanently sunburnt."



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VOLUNTEER MEETINGS IN 3-04 SUB EVERY THURSDAY AT 3PM

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Slipping oil prices lands Canada in recession period

Chair of Economics provides expert comment on the recession, and how it could impact graduates looking for jobs in the AB oil industry

Jamie Sarkonak

STAFF REPORTER ■ @SWAGONAK

Statistics Canada's economic data has revealed Canada has been in a recession for the first half of this year. The good news is, the worst of it may have already passed, Chair of the Department of Economics Constance Smith said.

Smith teaches in the area of macroeconomics, particularly topics of international economics. Economists generally define a recession as two consecutive quarters (six months) of negative growth in Gross Domestic Product (GDP). Specifically, economists measure real GDP, which takes into account inflation, as currency strength varies from country to country.

"The interesting thing about it is that often you don't even know ... until quite a bit later when the actual recession began," Smith said.

The data that revealed Canada is in a recession was released Sept. 1, but the numbers were for the first two quarters of the year, from January to June 2015. This indicates Canada was in a recession for the first half of the year, Smith said.

GDP is the dollar value of all goods produced and services provided within a country in a given timeframe. For goods, this only counts for new items produced, meaning the secondhand market is not included. A recession means the total value of a country's and services new products has been decreasing for at least six months. Oil production contributes a great deal to Canada's GDP, but when oil prices are lower, the value of oil contributing to GDP is as well.

The economic data released on

Sept. 1 showed that Canada's GDP had decreased, or had negative growth, for the past two quarters. This timeframe follows the period where gas prices at pumps in Edmonton plummeted as low as \$0.69 per litre in January.

It's still uncertain what will happen this quarter. Some economists argue the worst of the situation was earlier this year, and by June

things were starting to look up, Smith said. This may suggest the trend will be even more positive by the end of the year.

For those who have graduated and are looking for jobs in the oil industry, finding employment may be difficult. But for current students of the U of A, there is likely little to worry about — the economy has time to improve

before they graduate.

"If you're third-year, say, I would say ride it out, because a year or two from now, when you graduate, the oil price may come back up ... and so things will have stabilized," Smith said.

Despite the political arguments surrounding the economy, the party in power has limited impact. Prices of oil change on a much larger

scale, according to global supply and demand. The political party in power can affect how prices affect Canadians, though.

"The thing that the Alberta government could do, and the federal government to an extent could do, is realize that prices go up and down all the time, and plan ahead — maybe have a buffer," Smith said. If it saved 10 to 20 per cent of its revenues every year, the government would have something to dip into during the bad times, she said. This wouldn't help the global price of oil, but it would help lessen its impact on day-to-day life.

In the last few years, the Alberta government hasn't contributed as much to the Heritage Fund as it maybe should have, especially when oil was priced at around \$100 per barrel, Smith said. The Heritage Fund is Alberta's long-term savings fund, which supports government programs, especially in slow economic times.

Saving revenues from taxes and royalties when the prices were so strong would help stabilize the Canadian economy in times when oil prices halve to nearly \$50 per barrel, Smith said.

Though Alberta has been criticized for relying so heavily on oil in the past, its capitalizing comparative advantage, which is reasonable, she said.

"It does make sense for Alberta to take advantage of what we do well," she said.

"We can't just say 'No, we're not interested in oil, we don't want it,' because it is important for our economy ... It just doesn't make sense to ignore that resource when you have it."



OIL SLICK As the price of oil tumbles, Canada has landed in a recession. Constance Smith provides comment.

CHRISTINA VARVIS

New student-developed app provides campus with private forum

Jamie Sarkonak

STAFF REPORTER ■ @SWAGONAK

Students may recognize the blue theme and squirrel silhouette of Chitter — a new campus-based message board app which is being downloaded roughly 200 times a day since its launch.

On Chitter, students post anonymously to a board exclusive to University of Alberta. "Chits" range from deep confessionals to raunchy jokes, and can also include photos. Posters are saved the anxiety of having their name attached to what they write.

Though it looks similar to other smartphone message board apps, such as Yik Yak, Chitter is specifically designed as a platform for the online university community. Registrants require a university email address, determining which school's wall they can post in. This makes it a great platform for campus inside jokes, developer Mark Galloway said.

Users can comment on posts, which are linked to their Facebook accounts as opposed to being anonymous. The original poster, however, remains anonymous if they comment in their own thread.

"(Chitter) is a way for shy people to

connect with people who aren't shy," Galloway said.

Users can also upvote posts they like or agree with, as well as downvote. Chitter uses a community monitoring system, where five downvotes will automatically result in a post being deleted. This is typically used to remove obscene or offensive posts. Users can also be reported, which administrators said will be taken seriously. But so far, the community dynamic has been positive.

U of A students may have seen screenshots of Chitter uploaded on the UAlberta Confessions Facebook page. Along with messaged-in confessions, the page now posts screenshots from Chitter. The two are working closely together, developer Tamara Bain said.

A team of six University of Alberta students and alumni started the project in May, with two from the Faculty of Business and four from the Department of Computing Science.

"(The business team) basically said there's these confession pages on campus and they had read a few of them, and they'd seen that people really like to comment. But a lot of the time they're scared to, especially if you're a new student, or a shy



CHIT-CHAT The Chitter team, composed of seven U of A students.

CHRISTINA VARVIS

person," Bain said. "It can be hard to put yourself out there and say 'Hey is anyone around campus?' or 'Hey what is everyone doing?' just because you don't want to be judged."

After working throughout summer, Chitter was launched on the first day of the Fall term.

Users also receive a single referral code to invite others not affiliated with the U of A into the community — just one, so that walls remain campus-exclusive. This is useful for

those who have friends that will be attending the U of A soon, but don't have a student email address yet, Bain said.

Chitter has walls for all of the Western Canada universities so far, but so far most of its users are from the U of A. Different universities can look at each others' walls, but cannot post to them. The team plans on expanding outside the app's current range as it becomes more popular. Campus groups can also request

their own walls within university communities. For example, Lister Hall has one.

Activity on the app has been fun and clean as of launch, Galloway said.

"Everything's been super positive, everything's getting upvoted," he said. "With us it's just people talking, and they're having fun."

Download links to the app can be found on the Chitter website at try-chitter.com.

campus crimebeat

COMPILED BY **Richard Liew**

A FEIS-TEA ENCOUNTER

UAPS patrols used their Brisk movement, as a female assaulted an officer with a can of iced tea.

Officers located a female who appeared to be intoxicated at 2:45 a.m. on Aug. 25. After they approached the female and made contact, the female did not respond. When officers took hold of the female, the suspect took a swing at the officer's face with the iced tea that was in their hand.

The female was apprehended by Edmonton Police Services (EPS) and subsequently charged for assault. University of Alberta Protective Services (UAPS) Acting Inspector Greg Turner said assault on UAPS officers is not that common, but still a "strange situation."

"In most cases, there's not too many assault on peace officers," Turner said. "But we do have to be prepared and be vigilant in our contact with individuals."

SWING AND A MISS

A staff member used his quick reflexes — twice — to avoid "glancing blows" in the Fine Arts Building.

The staff member noticed a male who appeared to not be affiliated with the University of Alberta in one of the classrooms in FAB on Sept. 2, and approached him to ask him to leave. After the staff member approached the male, he ducked a punch after

the male became confrontational. The staff member pulled out his phone and took pictures of the male, with the intention of providing them to UAPS.

The suspect took another swipe at the staff member and ran off into the Campus Towers, but could not be located. The male is reportedly known to UAPS, and is described as a non-white, 40 years old, 190 lbs wearing a gray hoodie, black sweats and a gray backpack with red piping.

Turner said "kudos" to the staff member for reporting the incident, but recommends that those who find themselves in a similar situation disengage from confronting a suspect, and instead dial UAPS' 24-hour hotline at 780-492-5050.

BALACLAVA BURGLARS

Two masked men used power tools to breach the Scotiabank ATM machine in HUB and made off with an undisclosed amount of cash.

The investigation is still ongoing and there are currently no suspects, Turner said. The only descriptions provided are of two men wearing masks.

HUB Mall residents called UAPS to notify them of the incident, but it appears that the suspects a 10 minute head start before responders arrived, Turner said.

Any information regarding the ATM theft can be sent to EPS at 780-423-4567 or by texting "crimestoppers" to 274637.



SUPPLIED

Preventing 'crimes of opportunity'

Richard Catangay-Liew

NEWS EDITOR • @RICHARDCLIEW

So you're studying in the library and need to use the bathroom — it happens to everyone. But UAPS is advising students to take all valuables with them, even if it's just for a few minutes to prevent theft. It may seem like common sense, but theft is one of the highest reported crimes on campus, University of Alberta Protective Services (UAPS) Acting Inspector Greg Turner said.

Lock your rooms

You know everybody on your floor in Lister Hall, but that doesn't mean it's safe to leave your door unlocked. Trespassing and break-ins are a common occurrence on campus, and they can be avoided by simply

locking the door behind you, even if you're just making a quick trip downstairs to grab a drink or down the hall to visit a floormate. It's especially important considering students keep valuable belongings such as laptops, bikes or jewelry in their personal rooms.

Use a gym lock

Turner said students often use the lockers in the Van Vliet Centre when they go for a swim or a quick lift, but don't bother putting a lock on the locker.

Theft from lockers occurs frequently, and can be prevented if students use a combination or padlock to stow away their belongings. But even if proper locks are used, avoid keeping valuables such as wallets or laptops in the lockers, as they can be

cut by the right tools.

Don't leave your belongings in the library unattended

Almost everyone is guilty of this. Take your laptop and other valuables with you to the bathroom if you need to go during one of your long study sessions. If you can't, ask a friend or someone else in the vicinity to watch your belongings while you're away. There are surveillance cameras around the libraries should theft occur, but it's not always a guarantee you'll get your precious Macbook or iPad back. The most surveillance cameras can do is provide UAPS with a suspect and description, Turner said. And even with that, it doesn't mean that suspect will be caught and have your valuables returned.

UAlberta Go Abroad program launches pilot in South Africa

Jamie Sarkonak

STAFF REPORTER • @SWAGONAK

On the way to a dive site, Elle Surgent and her fellow students crossed paths with three large, passive plankton-eating whale sharks. After joining the sharks in the water, the snorkelers encountered a group of seven-metre wide manta rays. This was just another course credit hour.

This was all during the University of Alberta's pilot session of Southern African Field School (SAFS), a study abroad program open to students of any faculty who wish to participate in research and take biological science courses abroad.

Those in the program completed three modules in three countries. Starting in Swaziland and South Africa, they learned about ecology. The second module, in Mozambique, focused on marine ecology, which students experienced almost daily on coastal scuba dives. The program finished back in South Africa, where students had the choice of studying immunology or returning to work on a research project in one of the previous locations.

"With classes I've taken on campus ... you remember for the test, and then after that you don't remember that thing that was in your textbook. But actually experiencing every day when we were in Africa — you remember the experiences," Surgent said.

The program had plenty of exciting, and safe, animal encounters, Director of the Southern African Field School Randal Arsenault said.

"(Students) saw leopards ... elephants, rhinos, hippos, crocodiles.



ABROAD IN AFRICA Just another course credit hour for the South African Field School this summer.

SUPPLIED

You name it, they saw it," he said. Arsenault has studied African Ecology for 20 years, and wanted to bring students the opportunity to have a similar experience.

Lecture location varied throughout the program. Some lessons took place on park benches or in a reed-hut office overlooking the Atlantic Ocean. Most days, students spent two hours in lecture, while doing fieldwork and research projects for the rest of the day.

The same small group of 18 students together everyday led to a

comfortable atmosphere to ask questions and discuss what was being learned in the field, Arsenault said.

Jenny Kleining, one of the students in this summer's field school, said a lot of lecture was spent connecting theory with fieldwork.

"We were living the course material," she said.

Students gained numerous skill sets from working on different projects, including researching giraffes and impala, monitoring humpback whales and aid working

in African communities.

At \$20,000 for three months not including flights, the program is on the expensive side. Student loans, fundraisers, and Study Abroad grants from the U of A International Office were all ways students found funding. That and plenty of saving.

"The experience is entirely worth it ... the whole thing about living abroad is meeting local people. So it's not just to come and do courses with your professor, it's who are you going to meet," Arsenault said.

"We have about 50 staff members who are based in South Africa ... that help us. So (students) meet all of these people eventually."

Arsenault is now back at the U of A, teaching and preparing for the Winter session of SAFS, which has three seats left. The 2016 Spring/Summer term is currently accepting applications as well.

SAFS can be found on Facebook at facebook.com/AfricanStudies and on Tumblr at ualbertasafs.tumblr.com, where more photos from the 2015 trip can be viewed.

Leadership College welcomes pioneer class

Richard Catangay-Liew
NEWS EDITOR • @RICHARDCLIEW

After years of planning and discussion, Peter Lougheed Leadership College (PLLC) has gone from a proposed idea to a reality.

The Leadership College greeted its inaugural pioneer class to the University of Alberta last week. The cohort comprised of 60 students from various faculties are entering their third year of studies, and were accepted based on their “exemplary” leadership and academic experience demonstrated throughout their first two years at the U of A.

The college is part of the the overarching Peter Lougheed Leadership Initiative — named after the former Alberta premier — and is geared toward stimulating and advancing cultures of leadership and the U of A and Banff Centre.

The program has drawn heavy criticism from the U of A community since it was announced in 2013. The perceived “elitism” and “exclusivity” of the program have historically been the main points of contention regarding the Leadership College.

Although he’s been part of the pioneer class for just one week, third-year political science student Ben Thronson said he doesn’t feel any “elitism” coming from the group thus far.

“I don’t get a sense of that,” Thronson said. “It’s something meant to empower the student body and empower the people involved with the college moving forward to create that type of experience that fits in with that (U of A) theme of uplifting the whole people. I don’t get the feeling that elitism is the kind of ethos that’s in the college.”



PLOUGHING AHEAD Though the PLLC residence is not complete, it’s programming is currently underway.

CHRISTINA VARVIS

The U of A and the Students’ Union reached an agreement in 2014 where student input would play an important role in the future plans, and those who live in the residence — which is due for completion in 2017 — would not be given exclusive leadership programming.

But SU Vice-President (Academic)

Fahim Rahman said he hasn’t seen that commitment yet.

“It’s been tough to gauge for voice feedback with concerns about the PLLC,” Rahman said. “It’s about accountability, and I really don’t see that yet. We haven’t seen as much as a commitment from university administration to enable

more things that reach out to more students.”

“It’s really about making sure that students are getting the best experience possible from the PLLC, and not just the small cohort ... we need to be broadly speaking as well.”

Thronson, who also sits on the SU Students’ Council as an elected

Faculty of Arts representative, said he acknowledges the contentious issues regarding lack of understanding and communication that have been raised at council forums in the past, and that he could provide a medium between the university and the SU.

“I think building those relationships and communicating between the SU and PLLC is something I can bring to the table,” Thronson said of utilizing his first-hand experience with the college.

Leadership College Founding Principal and former Prime Minister of Canada Kim Campbell said the PLLC is working to make its programming as accessible as broadly as possible. Lectures and seminars are public, and the notion of “elitism” in the program is “hilarious,” she said.

“It’s far from being elitist,” she said. “What we’re trying to do is create a centre of excellence that shares our experiences around the university. We have no disincentive to share with other faculties.”

Along with Thronson, the rest of the pioneer class is “crucial” to the development of the program for future classes, she added. The Leadership College’s will house 125 students when the residence — currently under construction on Saskatchewan Dr. — opens in 2017, and the inaugural class gives Campbell and university administration a chance to solve and adjust issues as they arise for the future.

“We get a chance to do this for real and see if our vision turns out to be as good as we hoped it to be,” Campbell said. “If it isn’t, we’ll tinker it and change it and try to make it even better.”

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Alumni's novel nominated for EPL's Reader's Choice Award

Mitch Sorensen

STAFF REPORTER • @SONOFAMITCHE

Although her novel *Winterkill* is up for a 2015 Alberta Readers' Choice Award, Kate Boorman is unique to the list of nominees in several ways.

As the lone female and only young adult author to be nominated, the University of Alberta alumna said it was a pleasant surprise to be shortlisted for the Edmonton Public Library sponsored \$10,000 literary prize.

"You never know how (or if) your work will resonate with readers," Boorman said. "So it was really a lovely honour to have the endorsement of the EPL."

"It's critical to have people with which you can commiserate and celebrate. And it's a really good idea to have honest, outside eyes on your work."

KATE BOORMAN
AUTHOR, WINTERKILL

Nominated books must be written by an Alberta resident and published in 2014. There were no limitations on genre, and both fiction and non-fiction works were eligible. A jury from EPL created the shortlist of five books, which was announced earlier in May. The five titles were then voted on via

public ballot from July 6 to Aug. 31, EPL will announce the winner on Sept. 18, 2015.

Winterkill is Boorman's first ever full-length novel and the first book of a trilogy that will see its second entry, *Darkthaw* released in October. The series' third book, which is currently unnamed, is expected to be released in fall, 2016. Boorman said she's excited to be part of the nominees, which include *The Social Life of Ink* by Ted Bishop, *Thief of Glory* by Sigmund Brouwer, *Who by Fire* by Fred Stenson and *Come Back* by Rudy Wiebe.

"I'm thrilled that my book is among such diverse titles from such well-established authors," Boorman said. "Maybe the nomination supports the idea that books shelved in the (young adult) section can be enjoyed by a variety of readers."

Though she said she admits to being a relative newcomer in the Edmonton literary scene, Boorman said that the community is strong, connected, and growing. Community is an important in the writing business, she added.

"It's critical to have people with which you can commiserate and celebrate," Boorman said. "And it's a really good idea to have honest, outside eyes on your work."

For aspiring writers, Boorman said that there is no perfect time to write a book. Whether it's scrawled in a textbook margin or typed on your phone in line at Starbucks, Boorman said those who want to be writers have to put

pen to paper when and wherever they can.

But when it comes to publishing and releasing a book, Boorman says there is more than one way to do so. Some tend to look to their community for support and critique. Others, such as her, wait until their book is out with an agent and a dozen editors before they tell anyone.

"In retrospect, I'm not sure I recommend the second option," Boorman said. "But some of us are shy, so do what works for you."

"You never know how (or if) your work will resonate with readers. So it was really a lovely honour to have the endorsement of the (Edmonton Public Library)."

KATE BOORMAN
AUTHOR, WINTERKILL

In terms of her own aspirations for the future, Boorman said that she hopes that each of her new books is better than the one before. Beyond the *Winterkill* trilogy, Boorman said she intends on taking opportunities as they come.

"I just hope that my agent is able to sell another project of mine, to someone, at sometime," Boorman said.

"That sounds pessimistic, but it's not! This business is bananas."



ALUMNA AWARDED Kate Boorman is up for an EPL reader's choice award.

SUPPLIED

PogoShare service provides jump towards greener transportation

Mitch Sorensen

STAFF REPORTER • @SONOFAMITCHE

A popular Edmonton ride-sharing company is now making its services friendlier to students.

PogoShare and the University of Alberta's Office of Sustainability have launched an official partnership, with PogoShare joining the Campus Sustainability Initiative. PogoShare cars can now be parked at lots N, U, M, R and L at the University of Alberta, as well as on the top levels of the Windsor, Stadium and Education Car Parks. Users with a U of A e-mail address need to be 19 years of age (instead of 21 for non-students) with at least one year of driving experience, have a driver's license, have no at-fault collisions, two or fewer minor violations and no major violations in the last three years.

"People often bring to cars to campus just in case they need them. We hope to reduce that."

KIERAN RYAN
PRESIDENT AND CO-FOUNDER, POGOSHARE

Students can use the code "UALBERTA" on the PogoShare website to waive the usual \$35 registration fee and for 15 free driving minutes. Normal rates of 47 cents per minute, \$14.99 per hour, \$69.99 per day, and 30 cents per kilometer over 200 kilometres apply.

In addition, cars can be parked and left anywhere within "The Zone," an area stretching from Oliver to Downtown to Old Strathcona



AFFORDABLE AND SUSTAINABLE PogoShare and the U of A have reached an agreement which makes car-pooling easier for students.

SUPPLIED

with no charge. There is no limit to where the cars can be driven as long as they are parked in "The Zone."

PogoShare, which was founded by Kieran Ryan, a U of A Faculty of Business alumni, allows users to access cars and use them one-way, to go anywhere. Ryan, President and co-founder of the service, said that in the past, his company hasn't really been present on campus, and that he hopes the changes in user criteria will increase usage.

"Students are using it, we see the cars parked around campus," Ryan

said. "It only takes 30 seconds to pick up a car, and it can be used one way, so it makes sense for students."

PogoShare users do not have to pay insurance, registration, maintenance, gas or parking. PogoShare research has estimated that one ride-sharing car can take the place of up to 15 single-owner vehicles. Trina Innes, Chief Sustainability Officer for the University, praised the program.

"With car sharing and our strong public transit links, anyone living,

studying or working on campus has access to sustainable transportation," Innes said in a press release. "These options reduce our climate impact."

Ryan said he hopes the idea of having a car at their disposal on campus, in tandem with the uPass, will give students the peace of mind that usually comes with driving to campus.

"The purpose of ride-sharing is to go from one car, one person to one car, many people," Ryan said. "People often bring their cars to campus

just in case they need them. We hope to reduce that."

PogoShare also stands as a successful startup by a young team of entrepreneurs. Ryan said he hopes this is a trend that continues in the future.

"There is a very active community of sustainability-oriented entrepreneurs in Edmonton being driven by UAlberta graduates," Ryan said.

"The success of other U of A entrepreneurs was certainly a motivator for us."

Native Studies Dean resigns

Hokowhitu accepts position at University of Waikato in New Zealand

Mitch Sorensen

STAFF REPORTER • @SONOFAMITCHE

For Brendan Hokowhitu, the decision to resign as Dean of Native Studies and take a job in New Zealand came down to family matters.

"My wife and I have two young children," Hokowhitu said. "We want to give them the opportunity to speak the Maori language and be immersed in their culture."

Hokowhitu, who came to the faculty of Native Studies in 2012 from the University of Otago in New Zealand, is a member of the Ngāti Pukenga Maori tribe. His new role as Dean of Maori and Pacific Advancement at the University of Waikato will commence in January, 2015. The new position sees him return to Hamilton, New Zealand, as well as the ancestral area he left at 18 years old to pursue an education.

The cold climate wasn't the only major change for Hokowhitu when he took post at the U of A. He points to the complexities of provincial politics as a major challenge he had to work through.

"New Zealand has a population of four million people," Hokowhitu said. "That's essentially the same as Alberta, so we only had to deal with politics on the national level."

These concerns with provincial politics came early for Hokowhitu, who had to deal with significant budget cuts throughout his term. Despite the challenges, Hokowhitu said that community engagement and increasing the number of students in Native Studies were main priorities in his tenure. In addition, Hokowhitu points the intellectual capital of the faculty and new courses as reasons to be excited for the future.

"I led the creation of the Indigenous 101 Massive Open Online Course, and I'm stoked about that," Hokowhitu said. "We also have the MA Native Studies program going online, which is going to give even more study opportunities."

Though he said he is excited for the future of the faculty, especially what changes may occur in partnership with the new Alberta government, Hokowhitu is looking forward to his new role.

"The place I'm going to has been a hub of the Maori renaissance since the 1970s," Hokowhitu said. "It has a strong history of leading the revival of indigenous language and culture in New Zealand."

"The place I'm going to has been a hub of the Maori renaissance since the 1970s. It has a strong history of leading the revival of indigenous language and culture in New Zealand."

BRENDAN HOKOWHITU
DEAN OF THE FACULTY OF NATIVE STUDIES

For Hokowhitu, who has done everything from teach secondary school to supervise the Junior Rugby program at the University of Victoria, there are more parallels than differences between his current role and new position. Hokowhitu points to student makeups as the way in which Waikato and the U of A differ primarily.

"At Waikato, I would guess that the Maori student population is about 30 to 40 per cent," he said. "Whereas the indigenous population is two to three per cent at the U of A."

And though he is moving to the opposite end of the globe, Hokowhitu said he plans on maintaining strong ties to Edmonton.

"I don't think this is the end of me and the U of A," Hokowhitu said. "I have a good relationship with the faculty, and I hope to foster some kind of exchange between the two schools."



HAERE RA That means "goodbye" in Maori.

SUPPLIED

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EDITORIAL COMMENT

We're a commuter campus, but we don't need a commuter campus attitude

DID YOU HAVE FUN IN YOUR FIRST WEEK OF SCHOOL? DID YOU revel in how fun it is when there's so many people enjoying themselves in Quad? Did you feel like you're finally getting the university experience that movies and television promised you? If you answered yes to any of these, congratulations. Because you probably won't feel like the campus is a big happy family again until next year's orientation festivities.

Yes, the Week of Welcome tents have been packed up, there's no longer a beer garden in Quad and the libraries are starting to fill with people actually studying. But you might not even notice the number of people hanging out in Rutherford or Cameron Libraries, because statistically, you probably live off campus.

The U of A Residence Services report that this fall, they are housing 4,146 students in university residences (not including Michener Park or Augustana Campus). Out of the 35,052 students that the university headcount reported for fall registration in 2014, that means roughly 11 per cent of students live on campus.

The University of Alberta is a commuter campus. You can argue that there's a thriving Greek scene and that student clubs are popular, but the reality is that 11 per cent of students spend only the amount of time that their classes require on campus. Go to three classes, maybe a lab, and then jump on a bus home. While a home-cooked dinner every night would be nice, does it outweigh the fact that the only part of campus you're seeing is the basement of the Tory Building or the windowless Chemistry labs?

To be fair, the U of A gets sucked into commuter culture because it's in a big city. I spent my first year at the University of Lethbridge. The City of Lethbridge is a pretty small city, and the university is flanked by a coulee on one side and a huge residential area on the other. Even if you didn't live on campus, it was easy to find cheap housing less than a twenty minute walk from school. Because of this, it was super easy to get on and off campus, meaning tons of people hung out at the school on weekends for meetings, studying, or just to chill. Couple this with the fact that the Student's Union frequently hosted "hall party" events at the campus bar with massive turnouts because seemingly everyone was within walking distance, and you had a thriving campus community.

Granted, having this warm fuzzy feeling about your school is tough in a place like Edmonton when the university is not in an affordable part of town, and almost anywhere with student-priced rent in the city has less-than ideal transit for getting to and from school. And chances are that the people who can live near the school have to work to afford the exorbitant rent costs, allowing for even less time spent on campus. So is it possible to get out of the commuter campus vibe? Yes. But it's entirely up to the students to motivate themselves to solve the problem.

Any complaints of the university being an unwelcoming place are certainly valid, but if you find yourself locked in "the U of A is not a friendly place" mindset, you are the only person who can bring yourself out of it. It can be daunting once clubs fair is over and all clubs essentially fade into obscurity, but it is possible.

If you're desperate to meet new people, a student club is your best option. The Student's Union website has an Organization Directory with every club/group listed. There's everything from academic clubs to religious clubs to random activist groups.

Do you already have friends? Congratulations! If you don't want to join a club because you're so popular, try attending some of the events that the Student's Union works so hard to put on for you. This Friday, September 11, they are hosting an evening at the WEM waterpark for \$10.

A thriving campus community entirely depends on the students getting out and interacting with their school. The more people are active and engaged in the community, the stronger and more welcoming it will be for everyone involved. Be it through a club or a job on campus, more people spending time at the U of A and participating in the school creates stronger feelings of attachment to the institution where students will spend a lot of their time and energy for four or more years.

So instead of complaining about an unfriendly campus, get out and do something about it.

Kieran Chrysler
MANAGING EDITOR



ADAIRE BEATTY & JOSH GRESCHNER

letters to the editor

FROM THE WEB

Facebook post in unacceptable, VP OpsFi should resign

(Re: "Politicians can't separate public from private online lives," by Hannah Madsen, September 2)

Having been one of the people who was able to see the post in question by [Cody] Bondarchuk, I agree with the sentiments he should resign. It was wildly distasteful and honestly, he's lucky nobody called the RCMP on him for something so violent.

We deserve better student representatives than that.

Joe
VIA WEB

Post was a personal opinion, unhealthy to be on the job 24/7

My language may have been too strong and I have apologized for not thinking through my argument before posting, but at the end of the day it's my personal opinion and does not influence my job. This article makes some good points, but I just don't agree that I should be expected to act in my role 24/7; that is incredibly unhealthy and inappropriate to expect me to be working all the time. That being said, I understand how some may conflate my position with my personal opinions. People may

say I don't understand the reality of an elected position in that regard, but if we conform to how the system currently works that system will never change, especially when it's a bad system that expects too much from it's elected representatives.

You are correct that I am a student representative. I make mistakes and say things I shouldn't, as every other student does. People in politics are supposed to be a representation of the average constituent, and not better than them. I will make mistakes and I will apologize when I fuck up, but I won't apologize for not being perfect, because that's an elitist system I won't buy into. You deserve someone who is an average student, and that's what you're getting. I will keep fighting for student issues when representing the SU, and I will also keep fighting for my Charter rights when not representing the SU.

Cody Bondarchuk
VICE-PRESIDENT (OPERATIONS & FINANCE)

You aren't expected to be working 24/7 and literally nobody is saying that. You're expected to realize your role as a public figure and how what you say, regardless of if it is a personal opinion or a heavily vetted press release, is going to reflect upon you, your station, and the organization. If you're saying that this is "a bad system that expects too much from it's elected representatives," I would be interested to know if your coworkers share your opinion that the Students' Union is a "bad system". Maybe that'd be a good story for *The Gateway* in itself.

Calling for violence against the

Prime Minister of Canada is incredibly unbecoming and wholly childish for anyone, and especially worrisome that you're expected to be a mature, unbiased, and upstanding pillar of the community (even if it is just your "personal opinion"). You can't reconcile wanting to be able to publicly say really ridiculous things (like someone should murder Stephen Harper) with wanting that to not at all tarnish your employment. It is honestly absurd to think you should be able to otherwise. This entire article was calling you out on exactly what talking points you're repeating here, and you still don't understand.

Last, don't even try to turn this around on people by acting like a victim and refusing to apologize for "not being perfect". That's even more despicable than both wanting someone killed because you disagree with your politics, and wanting people to not judge you based on what you say.

Joe
VIA WEB

Letters to the editor should be sent to opinion@gateway.ualberta.ca (no attachments, please).

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libelous, or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words, and should include the author's name, program, year of study, and student ID number to be considered for publication.



SUPPLIED- MICHELLE TRAN

Administration won't award merit-based pay to professors



Professor JC Cahill
DEPT. OF BIO. SCI.

The Gateway has traditionally been written by students, but in the newspaper's long history, publishing work by professors is nothing new. Such a letter would perhaps be most appropriate in the Letters to the Editor section, but since the Letters section is quite relevant and contentious this week, and since professors' salaries affect every student's education, we feel that running this letter in the Opinion section proper is appropriate. This is JC Cahill, Professor of Biological Sciences.

Dear University of Alberta students, Welcome back, or welcome to, the U of A. Even as a long-time professor, I share the excitement of the new academic year. With a new President, Provost, and Chair of the Board of Governors, it's an exciting time. It's also the first year in our history that the Fall academic term has begun without a contract between professors and administration.

That might seem trivial, but it could have more immediate effects on your education than changes to campus leadership. I will not broach the technical issues that lie behind this matter; instead, let me engage you with the one that seems counter-productive to ensuring excellence of the institution and unhelpful to your learning: the withholding of merit-based salary raises for professors. This is a decision made long before the oil prices started to fall, fires and drought ravaged the province, or the government changed.

The performance of professors including those with tenure, is subject to robust evaluation every year by a Faculty Evaluation Committee (FEC). FECs consist of professors from all departments in one's home faculty, tasked with deciding how "meritorious" each colleague's

performance was over the prior twelve months. Evaluations are based upon all the scholarly and service activities performed during the prior twelve months, including the quality of teaching, publications and creative works, reports and patents, and service to society. Each year, FECs decide which professors performed particularly outstandingly, which were more typical, and which did too little to deserve a merit increment.

FECs have done their job, and have awarded varying amounts of merit to thousands of professors. Prior to this year, the university would have provided modest raises (typically 0-4 per cent of base pay) based upon those outcomes. These are luxurious raises, however, merit raises are about much more than money. Because of the rigour of the FEC process, merit awards are the most tangible way our employer has of telling us how well or how poorly we professors are performing service and scholarship. In the worst circumstances, consecutive years of poor performance can lead towards the dismissal of a tenured professor, or denial of tenure.

This year [...] administration has removed the only incentive the system has to motivate [professors] to excel inside the classroom and beyond.

Regrettably, the U of A administration this year has chosen to not place any value on the FEC decisions already made, and is rewarding those individuals ranked most meritorious exactly as those ranked as unmeritorious, with both groups receiving a \$0 raise. By refusing to reward professors for the increments FECs have decided professors deserve, the university's administration has removed the only incentive the system has to motivate us to excel inside the classroom and beyond.

Imagine this happening in your courses. Suppose your professor requires you to perform a number of graded activities. You complete each dutifully and take pride in your mastery of the subject. Your professor, recognizing your unusually meritorious performance, awards you a higher grade on that assignment than received by others. Yet at the end of the year, the university assigns each student exactly the same grade. Or suppose that though you have completed all of the requirements for an Honours degree, the university decides that for this year, all students will receive the same designation, regardless of performance. Over time, such actions would be devastating to the quality of education, and lead to a pit of mediocrity on the bank of the North Saskatchewan.

For your professors, this is not hypothetical. No matter how much we worked to make the classroom experience positive and valuable, to push back the edges of knowledge, and to enhance the quality of life of Albertans, the U of A's administration has taken the decision to reward those efforts no more than if we had not even tried. Of course, money is not the only reward for work well done, but it is the principal one the U of A has used for decades.

And so, in this year of exciting change on campus, it might be helpful to know that you are also in a school beset with labour strife. Broken trust inevitably has a dampening effect on motivation, effort, achievement and morale everywhere, including universities. The U of A has truly excellent professors, and most will continue to work to the best of their abilities. However, what will an organization which ignores excellence look like in the future?

Nonetheless, we must soldier on, and I offer a fair warning to the students in my class: yes, differential performance on your exams WILL result in different letter grades in December! I do this because it supports our motto, Quaecumque vera.

Enjoy the academic year, and best of luck in your studies.

Campus Meet & Greet with
LINDA DUNCAN, NDP candidate in Edmonton-Strathcona

Wednesday, September 16
11:30 am - 1 pm
Room 051, Students' Union Building (Bsmt)
All welcome. Refreshments will be served.



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Few know that biased Huffington Post is a news aggregator



Cole Forster
OPINION STAFF

It's the default home page for swathes of self-styled political junkies and eager political science students, a bastion of what's referred to as the liberal media. *The Wall Street Journal* editor James Taranto consistently spoonerized it as the "Puffington Host."

That's right, it's *The Huffington Post*. The part-blog part-news aggregator is one of the most visited political sites on the web, but what are the implications of such a frequently consulted information packager being treated as "the news?"

Readers often don't realize that Jonah Peretti and Ariana Huffington's lovechild is not a slightly more leftist substitute for CNN, or *Maclean's* — it's the liberal analogue of *The Drudge Report*.

The purpose isn't to uncover stories, though the odd scoop does appear. The purpose is to sift through pieces generated by the mainstream media, give them a liberal slant, and queue them up next to blog posts from practically anywhere. It's heavily biased informational triage. But there is this tendency lately to confuse news-assembling operations like *The Huffington Post* with traditional institutions of



FEATURED BLOG POSTS

- Danielle Martin**
Physician and Vice President, Women's College Hospital in Toronto
- Dr Ryan Meili**
Family physician, Assistant Professor

SUGGESTED FOR YOU

- Dakota Johnson Has A Gwyneth Paltrow Oscars Moment On The Red Carpet

journalism.

This is a very dangerous misapprehension to be under for two reasons. First, not everyone understands that the news they pick up off the site is more often than not siphoned from elsewhere on the web.

Most of the "novel" information is merely the republishing of work done by organizations like *The New York Times*, *The Washington Post*, or *The Daily Beast*. Original content on the website is truly sparse. To be sure there are a few instances of

sound journalism cached between advertisements, sponsored content, and *Buzzfeed*-esque lists, but investigative reporting is hardly the ambition of Huffington's little outfit. Second, traffic gained by *The Huffington Post* necessarily means

a drop in readership for original content sites. This diversion of the flow of consumption foists a difficult choice on established news agencies. Do they pay their reporters less and compromise on the integrity of their journalistic standards to compete with the cocksure click-bait behemoth or do they stick to their principles and deploy a pay-wall to maintain revenue? Neither option is desirable but it is a real dichotomy that's being forced by the attractiveness of the *HuffPo*.

The aforementioned political junkies and students, if indeed they are interested in information and analysis should consider a homogeneously liberal aggregation approach to news as lazy. The really pluralist and thoughtful thing to do would be to undertake a cursory reading of as many different news outlets and editorials as possible. It really doesn't hurt to read or watch *Fox News* every once in a while, if only to see what's new in bedlam.

In the interest of fair-mindedness I should make it clear that I like *The Huffington Post*. I like the way that it sorts through news, I like a lot of the bloggers that feature. However, it isn't the *Associated Press*, it isn't *Agence France-Presse*, and it isn't *Reuters*. The best way to understand a news aggregator like *HuffPo* is as a tool for accessing a breadth of information that one recognizes as biased by opinion and convenience. It can never replace organizations that pay people to go out into the world and collect hard facts.



Practicing what one preaches strengthens one's argument



Matti Thurlin
OPINION WRITER

The question is: must one practice what one preaches? And this question is as old as it is new. Intuitively, an unequivocal "yes" should be the response here, yet this question is raised day and day again. Let's get into why. First, though, I'll offer what I take to be the simplest reasons in favour of doing what you say as a rule.

You might say that people do two things: practice and preach,

or do and say. Of course, there is no such difference. Speech is as much of an act as a kiss or slap to the face. More, we act for a specific purpose, even if that purpose is enclosed in the act itself.

For instance, some people go to the gym to become healthier; others go to look good. Others will go for the sheer thrill of squatting a plate more than they did yesterday. In either of these cases, we have a specific project that we're involved in when we act, and a lot of other things go into that project besides "going to the gym." If the project is to become healthy, eating well is automatically involved, as well as mental health, etc. Something very specific is

being done, and it's my position that all acts work this way.

This includes speech acts. Excluding for the time obvious speech acts (promises, apologies, marriage proclamations, court rulings — these are things that only exist if they are said), let's talk about this act of "preaching." Let's say further that when one preaches, one is ultimately trying to convince others of something. Then preachers have a project in the same way that the gym goer does: "today, I'm going to make my body healthier" translates to "right now, I'm going to convince people that my ideas are correct."

In the same way that eating

healthy is a component of the gym project, a number of other things go into the project of convincing people. This includes whether or not the preacher is a hypocrite. It makes sense: you wouldn't say that someone actually goes to the gym to be healthier if after every workout they knock back a Big Mac. You'd say that they go to the gym for some other reason. The same holds for preachers. If a preacher consistently goes against what they say, then we know that we have no reason to be convinced by them. They haven't convinced themselves, it seems. So we say things like, "they just want attention," etc. — and rightly so.

So we should practice what we preach for the same reason that builders shouldn't swing a sledgehammer at a house they've nearly finished. It's simply counterproductive.

Yet so many people are hypocrites. I attribute this to the fact that people simply change their views over time. I may have started going to the gym to be healthy, but maybe I ended up going to meet people. If at the outset I preached healthiness as my aim, then it sure looks hypocritical when I slacken my diet. The point is that I look hypocritical to others, not myself. Others don't know that my views have changed. This is where the problem lies.

ADAIRE BEATTY



CENTURY PARK LRT PARK AND RIDE ProCura Developments will build on this land when the city's lease expires in 2020. CHRISTINA VARVIS

City and ProCura Developments should renew Park and Ride lease



Azra Chatur
OPINION WRITER

We all love to hate on the Edmonton Transit System. I remember counting down the days until I could drive just so I wouldn't have to wait for incessantly late busses on brutally cold winter days.

But the reality is we as university students rely heavily on the ETS, particularly the LRT. LRT offerings are so sweet that people who have cars often choose to take the train for speed and convenience.

In order to allow for LRT use without the hassle of bussing, Park and Rides are available at many stations across the city. An integral part of transit on the southside is the Park and Ride at Century Park, where unfortunately the lease is expiring in 2020, which is about three days in

city planning world.

Rather than extending the lease, the city's solution introduces a level of inconvenience that will force drivers to reconsider whether the LRT is the best way to transport themselves. The long-term goal is to extend the LRT line to Heritage Valley, but until a station is built, the city plans on introducing a Park and Ride with express busses that would pick up passengers at Ellerslie Road and 127 Street and transport them to the Century Park station.

The express busses will make it so you drive or walk to the bus stop, take the bus and then take the train. Such a plan is no different from just taking the bus except that it leads to a longer commute.

It is unfortunate that the Alberta-based company ProCura Developments would choose to build on land that already very much benefits the public since the Century Park parking lot is consistently full. The planned course of action will also make Century Park, an already

developed area, more congested.

The bottom line is that as residents of Edmonton, we need to be conscious of how our actions could impact the city. The city has gone to great lengths to revamp and improve Edmonton, and it is silly that avoidable issues like this that hold our city back. Rather than leaving this issue solely to the municipal government, we the citizens that actively use the Park and Ride should rally to make the ProCura renew its lease.

We should also be using this as an opportunity to communicate to our government the idea of potentially adding more Park and Ride stalls nearby existing stations, and not ones that require riding more buses.

We are lucky that our government is open and active about communication with its citizens. We need to take advantage of this and individually make the effort to rally and combat these unfortunate setbacks.

#3LF three lines free

Got something that you need to get off your mind? Either email us at threelinesfree@gateway.ualberta.ca, tweet @threelinesfree, or message us at www.thegatewayonline.ca/threelinesfree

Going to call it right now. HUB Run for Game Of The Year 2015.

The whole "keep right in HUB" thing is overblown. I've never bumped into anyone going the wrong way. Because I'm not retarded.

I survived the U of A and all I got was this lousy crippling student debt

Happy Birthday Anna for 2morow! it's mainly because you used to go out, but also mainly because of the whole situation with the light

I get paid to have pretty nails! Work around your schedule on instagram and Facebook. tessarex.jamberry.com

To the little redhead outside Black Dog, Late on Wednesday night we shared a moment, I wish I had stopped to talk to you

Now let's get rid of those fucking cheap pianos that litter the LRT stations. A real pianist would never play anything on such a cheap piece of shit. Only untalented, self absolved assholes, with little or no dignity would subject innocent people to their hideous attempt at playing music.

Thank you old chap for making sure that the Metro newspapers are always straight and never crooked. Now please go away.

Hey Robert. We really missed you in the time that you were away. Actually we really didn't.

Prez Turpin has accomplished more in one week than Indira has in 10 years. And Turpin did not

once feel the need to utter the term "global citizen."

Bye Bye Doug. The BOG chair position is supposed to be a non partisan position. You will be missed like a tumor in the penis. There is good news however, Subway is hiring.

Congratulations on the construction of the new Women's Campus at St. Joseph's College. The University needs more drunk women screaming from their windows as well as their frat boy, douche bag boy-friends playing Frisbee outside.

I asked my dentist how to get rid of the yellow stains on my teeth, He told me to wear a brown neck-tie.

I heard that the country is going down the tubes, Does anybody know where these tubes are located? They sound pretty cool.

The U of A has started a program recycling mattresses from student residences. I could use a new cum, piss stained mattress.

Roger Ebert was the only film critic who could mention details of his childhood in his movie reviews and not sound like a pretentious, overeducated twat. I liked the Texas Chainsaw Massacre even though my family were not cannibals and never used power tools inappropriately.

Hey Dewey's, what's it take to get a beer in here? I've been waiting 35 minutes. Can't catch the hops?

Who will replace Jared at Subway? Dorky looking, sleazy, fat guys with no talent are hard to find.

University Ringette TRYOUTS

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SUBSTANCE ABUSE AND ADDICTION

Before publishing fiction and poetry in literary magazines, fourth-year English major Jacob Martin was addicted to alcohol and prescription medication.

He says that a number of factors contributed to his addictions, such as his parents' divorce, a changing sense of self in his teenage years, and most significantly, three diagnosed mental disorders: depression, anxiety and obsessive-compulsive disorder.

"Puberty is when madness is free to show up," he says sarcastically.

Martin started drinking heavily in grade 10 and a year later, started abusing Percocet and the benzodiazepines Ativan and Xanax—often while drunk. He says that a major reason his addictive behavior intensified was when he stopped using drugs with friends and used it alone.

"In grade 12 I was isolated. I had burnt so many bridges with so many people. I just didn't give a fuck anymore. I was too depressed to fucking leave the house. I was a loser, man."

His mother insisted he receive treatment after two dangerous episodes, one in which he passed out in a hot tub, and another in which Martin experienced a minor seizure.

Despite the life-threatening incidents, Martin says of his mindset at the time, "it was hard for me to identify myself as an addict."

Summer of 2014 was an unusual time for me. I moved out from the shelter of my parents' home in Sherwood Park into a house in the city with some friends. It started out great: we hung out, listened to records and spent a significant amount of time together. But we eventually exasperated each other and discovered we didn't like each other as roommates. Out of isolation, I drank alone, heavily and regularly.

The university offers a website called Check Yourself that assesses drinking behaviour with an online questionnaire. The program gives a score and a recommendation about what to do.

I scored an 11 on Check Yourself.

Anything above eight is considered 'problem drinking,' which is a precondition to alcoholism without alcoholism's loss of control of quantity, frequency or behavior. A study by the University of Alberta's School of Public Health reports that 61 per cent of Check Yourself users in the 2013-14 school year met the criteria for problem drinking. A score of 8 to 10 means "a high risk of experiencing alcohol-related harm." A person scoring in the 11-19 range means that they will already be experiencing alcohol related harm. Like Jacob, I also had a problem.

The University of Alberta offers three main resources that deal specifically with substance abuse and addiction, and a few others that offer generalized therapy.

The first is the Addictions Helpline. Calling 1-866-332-2332 as listed on the U of A website results in three ascending electronic tones and a woman's robotic voice saying "We're sorry. You've reached a number that has been disconnected or is no longer in service. If you feel you have reached this recording in error, please check the number and try your call again."

The right number is 1-866-332-2322, but an Addictions Helpline representative wasn't available in time for an interview.

The university also recommends Alcoholics Anonymous. The organization has been recently criticized in *The Atlantic* for its perceived inefficacy and for its seemingly out-dated and unscientific practices. Alcoholics Anonymous was founded in 1935 and the Big Book, AA's central text describing how to recover from alcoholism, was first published in 1939. Moral psychology of the era pervades the book while the book's famous short narratives encourage alcoholics to embrace a higher power. Students would likely find many reasons to be skeptical of such a program, but AA appears to work for many.

The summer after graduating high school, Martin was accepted to an intensive live-in therapy program at UCLA to treat his mental illnesses and addictions. He was forced to

attend AA when his specialists found that he continued using while at the treatment centre.

"At first I liked nothing about AA. I thought it was a waste of time because my self-narrative was that 'I was depressed, so treat me for depression.' I thought I didn't need to go to AA with people who looked like ex-convicts."

But AA's specific mode of meetings and storytelling appealed to Martin.

"I was most impressed by how accepting all these different people from all these different backgrounds were of each other, and that there was sense of community in this acknowledgment of a shared struggle. There was a deep intuitive understanding of everyone else because you saw yourself in every story that everyone told. And it's the same story all the time. 'I did this and told myself this stupid rationalization and I took another drink' and everyone knows to say 'Oh, you fucked up'. And there's a kind of camaraderie about it at the same time as you're calling people to a standard. There's an openness and an acceptance I was craving in a lot of ways."

The UCLA program focused on treating Martin's other disorders, and AA was not Martin's primary treatment for addiction or his mental illnesses. But Martin found many parallels between AA and his primary treatment.

"There's a depersonalization that needs to take place [if you are to] see yourself as an addict. I split myself into two people. There's 'Normal Jacob,' and 'Addict Jacob,' who just wants to hide from his problems. Whenever something scares him or makes him feel bad, he goes to alcohol and drugs. And this [split] is in line with AA stuff. You have to be your own doctor for the patient within you. You have to view yourself as someone who is sick and in need of recovery."

One of the strongest criticisms directed against AA is its emphasis on motivating its members to embrace a higher power, but this doesn't necessarily mean AA members must believe in God. According to Alcoholics Anonymous Australia, "everyone defines this [higher] power as he or she wishes.

WRITTEN BY
JOSH GRESCHNER

DESIGN & PHOTO BY
ADAIRE BEATTY

AT THE UNIVERSITY OF ALBERTA

Many people call it God, others think it is the AA group, still others don't believe in it at all. There's room in AA for people of all shades of belief and nonbelief."

Martin adds "There's a lot of horrible cheesy clichés that are thrown around. But they work. The whole Christian buddy-Jesus thing works very well with the idea of recovery and the notion of 'One day at a time.'"

AA's major objective is to motivate its members to cease drinking completely. AA holds open meetings for people interested in observing AA in practice, but becoming an AA member and embarking on the organization's process of eliminating addiction requires one to be an alcoholic rather than a problem drinker.

A third service the university offers is counseling through Alberta Health Services, which Craig Staniforth, who has worked as a counsellor for 34 years, says can be effective for problem drinking. Staniforth explains how he would treat someone identifying as a problem drinker.

"I would want to get to know who they are, then ask more specific questions about their use and have them reflect on how their drinking is affecting them. I would then have them decide what they want to do about it if anything, because the best way to help someone is for someone to help themselves."

The client is then instructed to self-monitor their own behaviour.

"Many people who have drinking issues or symptoms greatly underestimate how much they use. People don't generally sit in the bar and say 'Gee, I'm on my eighth drink now.' What [counsellors] often do in the beginning is say to students 'Go away and don't change your drinking for a while.' And it's amazing what people come up with. It's kind of like when you take out the empties and people say 'Wow. I didn't know I was drinking this quantity.'"

A single counselling session often works for problem drinkers. If further treatment is required, Alberta Health Services offers other treatment programs such as group therapy and day programs. On-campus counselling is available

through Clinical and Counselling Services and the Peer Support Centre. Depending on the severity of substance abuse or addiction, off-campus treatment might be required. The university offers the resources to find rehabilitation programs.

I didn't seek any form of help for my own problem drinking. I moved back home, which was probably important. But drinking alone in secret takes a lot of work. School started, and I suddenly stopped. And for a while I felt accomplishment for overcoming adversity. There was a sense of individualism and self-worth that I needed at that time. Martin felt similar when his addictions subsided. I was also suspicious of the mental health institution.

Would a principled individualism that intentionally avoids professional services ever be recommended as a means of eliminating addiction?

"One of the symptoms of the developing addiction is isolation," says Staniforth. "It's almost impossible to develop a full-blown addiction while you are intimately connected with yourself and with other people. In many ways addiction is a malady of disconnection.

"When people say they don't want to see anybody, it's normal. We all want to do it ourselves in the beginning. But that can be seen as the beginning of disconnection. In order to know what's happening with me I need to be able to talk about it, I need to be able to get it out in the open with someone that's objective. I'm self exploring. If I don't get that external stimuli to self explore, then I don't know myself."

Mental health professionals don't want to take away their clients' agency. They want their clients to regain their own agency.

While Martin works as a writer, he admits his past is difficult subject matter to express.

"It's hard to talk about it directly because doing that brings you back to this place you tried so hard to get

out of. There's a danger to it at the same time as there's the promise of a huge reward. I really feel compelled to write about it at some point, if not for myself, because it's an interesting topic and experience that I had that could possibly help other people who've had problems with mental health, or who are interested in that, or who don't totally buy into the psychiatric model."

While Martin says that the Western mental health institution has helped him, he remains critical of the system.

"I saw the power dynamics there. There's a certain ugliness to telling people how to think of themselves and there is something awful about realizing you have to listen to these people, otherwise you might die. That's a really scary feeling."

Martin started reading and learning about philosophy in an attempt to re-conceptualize his worldview. He says the problems aren't fully solved until one thinks around the principles that structure the mental health institution.

"You [see yourself as] a body needing to carve out this new life. There's something very violent and crude and damaging to yourself at the same time as it is necessary when you're in a chronic pattern that is killing you. You have to transcend the whole dualistic thinking, that master/slave, doctor/patient relationship within the recovery model because after a while that thinking can take away what was important about your life to begin with."

As an alternative to hardline, materialist treatments, such as cognitive-behavioral therapy, Martin found Jungian dream analysis and the modern Japanese dance form butoh to be extremely liberating.

Depression recurs in Martin and he is again on medication. But for the first time since attending the U of A, he's interested in what the university offers for treatment.

"The ideal model is that you're both on medication and doing therapy at the same time. Medication is just a way to become productive and efficient again. But by itself, medication is not the solution at all."

Arts & Culture

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Volunteer

Arts & Culture meetings every Wednesday at 4pm in SUB 3-04

social intercourse

COMPILED BY Sam Podgurny

YEGfest presented by The Creative Clubhouse

Hawrelak Park Heritage Amphitheatre (9930 Groat Road)
Friday, Sept 11 until Sat, September 12
\$40 for weekend pass (yegfest.eventbrite.ca)

Are you sick and tired of our live music venues shutting down? Have you had it up to here with people telling you that our local music and art communities are dying? Well gosh darnnit folks, its high time we did something about it! Show your support for our local scenes and get on over to Hawrelak Park this September 11- 12 for a weekend filled with local talent. YEGfest is a multi-genre festival meant to celebrate creativity and collectivity in our city, so I don't know, go there and take a selfie or do a Snap and prove to the world that Edmonton's art/music scene is still alive and kicking.

Eden

Metro Cinema (8712 109 Street)
Friday, Sept 11 until Sept 17
\$9 for students at the door
French with English Subtitles

Eden: A Film by Mia Hansen-Løve centres around the rise of electronic music in early 90's France and takes you on a journey through all of the highs (pun intended) and lows of what it meant to be an aspiring DJ during this influential time. Although fictional, this film does reference several actual DJs, including an introduction to a certain mask-wearing, French duo. If you're keen on electronic music and are looking to see a film that does the topic justice (unlike that crappy thing starring Zac Effron), head over to The Metro Cinema and check out Eden.

The Common presents: HIP-HOP KARAOKE

The Common (9910a-109 Street)
Thursday, Sept 10 at 9:00 p.m.

The Common invites you to bring your enthusiasm for hip-hop music and culture out of your car and onto their stage for a fun-filled night of hip-hop karaoke. Just admit it, you already rap along shamelessly to "X Gon' Give It To Ya" when it comes up on shuffle in the car, so why not put those skills to good use and help the club go up on a Thursday? If you happen to be one of the 12 people chosen to perform, please remember, this event is not the time or place to plug a song off of your, self-proclaimed, "fire" mix-tape.

To register, email urban.dna@hotmail.com, djsonnygrimezz@gmail.com or justin@foosh.ca with your song

Saturday-Morning All-You-Can-Eat-Cereal-Cartoon-Party!

Metro Cinema (8712 109 Street)
Saturday, Sept 19 at 10:00 a.m.
\$12 for students at the door

It's that time again ... The Metro Cinema's annual attempt to help you forget the horrors of adult hood by giving you bowl after bowl of sugary and delicious cereals and allowing you to glaze over and smile uncontrollably as they press play on a series of hyper-nostalgic 70's & 80's cartoons! Pro-Tip: arrive early, as this event always sells out. In case you were concerned, the Metro Cinema has confirmed via Facebook comment that they will "have an assortment of dairy free milks available".



SUPPLIED-MARC RIMMER

Eccentric artist headlines Bermuda Festival

MUSIC PREVIEW

Chad VanGalen

WITH Marlaena Moore, Secret Gust
WHEN Saturday September 10th Doors 8 p.m.
WHERE Denizen Hall 10311 103 ave
HOW MUCH \$25 (yeglive.ca)

Alyssa Demers

ARTS & CULTURE WRITER

Local talent, local culture and local venues are three integral elements that The Bermuda Music Festival regards as paramount; showcasing the eclectic music scene of Edmonton, Bermuda is an annual music festival located predominantly in Old Strathcona and Downtown from Sept. 10-13. Over three days, Bermuda hosts an array of live musical acts over multiple venues across the city, at well known places including Brixx, The Starlite Room, Buddy's, Wunderbar and Denizen Hall. Furthermore, Bermuda hosts an impressive showcase of visual art pieces from local artists across Edmonton and area.

Bermuda's mission for the three-day festival is to enrich the cultural scene and local businesses and attractions in the Old Strathcona Community by providing Edmonton audiences with emerging and acclaimed musicians in local, intimate spaces that are important to Edmonton's growing music scene. Similar to Calgary's Sled Island, music festivals of this nature evoke grassroots community within Edmonton and proudly show-

case the talented and unapologetic sound of this prairie city.

Bermuda not only does an exceedingly exceptional job showcasing great, local band and visual artists, it hosts festival patrons to the eclectic sights and experience of Edmonton, and the vibrant culture that surrounds the Strathcona and Downtown areas.

This year's headliner for Bermuda: indie-rock, folk and electronica musician from Calgary, Chad VanGalen, continues to be an influential figure in the Canadian music scene. VanGalen believes that grassroots, multi-venue festivals are "a good opportunity to get out and see your city... it's cool to see lots of venues collaborating on certain things."

At Bermuda Fest, over 40 musicians and visual artists are being participating in making the event as wide-reaching as possible. Everything from rap, to indie rock, to noise is present at Bermuda. VanGalen believes that it is imperative that a wide range of genres are being represented, in festivals like this so attendees can experience art and music in their city and around the globe

"[Festivals] better be able to broaden [their] scope in regards to what [they] can offer," VanGalen says. "I feel like a lot of these fests are stepping up. It's a good change to see all sorts of weird stuff."

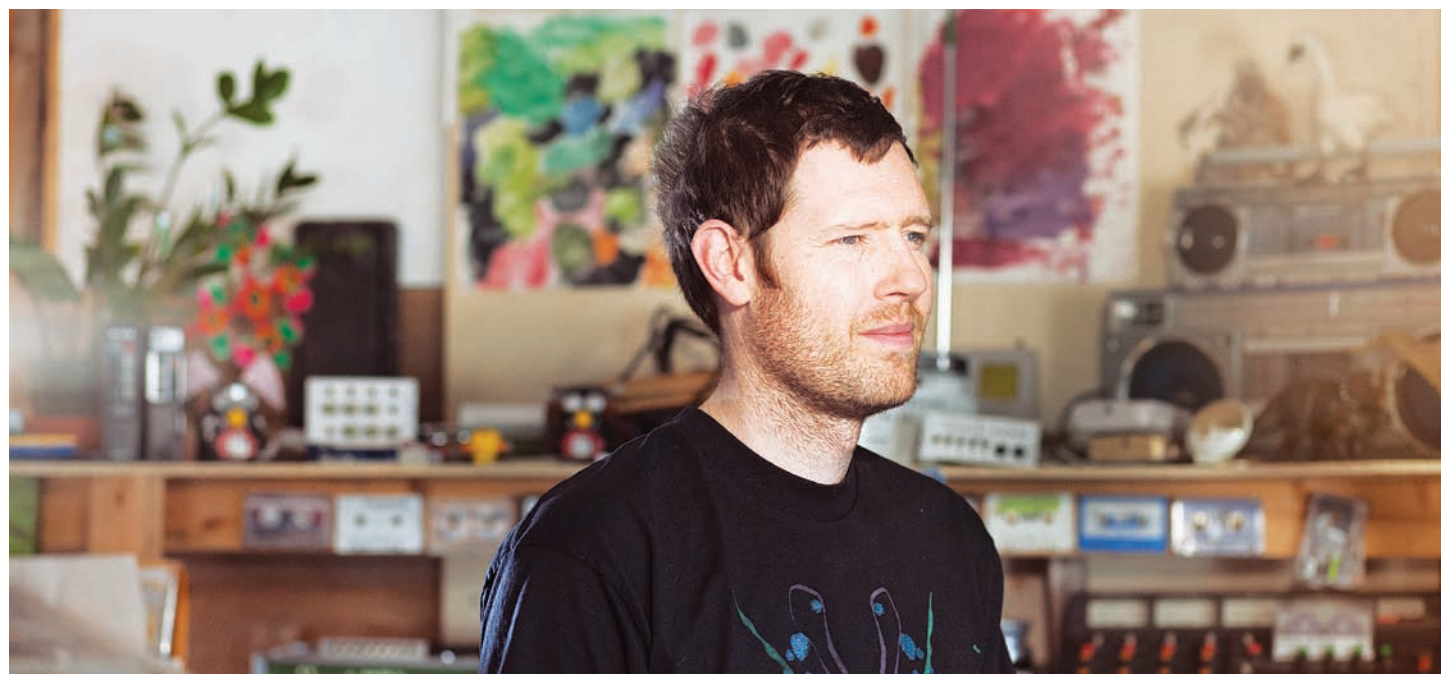
In 2013, the city of Calgary was devastated when the Bow River flooded the majority of the surrounding neighborhoods, including the downtown area. The worst occurred during Sled Island, a multi-venue, local music and multi-medium festival located in downtown Calgary. VanGalen mused that

although the flood was horrible, "it was nice to see people coming together to help out" and that "it kind of changed the city in a lot of ways." He claims that many musicians ended up not wanted to get paid and many patrons did not ask for refunds because they didn't want to see Sled Island ultimately fall apart due to the festival being forced to end a full day early.

"The flood was horrible, don't get me wrong, but it was nice to see everyone coming together to help out," he says. "A lot of people consider Calgary to be kind of cold and conservative, which it is, but its always good to see people rally their resources for the flood relief. It kind of made us feel like a proper city. We have so much sprawl that happens here, a lot of people really feel alienated. Even visitors when they come here, they are always like 'your downtown is like a ghost town at night, what happens?' Like everybody just goes to their homes and watches Netflix."

Apart from more than a decade of active musicianship, VanGalen is a successful animator and illustrator. He has collaborated with bands such as Timber Timbre on "Beat the Drum Slowly" and animates all of his music videos, rather than starring in them. Although busy with animation projects, VanGalen is ultimately looking forward to headlining this year's Bermuda Festival.

"I love Edmonton though" he admits warmly, "Every time I come up it seems like Edmonton treats me so kindly. It's definitely one of my favorite places to play in Canada for sure."



SUPPLIED-MARC RIMMER

fashion streeters

COMPILED & PHOTOGRAPHED BY **Christina Varvis**



Lisa Chatterjee
NURSING I

GATEWAY: Describe your outfit

CHATTERJEE: I'm wearing a skirt I bought at a Farmer's Market, an acrylic knitted sweater, a thrifted denim jacket, and grandma loafers, also thrifted. My tights are from Russia; they have this brown lace pattern on them and they're very durable. I also have a Jansport backpack, which is very tactile. My earrings are from Forever 21.

GATEWAY: If you could describe your style in three words, what would they be?

CHATTERJEE: Witchcraft, politics, sensory experience.



the brew crew

WRITTEN BY **Jason Timmons**

Detour

Brewery: Muskoka Brewery, Fort Worth, Texas

Available at: Sherbrooke Liquor Store (11819 St. Albert Trail)

Those just entering the world of craft beer may be averse to the growing trend of aggressive-tasting IPAs. The overwhelmingly dry nature of your average craft IPA is often too much for someone just beginning to dabble in different styles of beer. For those who felt turned off by the double and triple IPAs currently flooding the craft beer market, Muskoka Brewery comes as a saviour with their refreshing Detour IPA.

Brewed unfiltered and preservative free in Muskoka, Ontario, Detour is the perfect entry-level brew to experiment with IPAs. The pour gives a translucently golden



colour with a moderate amount of carbonation, as well as a head that remains consistent until you reach the bottom of your glass. On the nose we have strong but manageable hops and some very light floral notes. Though lovely smelling, taste is where Detour really shines, providing all of the flavour of a solid IPA with none of the harsh bitterness or strong aftertaste.

Thirst quenching and surprisingly easy to drink, Detour should be your go-to IPA to enjoy while the weather still spares our city. Detour makes the perfect patio beer to enjoy with friends on Whyte. If you were unsure about IPAs in the past, give Detour a shot, it might just change your mind.

ALBUM REVIEW



Travi\$ Scott *Rodeo*

Epic
www.travisscott.com

Ben Severson ARTS & CULTURE WRITER

Rodeo, the debut album by Travis Scott comes with the burden of immense hype that has been building since 2012. He has been making a name for himself as a producer, contributing to Kanye West's *Cruel Summer* and *Yeezus*, and as a rapper, with two successful mixtapes and prominent features on tracks such as "Company" from Drake's *If You're Reading This, It's Too Late*. *Rodeo* is Scott's attempt to show that

the hype is real and make a bid for rap stardom.

While he does manage to combine many high profile features with complex, layered beats and the druggy, blurry and dark aesthetic he is known for, his own personality as a rapper is lost. Each of the features on *Rodeo* bring character, whether it's Future's auto tuned warble, 2 Chainz' punchlines, Quavo's triplets, or the Weeknd's falsetto. Their

voices are distinctive and unique, while Scott as a rapper becomes hard to identify. Although Scott has managed to create an alluring debut, he feels like an outsider within it.

Instrumentally, *Rodeo* is cohesive and engaging, as carefully crafted trap beats are blended with electric guitar. Standouts include "Nightcrawler", "90210" and "Maria I'm Drunk" which features a surprisingly strong guest verse from Justin Bieber, while the biggest letdown is the confusing "Piss on Your Grave", which is rumored to have come from the Kanye West-Paul McCartney sessions.

Overall Scott succeeds here in making a splash with an impressive debut album, but falls short in proving that he's in the same company as collaborators such as Kanye, Future, or the Weeknd.

Vino Bitches

WINE: *Girls' Night Out*

Written by: **Kieran Chrysler**

Girls' Nights are peculiar experiences. It always seems like a good idea during the planning session, but as your best girlfriends get a few too many bellinis and the evening ends too early with having to hold Carrie's hair back while she pukes into her purse in the Uber home. Girls' Night Out Merlot somehow manages to perfectly mimic this mediocre experience, with a wine that seems appealing on the shelf with its minimalist label flaunting a cute red dress, but by the end of the first glass you never want to party with this bitch again.

Immediately on the nose after unscrewing the cap, the drinker is hit with an overpowering scent of vinegar. If you're basing your girls' night off this particular bottle, it's probably not the best start. It's like Becky decided to invite that bitch Sandra. Now you have to deal with Sandra all night, just like you have to deal with finishing this rancid-smelling bottle.

The first sip is nauseating, similar to when you first enter Knoxville with your "ladies." The sour smell of vinegar is still present in the first sip. It tastes like vaguely fruity vinegar. If you can handle holding the wine on your tongue long enough, you might be able to decipher the promised blueberry jam flavour the bottle promises, but it's really not worth the wait.

If you buy this wine, expect nothing more than you would from a girls night. Your best option is to leave ladies night early to meet up with your bootycall. Their wine is probably better anyway.

Price: \$9.50

Available at: Piccolo Liquor





The best of Sonic Boom 2015

Jason Timmons
ARTS & CULTURE WRITER • @JOURNAPHOBIC

Despite the horrid weather and what some would call a questionable lineup; Sonic Boom 2015 managed to exceed expectations and provide a kickass weekend full of outstanding performances. Here are the top five things that made Sonic Boom 2015 worth seeing this year. Even if you didn't have fun, at least it wasn't cancelled like Calgary's X-Fest.

5. Free Rain Ponchos

Throughout the entire weekend, Borden Park was transformed into a soggy, muddy mess courtesy of constant rain and heavy foot traffic. For those festival goers who were inadequately dressed for the downpour, or anyone who wanted to maintain a certain level of dryness, the rain ponchos were a godsend. Not only did they protect against the everlasting drizzle, but also from spilled drinks, muddy falls, and pukers.

4. Ellie Goulding

Perhaps the most eyebrow raising aspect of the original lineup announcement was the inclusion of English synth-pop artist Ellie Goulding. The confusion came from the fact that Sonic 102.9 had never played an Ellie Goulding song before, yet she was headlining the station's annual festival. It seemed that most general festivalgoers were apprehensive about Goulding's place in the lineup, and were unsure as to whether her performance would be worthwhile. When she finally arrived on stage Saturday night, she proved that she'd forever hold a place in the Sonic Boom lineup. Her shimmering vocals and melodic synths brought a remarkable energy to the stage, surprising almost all in attendance.

3. Eagles of Death Metal

California rockers Eagles of Death Metal amped up a growing crowd on cold and moist day two. Through upbeat songs, constant

jokes and hilarious interaction with the audience, front man Jesse Hughes brought a shining energy to a damp and disheartened crowd. Showcasing an unbeatable blend of classic rock riffs and tongue-in-cheek lyrics, Eagles of Death Metal provided a phenomenal early day performance.

2. Alexisonfire

After a tumultuous and bitter breakup driven by the pursuit of multiple band members' side projects, Alexisonfire fans sat in limbo wondering if they would ever see the band play again. Alexisonfire's closing performance was the much-needed encore fans felt so lost without. Melting faces with their trademark brand of simultaneous singing and screaming, Alexisonfire provided the perfect closer to a festival filled with bad fortune. Few bands can emulate the sheer energy being created onstage during the performance; each song seemed to be more intense until the climax of "Happiness

By the Kilowatt" where Alexisonfire somehow managed to tear the roof off of an open-air venue.

1. The Flaming Lips

The Flaming Lips can't be described without the use of the word "legendary." From start to finish, they sent the audience on a psychedelic adventure complete with confetti and dancing mushrooms. No other performance could compare to the insanity that The Flaming Lips brought with them on stage. The set list was punctuated by various monologues from front man Wayne Coyne in order to amp up the crowd and provide the perfect mindset for the upcoming journey.

Complete with a giant helium balloon reading "Fuck Yeah Edmonton," the show was by far the most entertaining of the night. While not the most musically impressive show of the night, the visual spectacle alone made it the can't miss show of Sonic Boom 2015.

#YYC loving One Love

Inaugural hip-hop festival has successful snowy debut



Jon Zilinski
ARTS & CULTURE
EDITOR

Over the years, Alberta has been graced with a plethora of major music festivals, satisfying fans across a number of genres. This year, the Edmonton and Calgary folk festivals entered their 36th consecutive years, while Sled Island entered its eighth. Sonic Boom, which took place over this past weekend, entered year seven of existence, and the province's biggest electronic festival Calgary's Chasing Summer turned three this year.

Alberta's festival circuit has been awesome for music fans who don't want to deal with the troubles of traveling. Almost every genre, from country to indie rock is represented with a huge festival to celebrate the best of the best. But what about hip-hop and rap? Other than an obscure rapper here and there, the popular style has been largely overlooked by Alberta festival culture.

This year finally saw some representation for hip hop, R & B and rap fans. The inaugural One Love music festival went off on Saturday, Sept. 5, boasting a line up with J. Cole, Nas, MGK, and Raekwon. The star laden festival representing both old school and new school, took place

in Calgary's Shaw Millennium Park despite snowy conditions. Even in inclement weather, the die-hard nature of the fans in the crowd proves just how badly the genres need to be recognized and celebrated in our province.

On the same day that Calgary's X-Fest (Sonic Boom's sister festival) was cancelled due to adverse weather conditions, thousands of fans braved hours of pouring rain and temperatures dipping down to barely above freezing, all for the love of hip-hop. One by one throughout the festival, artists took note of the worsening conditions, encouraging and congratulating the fans that rose to the occasion to support them. Both Wale and MGK went above and beyond, venturing into the pouring rain and soaking wet crowd to interact with fans, Wale saying "we better all end up in the hospital with pneumonia" as he made his way into the very back of the audience.

In lieu of both the harsh weather and headliner Travis Scott canceling last minute due to the release of his debut album, One Love was ultimately a victory for Alberta's hip-hop fans. The paramount resilience shown by everyone that stuck it out, risking sickness at a festival that could have easily been canceled, should easily be basis enough for One Love to come back next year, and hopefully an Edmonton edition of the festival.



OUMAR SALIFOU

finer things

WRITTEN BY **Lisa Szabo**

Doritos

There are few truly satisfying things in life—a crackling fire on a cold December night; a mid-afternoon power nap; a good fuck. But there is one ring to rule them all, and that is a bag of Spicy Nacho Doritos.

Like a crackling fire, it will keep you warm. Not only will excessive Dorito-eating pack on the pounds—providing extra insulation for those cold lonely nights—it will also leave your apartment scattered with hundreds of chip bags which can double as extra

insulation in your winter jacket.

If you eat the entire bag in one sitting—which I recommend—you will likely experience intense fogginess and probably an MSG headache. It's not quite like a power nap, but it will put you into a food coma that will probably cause at least moderate hallucinations—so almost.

Scientists would argue that food can't give you an orgasm, but Yahoo answers say otherwise, and I'd like to believe them.

Doritos will make you so happy you'll want to eat them all the time, and sometimes multiple times per day. If you eat them enough, you won't be able to per-

form regular daily functions without them.

Eventually you'll keep a bag in every room in case of emergencies, and be getting kicked out of class for using that girl's hood as a chip bowl. But hey, as long as you can take the bag with you, you're doing great.

People will tell you that money can't buy happiness, or that the best things in life aren't things. But those people are just trying to steal your Doritos. Lock the door. Eat Spicy Nacho.

The Finer Things is a semi-regular feature in which Gateway pop culture pundits point to a particularly relevant or pretentious example of art celebrating it for all of its subjective merit.

ALBUM REVIEW



BLACK TONGUE The Unconquerable Dark

Label
website

Sam Podgurny
ARTS & CULTURE WRITER

In any good horror film there comes a moment where the story's protagonist realizes they are not in a dream, that the nightmare unfolding before them is real and they have been dragged into in a world of terror from which there is no escape. For listeners of modern-metal outfit BLACK TONGUE's debut studio album, *The Unconquerable Dark*, this feeling is all too relatable.

As the first, dissonant notes creep into your ears, it is already too late to escape - the darkness has arrived. The music builds on intro track "Plague Worship" like a supernatural force, wrapping itself

around you, infiltrating your mind as its volume grows. When vocalist Alex Teyen finally come into the mix, it is the sonic equivalent of a *Mortal Kombat* fatality finisher; absolute devastation.

Hull, England's BLACK TONGUE have been ripping apart underground metal scenes since the release of their acclaimed EP *Falsifier* in 2013, stunning fans and critics alike with their sludgy, impossibly down-tuned, groovy and progressive take on the deathcore/downtempo genre. If past releases established them as trailblazers in modern metal, this newest effort covers that path in molten

rock and the scorched corpses of any who hoped to follow closely in their footsteps.

The first three tracks of *The Unconquerable Dark* set the tone instantly. "Plague Worship" is a nod to the past - reinvigorating the sounds that BLACK TONGUE's oldest fans fell in love with, while second track, "In The Wake Ov The Wolf", introduces impressive new progressions in songwriting with the addition of a catchy and memorable chorus. "Young Gloom" rounds out the trio, proving this outfit's ability to turn the violence of their music into a bouncy, irresistible head-banging anthem.

BLACK TONGUE prove with *The Unconquerable Dark* that they are a force of nature in modern-metal (think 8.0+ on the Richter Scale). Simultaneously one of the most devastating and palatable metal releases of the year, this record has tectonic weight behind it. Like any good horror movie, this album sucks you in and refuses to loosen its grasp until the credits roll.

datapp

WRITTEN BY **Sam Podgurny**



Fallout Shelter

COST Free
PLATFORM iPhone, Android

On June 2, one of gaming's most loved and revered studios, Bethesda, sent gamers into a frenzy when they uploaded a clock on fallout. bethsoft.com. A 1950s-esque count-down timer and told the world to "Please Stand By." The next day, the first trailer went live for *Fallout 4* - the highly anticipated follow-up to everyone's favourite post-nuclear holocaust, retro-futuristic, survival RPG *Fallout 3*.

A few weeks later, Bethesda released *Fallout Shelter*, a free-to-play mobile game set in the same universe, as a way to hold fans over until the official game's Nov 10 release. The game is simple in concept but massive in gameplay. You are the overseer of Vault #_ _ (you choose the number but let's be honest, it will be 420) and are responsible for

building and managing the underground society.

As a Vault overseer, you have the power to build resource-generating rooms (power generator, water treatment, diner, etc.), move dwellers around your Vault (to staff rooms, fight intruders, explore the Wasteland and even make little baby dwellers) and grow your society as new items become available to build and travellers arrive seeking refuge from the Wasteland.

You can complete in-game challenges to earn caps (*Fallout's* money) and lunchboxes (which are full of fun surprises!), level up Vault inhabitants, upgrade rooms and collect powerful weapons and outfits all while enjoying the game's beautiful, Vault-Boy inspired graphics and interactive in-game mechanics (the zoom-in feature is wicked).

This seemingly little game could have been the equivalent of any piece of scrap you would find out in the radiation-filled Wasteland. But this is Bethesda we're talking they somehow find a way to make the *fallout* from their games feel huge.

Dat App is a semi-regular Gateway feature where we showcase apps that help you fail your finals due to Bethesda's genius

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Golden Bears football roars to victory over Rams

FOOTBALL ROUNDUP

Bears vs. Huskies

Friday, Sept. 11 @ 7 p.m.
Foote Field

Zach Borutski
SPORTS EDITOR

Season openers haven't been kind to the Golden Bears football team in recent years.

Even the opener that they won via forfeit last year against the Calgary Dinos was actually a 71-3 drubbing on the field, and before that, the Bears hadn't won a season opener since 2008.

This all changed Friday night, as the Bears beat the Regina Rams 29-22 to open the 2015 season.

The Bears offence got off to a slow start, managing only seven points in the first half, and trailed by nine as they stepped on the field for the third quarter.

Rookie quarterback Ben Kopczynski, who was making his first career CIS start, was shaky to start the game. He attributed his slow start to his nerves.

"I think I started out a bit slow, with a little bit of nerves, but towards the second half we all played well together, and it turned out to be a big win," Kopczynski said.

That third quarter is when the Bears came alive however, outscoring the Rams 14-0, to take a 21-16 leading into the fourth quarter.

Regina responded with a score of their own to lead 22-21, and were threatening again, but Bears linebacker Brandon Foster snagged a key interception off Rams pivot and Noah Picton. The pick set up the Bears game winning drive, as Kopczynski eventually found receiver Tylor Henry in the end zone for the game winning score.

Head coach Chris Morris said he was excited to start the season off on a winning note.

"It was our first road win as a staff since I'd been here, so it was a good time to get it at the beginning of

this season," Morris said. "We're all happy we played well and that we were able to fight back and pull that one out."

Overall, Kopczynski had a strong game in his CIS debut, completing 22 of 36 passes for 277 yards, to go along with a touchdown pass.

Morris was pleased with how his new playmaker performed.

"He did a great job," Morris said. "He was very composed, he's just going to keep getting better and better, and we're all very proud of

him, he worked incredibly hard to earn the starting job, and we're proud of how he responded."

The Bears were also able to contribute on the ground, as third year running back Ed Ilnicki finished the game with 91 rushing yards to go along with a pair of touchdowns, the second of which put the Bears ahead in the fourth quarter.

Morris was also pleased with how Ilnicki played.

"He's a character guy, and a count on me guy, so absolutely he's

a calming influence, and he was a calming influence in his first year as well," Morris said. "I think we have some real good character on this team, and Ed's an example of that, and there's a bunch of other guys on offence that are just like him."

Having a veteran presence at running back is also helpful for a rookie quarterback, something that Kopczynski observed.

"Ed's great... we have really good running backs so that helps us

also," Kopczynski said.

The Bears defence was also on its game Friday night, creating three turnovers during the game, highlighted by defensive back Reid Knox's two interceptions. The Bears were also able to make a defensive stand with Regina knocking on the door at the end of the game, as defensive back Tak Landry batted down Picton's last two passes to preserve the win. The defensive showing was an encouraging one, as the Bears allowed 363 points last year, which was the most in Canada West by a healthy margin.

Kopczynski also noted that defensive plays give a boost to the offence when they're on the sidelines.

"Our defence has really come together this year," Kopczynski said. "They had a great game, so that really helps us as an offence."

Morris spoke about how the solid play of his defence was an encouraging sign moving forward.

"(Our defence was) a big question mark last year," Morris said. "Them having three turnovers, they won the game, so that was a wonderful thing to see."

Despite the season opening win, Morris said that the Bears have room to improve.

"I thought we were okay," he said. "I think we can still be better, and to me, that's sort of the game in a nutshell: we were ok, but we could be a lot better."

"I think as a team this year we need to grow, because we're young, I think we should expect, and I think we should demand of each other that we get better every game, because that's what young teams do if they want to be competitive at the end of the season."

The Bears will look to keep the momentum rolling in their home opener on September 11 against the Saskatchewan Huskies, who tied with Calgary atop the CIS standings last year. The Huskies will be looking for their first win of the season, as they dropped their home opener against Manitoba by a score of 34-28.



ROLLING OVER THE RAMS The Bears football team won an opening game for the first time since 2010.

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SASKATCHEWAN

OFFENCE

PASSING 2nd - 318.0 YPG
RUSHING 5th - 116.0 YPG
TOTAL 5th - 407.0 YPG

OFFENSIVE LEADERS

PASSING Drew Burko
314.0 YDS / 1 TD / 4 INT
RUSHING Tyler Chow
107.0 YDS / 0 TD
RECEIVING Mitch Hillis
91.0 YDS / 0 TD

DEFENCE

PASSING 3rd - 268.0 YPG
RUSHING 5th - 246.0 YPG
TOTAL 5th - 514.0 YPG

DEFENSIVE LEADERS

TACKLES Geoff Hughes, Brett Boechler - 7
SACKS Donovan Dale, Brayden Twarynski - 1
INTERCEPTIONS Brett Boechler, Chris Friesen - 1

ALBERTA

OFFENCE

PASSING 3rd - 278.0 YPG
RUSHING 4th - 174.0 YPG
TOTAL 4th - 452.0 YPG

OFFENSIVE LEADERS

PASSING Ben Kopczynski
278.0 YDS / 1 TD / 0 INT
RUSHING Ed Ilnicki
90 YDS / 2 TD
RECEIVING Aundrey Webster
100 YDS / 0 TD

DEFENCE

PASSING 6th - 321.0 YPG
RUSHING 4th - 211.0 YPG
TOTAL 5th - 532.0 YPG

DEFENSIVE LEADERS

TACKLES Tak Landry, Tom Tsoumpas - 9
SACKS Samson Abbott, Jacob Narbonne - 1
INTERCEPTIONS Foster, Ralph, Knox - 1



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Pandas soccer hoping for return to Nationals this year

Zach Borutski
SPORTS EDITOR • @ZACHSPRETTYCOOL

For the University of Alberta Pandas soccer team, it's all about taking things one step at a time this year.

Coming off an elimination in their second game of the Canada West playoffs in 2014, at the hands of the University of Fraser Valley, Head Coach Liz Jepsen spoke about the importance of the team not getting too far ahead of themselves.

"The important thing is to make whatever we're doing on the day meaningful," she said. "For us, it would be keeping our eyes on the target, and playing one game at a time. Don't try to see past the moment in front of you, know where you are and know where you're getting to."

It's also a season of change for the Pandas, as like every year, several players have moved on and graduated — one player particular being star goalkeeper Keltie Biggs.

While Jepsen did lament the loss of Biggs, she also was quick to say that the loss certainly won't derail the team moving forward.

"We'll forever miss Keltie Biggs, she was a fantastic player, it's just the evolution of varsity sports," Jepsen said. "We'll want our new keeper to come in and be herself, and we'll have to capitalize on what she does best."

Of course, yearly turnover is simply a part of University sport, and coaches have to find ways of dealing with the loss of veteran players Jepsen said.

"We recruit specifically to have players that have certain attributes, but once they come in, it's all about doing whatever we can to help that players be successful with the team, and be successful for themselves," she said. "It's like

snowflakes, no two players are exactly alike, and each season they'll improve and have different skill sets, and we'll try to nurture that into the lineup."

Jepsen also emphasized gelling as a team as an important part of success in the face of yearly player turnover and how new players have to learn to play as part of a team, not just as an individual.

"That's often the big step for people, rather than being the skilled player, or the leader coming in from their old team, now they're the next cog in our wheel because everybody contributes to the team," she said. "For the team to be successful, everyone has to buy in, everyone has to be on board."

"Some people will be tasked with supporting roles, and we sit down and talk about that and try to keep everybody on point on how to manage that, when they're playing and not playing, and how to stay on top of it."

The Pandas will face a tough season schedule this year, locking horns with all of the playoff teams from the Pacific division last year: the Trinity Western Spartans, the Victoria Vikes, the University of Fraser Valley Cascades, and the University of British Columbia Thunderbirds.

Jepsen said that while the schedule is tough, she was excited for the challenge.

"The challenge and the exciting thing is that we get to play some of the top ranked teams this season," she said. "There's something exciting about walking into a match and truly not knowing the outcome, and knowing you have to give every little bit of yourself in order to get a positive result."

The Pandas open their season at Foote Field on Sept. 11 against the Thompson Rivers Wolfpack.



TOUGH COMPETITION The Pandas will face the best that the Pacific Division has to offer this year.

KEVIN SCHENK

KEVIN SCHENK

Golden Bears soccer turning to veteran leadership for success

Zach Borutski
SPORTS EDITOR • @ZACHSPRETTYCOOL

The Bears soccer team is looking forward to a healthier campaign this year.

The team that made it to CIS nationals last year was an injury riddled one, with key players Niko Jankovic, Josh Weinberger, Tolu Esan, and Marcus Johnstone all missing significant time throughout the year.

Jankovic and Esan are back for this upcoming season and Head Coach Len Vickery said he thinks they'll both come back strong.

"I think it'll be a good motivator for them," he said. "I they'll want to make up for the time lost and we're hoping for big things from those two."

One player who won't be returning is the Bears all time leading goal scorer, Marcus Johnstone, who graduated this past year. Vickery spoke about Johnstone's absence and the effect it will have on the Bears this year.

"It's very difficult to replace a player like Marcus... he's been a prolific and natural goal scorer during his career," Vickery said.

While Johnstone has moved on from the Bears, Vickery was very complimentary about new recruit Nikko Cuglietta, comparing him to Johnstone early in his career. Vickery also noted that having Esan around for a full season would give the Bears another offensive weapon in lieu of Johnstone's departure.

Vickery actually thought his



HOPING FOR HEALTH The Bears are counting on some of their key players to stay healthy this year.

MELISSA WEBSTER

team stood to lose more than they actually did this past offseason, as he thought that both last year's team MVP and leading scorer C.J. Gilroy, as well as veteran midfielder Moe Teliani were both leaving the team as well. As it turns out, both of them decided to play another season, and this gives the

Bears a strong leadership core going into this year, something that Vickery acknowledged.

"We've got some solid senior content," he said. "It'll come down to the ability within the squad, the discipline, and finally, the leadership to take us where we want to go."

The Bears open their season against Lethbridge this weekend, and Vickery expects to face very motivated competition from a Pronghorns squad that lost both of their meetings with the Bears last year, getting outscored a combined 6-0.

"It'll be very tough, the first game

always is," he said. "Nobody's lost a game yet, their goals would be similar to anybody else's — win games, make the playoffs, and go on from there."

Playing in Lethbridge is tough as well, as the high winds and natural grass make games down there a more unpredictable affair than a game played at Foote Field.

"Playing them down there is always a bit of a challenge, because we play on a smaller, more compact artificial surface," Vickery said. "We'll just cross our fingers that we don't get the high winds typical to Lethbridge, and we'll try to get a good start on the field down there."

At the end of the day though, the Bears control their own destiny for the season, something which Vickery acknowledged.

"We try to get all of the key building blocks in place, and we've been working steadily," he said.

"We're going to hopefully win a number of games based on our talent, and a few based on our discipline, and hopefully win those last few key games based on our leadership, which we have in abundance this year."

"We'd like to get to Canada West playoffs, be successful, and return to the National Championship setting, and challenge for the championship."

The Bears begin that pursuit for the championship on the road against Lethbridge this weekend, and play their home opener Sept. 26 against the Mount Royal Cougars.



GOING APE FOR FUNDRAISING The Edmonton Gorilla Run looks to protect the endangered mountain gorilla.

SUPPLIED

Gorilla Run hopes to raise funds, awareness

Zach Borutski
SPORTS EDITOR • @ZACHSPRETTYCOOL

If you were to see a large group of people running around the city dressed in gorilla suits this Saturday, you need not be alarmed, it's just the sixth annual Edmonton Gorilla Run bringing its own brand of wackiness to the act of fundraising.

The event, which is held yearly by the Mountain Gorilla Conservation Society, is designed to raise both awareness and funds to help with the plight of the critically endangered mountain gorilla.

Event coordinator Raemonde Bezenar described it thusly.

"It's definitely one of Edmonton's craziest events," Bezenar said. "It's about people helping people, and helping to save a critically endangered species all at the same time."

While this may seem like an obscure cause to the casual observer, those affiliated with the run assert that it is very worthwhile.

"Gorillas share 98.25 per cent of our DNA, they're one of our closest

cousins," Bezenar said. "Why would you not want to save something that is almost human?"

The cause is not just about the gorillas either, it also benefits the local populations that surround their habitats.

"By saving the gorilla, you're helping the local people in the region," Bezenar said. "(You're also) saving an important habitat with a lot of biodiversity."

The event itself is certainly unique, as most other charity runs don't involve running in a plastic gorilla suit.

"Where else can you put yourself in a gorilla suit and do a five kilometre event?" Bezenar said. "It's about monkeying around, it's about having fun, and it's about making the connection and trying to help us save a species all at the same time."

That connection with people is something else that sets the run apart, as the running portion is far from the only facet of the event.

After the event takes place, there will be a free barbeque paid for by a participant's entry fee, along with live music and prizes for best

costume. All in all, this event is about more than just running around in a gorilla suit.

The gorilla run also works with the Stollery Children's Hospital in a campaign called "Like Me, Like You," which provides plush gorillas for Stollery patients. Participants are encouraged to purchase a plush gorilla and drop it off at the hospital during the run (the route takes the runners right by it). All proceeds from plush gorilla purchases, and the event in general go towards scholarships in veterinary medicine for people in the regions near the mountain gorilla habitat.

"If you ever get a chance to see a gorilla in its natural habitat, not in a zoo... you will be forever changed," Bezenar said.

The sixth annual Edmonton Gorilla run takes place on Sept. 12, starting at Corbett field at the U of A. Those who are unable to make the event, but still wish to help the cause can make a donation at the Mountain Gorilla Conservation Society of Canada's website.

The best part: you get to keep the gorilla suit.

SEEKING: BRIGHT IDEAS FOR A BETTER CAMPUS



U of A archers take to the range this weekend

Jamie Sarkonak
STAFF REPORTER • @SWAGONAK

Many students spend their Sundays peacefully recovering from the week that was. But much more excitingly, they could spend it trying a 50 thousand-year-old sport.

Students and members of the public can sign up for a free archery clinic to be held at Varsity Field beside the Butterdome on Sunday, Sept. 13.

After being taught how to use a bow, archers will compete in a short, friendly competition. Points earned in the competition will also contribute to the scores of those in campus intramurals.

"We bring in ... instructors to teach the sport," Campus and Community Recreation Program Coordinator Matt Edmunds said. "For most of the university community, archery is not their bread and butter sport, the same way soccer or volleyball or

hockey is."

Participants sign up for a two-hour slot — the first half is spent in an archery clinic, where they are taught by clinicians how to hold, aim, and fire. The second half is a shooting competition. Each two-hour slot has room for 24 participants, for a total of 96 over the whole day.

This year, Campus and Community Recreation partnered with the Alberta Conservation Association to make the clinic and competition free for students. Last year, there was a \$10 sign-up fee.

"We realize that there are not only demands on students' time, but also their finances," Edmunds said.

Most of the participants are new to archery, making the Sunday event an easy way to try a new sport with little to lose.

For many students, it's easy to spend all of their time doing academics, with little left over for socializing. The advantage of the archery

clinic and competition — and other intramural sports — is making social time a way to get active as well.

"The challenge ends up being (finding) those people who already have so many demands on their time," Edmunds said.

There will also be drop-in archery offered to the general public, which will not be competitive. Families can come try target shooting in the Family Free Shoot, which will have instructional supervision but won't be part of the structured clinic and competition.

"It's a great way to have fun on a Sunday afternoon," Edmunds said. "We're trying to reach out to the broader community and connect our students with the folks who are just outside our walls."

Information and sign-up for the event on Sunday can be found at recservices.ualberta.ca/en/Programs/RecSports/Archery/ArcheryClinic-Comp.aspx



HITTING THE TARGET The U of A archery club is holding an event this Sunday.

SUPPLIED

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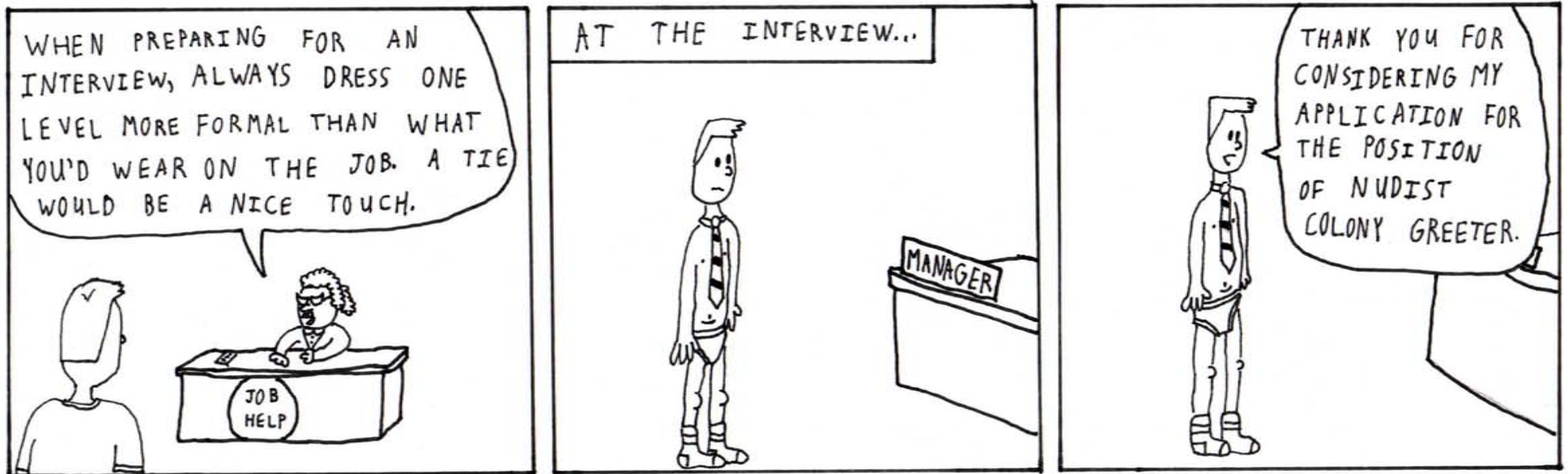
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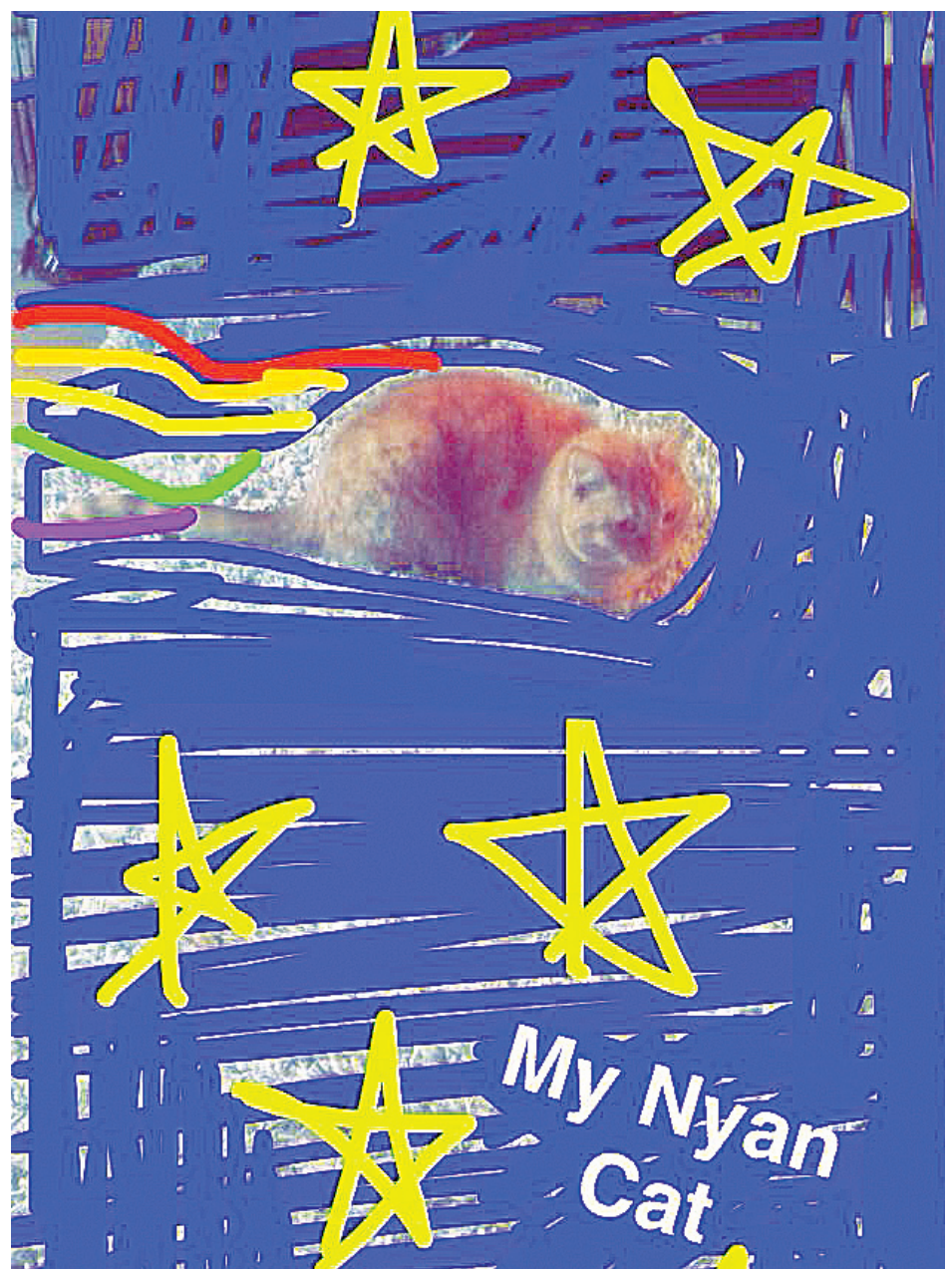
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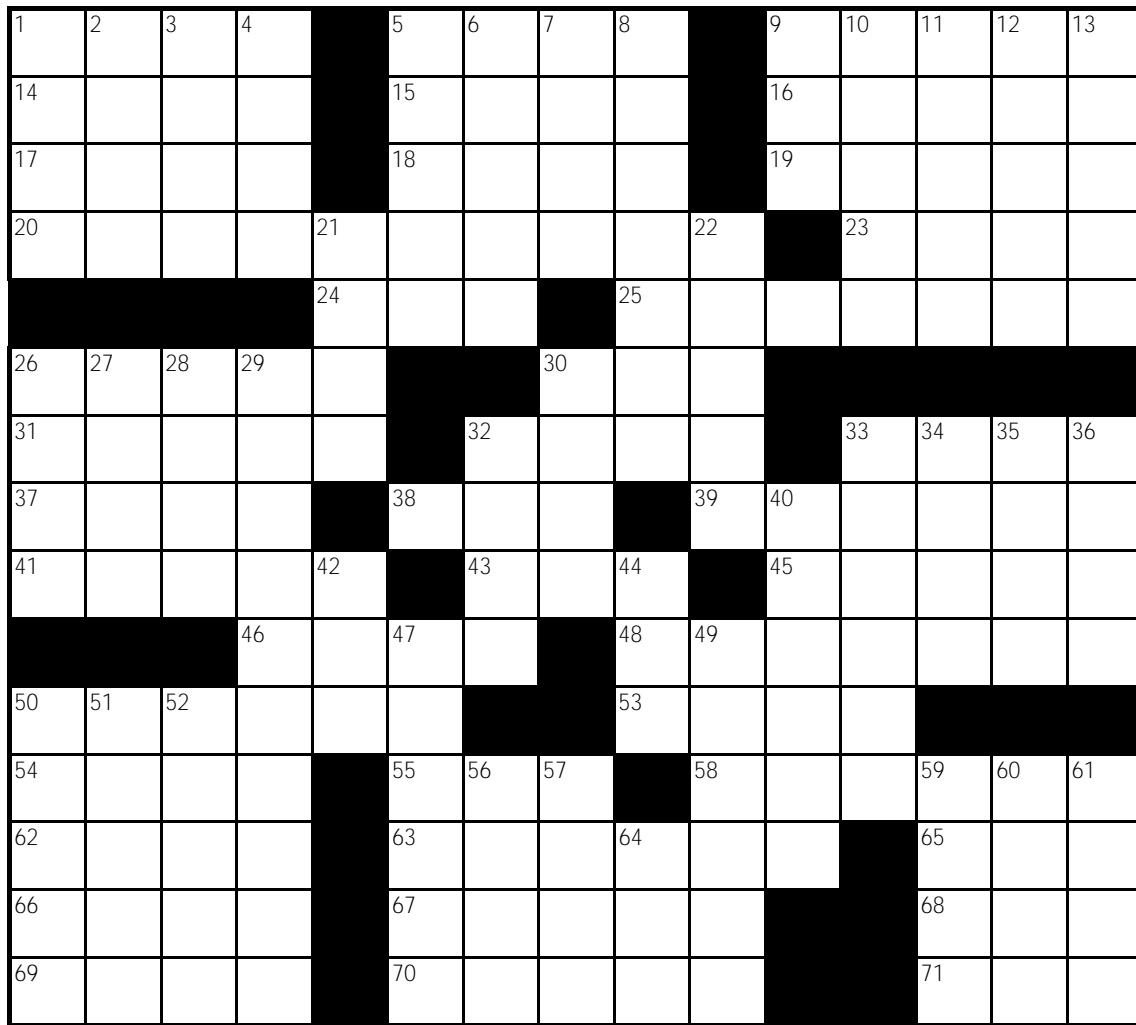


MOM'S CIGARETTES by Josh Greschner



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Across

- 1. Set aflame
- 5. Inclined to
- 9. "Olde" city?
- 14. In the ocean
- 15. Compound in urine
- 16. The hunter constellation
- 17. Leafy drinks
- 18. Cyber Drone
- 19. Lukewarm
- 20. Michael Bay's 1998 space hit
- 23. Nestle bubbles
- 24. A poetic song
- 25. Large rock

- 26. Half of Nolan's latest box hit?
- 30. Tibetan mountain animal
- 31. Accompanies tea
- 32. Hawaiian double named fish
- 33. Strong ray of light
- 37. Dark clothing problem
- 38. Watched
- 39. "Houston, we have a problem..." ship
- 41. Curvy roads or figures
- 43. Genetic code
- 45. Joining together
- 46. Thorny flower
- 48. At-home phone

- 50. Supermarket tasting
- 53. Melodic song in opera
- 54. Level
- 55. Advanced
- 58. Jesus's country
- 62. Indian flatbread
- 63. Indonesian tofu
- 65. Apple name
- 66. "What a pity!"
- 67. Perfect
- 68. Low lighting
- 69. Stack
- 70. Powerful blows
- 71. Summer (Fr.)



Results will be posted online the following week!

Down

- 1. ____ Shoe Museum
- 2. Graphical ____ Interface
- 3. Large unit of paper
- 4. US Space Agency
- 5. Went sledding
- 6. Diminish slowly
- 7. Geek
- 8. Yoda's swampy planet
- 9. Young child
- 10. Hair brand: L'____ Paris
- 11. Cleaned
- 12. Black (Fr. Fem.)
- 13. Ewok's moon
- 21. Bloodshed
- 22. Lumia's maker
- 26. Small land mass
- 27. CBS Navy police drama (abbr.)
- 28. Lots
- 29. USS _____

- 30. Expression of fatigue
- 32. Created
- 33. Canadian female astronaut
- 34. The Book of ____ (2010)
- 35. ____ vera
- 36. Tremblant or Blanc
- 40. Penalize
- 42. The Sun
- 44. Eureka moment
- 47. Water gone bad
- 49. Mermaid and gazelle
- 50. Boot or belt suffix
- 51. Garlic or chipotle sauce
- 52. Conductive material
- 56. Begin again
- 57. Bad sign
- 59. Assistant
- 60. Correct
- 61. Horse that cannot race?
- 64. Tetra ____



A series of events welcoming LGBTQ+ students & allies to campus!
Visit prideweek.ualberta.ca/RainbowWelcome for details

Sept 19
Scotiabank AIDS Walk For Life \ Join the U of A Rainbow Welcome team! - <http://goo.gl/Ubk4mA>

Sept 21
Ally Night \ 4pm-6pm \ The Landing, 0-68A lower level Students' Union Building (SUB)

Sept 22
LGBTQ Involvement Fair & Campus Tour \ 10am-2pm \ main level SUB
Multi Religious Conversation on Sexuality and Gender \ 12pm-1pm \ 0-51 lower level SUB
iSMSS Open House \ 3:30-6:30pm \ 4th Floor Lounge, Education North
OUTreach Meeting - Coming Out Stories \ 5pm-6pm \ Heritage Lounge, Athabasca Hall

Sept 23
Rainbow Peers Meeting \ 4pm-5:30pm \ The Landing, 0-68A lower level SUB
Inside/OUT film screening of Valentine Road on behalf of the John Humphrey Centre for Peace and Human Rights \ 5pm-6pm \ 129 Education South

Sept 24
The Landing's Launch BBQ with OUTreach \ 12pm-1pm \ outside SUB
The Landing & Gender-Based Violence Prevention Project (GBVPP) Launch \ 4pm-7pm \ Social Street, PAW Centre

Sept 25
OUTreach Mixer with inQUEERies \ 7pm onward \ The Buckingham - 10439 Whyte Ave

Sept 26
Return to The Roost: The Grad You Never Had hosted by the Pride Alumni Chapter \ 7:30pm-midnight \ Room at the Top (RATT), 7th Floor SUB

Have an event to include? That's great! E-mail details to cdaberer@ualberta.ca



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