Opinion

Got beef? Don't have a cow over ensuring cattle's best interests · 11

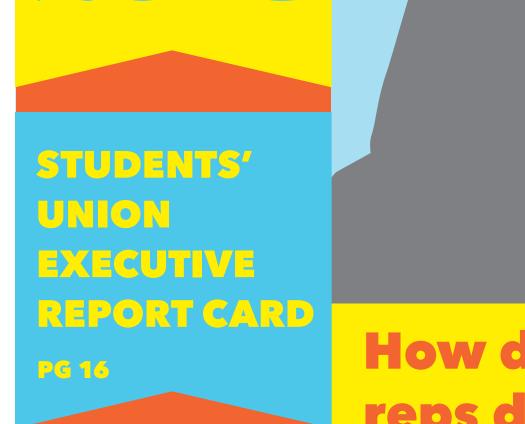
Arts

Studio Theatre brings Mack the Knife to life - **18**

Sports

Other All-star teams that should be in the World Cup · 27







How did your student reps do this year?

Hide and Seek club attempts record



SAM JOSHVA BASKAR JESUDASAN

EDITOR-IN-CHIEF • @ ROSSANDREA

If you're hoping to be the last one standing (or hiding) during Friday's Seek The Record hide and seek game, you'd be wise not to take Students' Union President William Lau's advice.

"Wear bright colours, show some school spirit, feel free to chant, use what you learned at Orientation," he said. "Also don't try to be too sneaky. Just relax, play games on your phone."

Lau will be the designated "seeker" at Friday's Guinness World Record attempt for the largest game of hide and seek. Organized and hosted by the University of

Alberta's Hide and Seek Club, the goal is to have 2000 students slash the current world record of 1437 participants.

Event organizer and Hide and Seek Club President Adam Pinkoski said the club first dreamed up the idea of breaking the current world record back in Sept. 2013, but started seriously planning the event in Sept. 2014.

The seven organizers have jumped some pretty high hurdles to make the event happen. From recruiting almost 100 volunteers to postering campus, doing media interviews, and juggling full-time school work on the side, Pinkoski said the group breathed a sigh of relief last Thursday when the U of A's Risk Management Services finally approved the event four months after they applied.

"They're not used to an event of this size being put on by student groups," Pinkoski said. "Because we're an independent student group, they had to put us through the wringer. We had to make sure we had all our bases covered ... but we came through on all our promises."

THE **gateway**visit us at GTWY.CA

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colophon

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contributors

Mitch Sorenson, Adam Pinkoski, Zach Borutski, Christian Pagnani, Mike Simion, Mikelie Johnston, James Davison, Maggie Schmidt, Charlotte Forss, Sophie Pinkoski, Holly Detilleux, Sarah Lazin, Michael Vecchio, Taylor Evans, Josh Greschner, Alex Cook, Zachary Trynacity-Popowich, Jimmy Nguyen, Derek Schultz, Stefano Jun, Mostafa Mahfouz, Nathan Fung, Alexandros Papavsailiou, Rachel Lyons, Randy Savoie

haiku

This is to fill space So Kate Black doesn't get mad Because I'm lazy

Dingus Goon blocked me Same with everyone else ... IDGAF

l feel really old When my co-workers don't knov



streeters

As you may have heard, Seek the Record is this week! **WE ASKED...**

COMPILED AND PHOTOGRAPHED BY Riley Samson + Jason Timmons

What's the best hiding spot on campus?



Jennifer Buss ALES III

"The big science building, like downstairs."

Austin Penner GRADUATE STUDIES II

"Probably the South Academic Building... Anywhere in there. People don't go in there very often."



Hidde Vanderkamp PHYS ED I

"Earth Sciences Building, I'd say. It's not a common place, there's no food court, nothing too social there, so I think probably the top floor in there somewhere."

Catherine Deschenes SCIENCE III

"I'd say one of my favourite spots is the upper floors of Rutherford Library, because there's a lot of old, creepy corners and couches, and you could die in there."





PHOTO OF THE MONTH #Music!

NIKKO MIGUEL ARANAS



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VolunteerNews meetings every Monday at 3pm in SUB 3-04

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Campus Saint-Jean's francophone library to close

Collins Maina

STAFF REPORTER - @COLLINS MANIA

President of l'Association des Universitaires de la Faculté Saint-Jean David Jennings will miss perusing the shelves of the Librairie le Carrefour.

While Jennings worked as a logistics coordinator for Regroupement artistique francophone de l'Alberta at La Cité francophone last summer, he visited Librairie le Carrefour, Campus Saint-Jean's French-language bookstore every day, browsing its collection of comics, fiction and non-fiction novels and toys.

La Cité francophone, located in Bonnie Doon, is a "hub" for the francophone community in Alberta, housing offices, businesses and various community services for French-speaking Albertans. Although students frequent the bookstore at the beginning of each semester, Jennings said some of his fondest memories include seeing seniors and children visiting the public French-language bookstore.

The French-language bookstore will close its doors to the public at the end of June 2015 due to continuous financial losses. The services will take on a new form, as the university administration will replace the physical bookstore with a comprehensive online bookstore.

"Now that it's closing down, it's hard for the francophone community and the Campus Saint-Jean community," Jennings said.

U of A Vice-Provost (Learning Services) and Chief Librarian Gerald Beasley said the Librairie le Carrefour has been losing money every year since it opened in 2008. This led to consultations with the community on the future of Librairie le

Carrefour before the end of its lease in July 2015.

"The thought process was to ask what we should be doing, and look at what the bookstore has been doing, in time for the lease renewal," Beasley said. "We really can't afford to renew the lease and continue to lose the money."

Consultative meetings recommended that the most sustainable and practical solution would be to transfer the bookstore into an ecommerce website, he said.

Jennings said Association des Universitaires de la Faculté Saint-Jean was not involved in those consultations.

"It's definitely something we would of appreciated," Jennings said of consultation regarding Librairie le Carrefour. "We recognize that there was no money being made ... but there could have been alternate solutions and there could have been cooperative brain-storming and unfortunately we missed out on that opportunity."

Beasley said the closure of Librairie le Carrefour presents students with advantages, including increased accessibility to order and purchase their materials online. He added that pop-up bookstores will be seen at CSJ throughout the year — especially at the beginning of semesters to allow students to buy course materials.

"Pop-ups will make it more convenient for students on campus," he said. "I think that because it's over the road, students may not find it obvious to come over and do their shopping."

However, Beasley recognized the disadvantages for students who prefer a close-to-campus bookstore



AU REVOIR! The francophone community will be saying goodbye to Librairie le Carrefour this July.

CHRISTINA VARVIS

they can browse before they decide to make a purchase.

"We regret that," he said. "There's no doubt about it. We regret that we can't offer that, but we were paying substantial rent for that space."

In an effort to focus on satisfying students' main course-material needs, the permanent Librairie le Carrefour staff will be transferred to the North Campus bookstore in the Students' Union Building. There, they will serve in the French materials section of the bookstore, and help in servicing the francophone portion of the SUB bookstore website, which is currently under development.

The staff will also be involved in mailing materials to francophone communities across Western Canada. Librairie le Carrefour is one of the only French-language book services in Western Canada.

Moving over to a virtual bookstore would give CSJ students easier online access, while allowing smoother service to people in Vancouver, Victoria and Calgary, Beaslev said.

Beasley said French materials don't sell as well as English. This problem often leads to high competition between the independent bookstores, such as Librairie le Carrefour, and larger Quebecois bookstores — which have more aggressive marketing strategies, he said.

"I think that it is a difficult decision, but I think it's the best solution," he said. "It's difficult to close a physical bookstore but in this case the best solution is to have other ways of getting the same materials through pop-up locations and online."

Jennings said some Campus Saint-Jean students don't speak English well, which may lead to confusion in terms of what text-books to purchase, and if they should be purchased in English or French. Another one of Jennings' concerns is inconvenience, since many first-year Campus Saint-Jean students don't take classes on North Campus.

Jennings is currently in talks to clear some of that confusion in Campus Saint-Jean student orientation this year. He also hopes to work with the SU to look for ways to mitigate the loss of Librairie le Carrefour, and the loss of Campus Saint-Jean's direct connection to the rest of the francophone community.

"It was a great way to connect the francophone student population with the rest of the francophone community, "Jennings said.

"Unfortunately, that's gone now."

Student-run club to 'Seek the Record'

Andrea Ross

EDITOR-IN-CHIEF • @_ROSSANDREA

HIDE AND SEEK • CONTINUED FROM PAGE 1

Funding for the \$8,000 event came from U of A and student services grants, as well as in-kind donations from the Registrar's Office.

The last time the U of A attempted to break a world record was on Feb. 3 2012 when 4,979 students, staff and alumni gathered in the Butterdome, securing the title of world's largest dodgeball game.

"I'd have to say I'm not a great seeker because my eyes have never been really good."

WILLIAM LAU PRESIDENT, STUDENTS' UNION

Pinkoski said the hard work and sleepless nights have all been worth it to offer students another chance to break a world record playing a game we are all familiar with.

"For everyone who was there for dodgeball in 2012, it's a unique feeling, being a part of something like that. It's hard to put into words," he said

"Whether you're a retired player or still playing it currently, everyone



 $\textbf{SEEK THE RECORD} \ \operatorname{Ready or not, here} \ I \ come!$

SAM JOSHUA BASKAR JESUDASAN

has played hide and seek to some capacity. And it's cool because the U of A is an international university. There are people coming in from China, India and all of them have played the game before. They all know it, even though we may not all speak the same language."

Anyone can participate in the record attempt as long as they are 18 or older. Registration opens at 11 a.m. in the Butterdome, and the game will start at noon.

Pinkoski said a main stage will be set up with entertainment — including a game of Simon Says and a possible "twerk-off" twerking workshop — leading up to the start of the game.

It's a big task, finding 2,000 students hiding within the Van Vliet complex in one hour, and seeker William Lau is asking for a little mercy.

But as he gets ready to yell "ready or not, here I come!" keep in mind Lau's glaring disadvantage.

"I'd have to say I'm not a great seeker because my eyes have never been really good," he said.

"I've had glasses since I was three. It's been a bit of an impediment."

news briefs

COMPILED BY Richard Catangay-Liew

SU VP (External) Khinda to roll out "Get out the Vote" campaign While Students' Union Vice-Pres-

While Students' Union Vice-President (External) Navneet Khinda expects a spring election in Alberta, she hopes efforts in 2015's "Get out the Vote" campaign will prove useful beyond April.

"Get out the Vote" is a Council of Alberta University Students (CAUS) initiative Khinda is "phasing in." The purpose of the campaign is to let students know of their right and responsibility to make the trip down to the polls.

If there is no spring election, Khinda said CAUS and the SU intend to use the information when there is a provincial and federal election. Volunteers will be collecting students' names, e-mail addresses and phone numbers to remind students to vote in the event of an election.

"I think this is really important, especially in light of all the decisions that have been made regarding post-secondary lately," Khinda said, referring to the 25 of 26 market modifier proposals that were accepted in December. "If there is a spring election, it's better for us to be prepared to go to the polls."

Khinda and her team of volunteers are planning on using peer-to-peer connections to let students know why their vote matters, as social media can only reach so many students, she said.

In 2012, 10,000 students from the U of A, the University of Calgary and the University of Lethbridge signed up for "Get out the Vote" campaign.

But Khinda noted how the 18 to 24 age demographic is the lowest represented population in Canadian politics.

"It's important student voices are heard," Khinda said. "If students come out and go to the polls in mass, that shows the government that students care and that they should value our opinions and issues."

Ideally, Khinda would've liked the provincial election to take place in 2016, so CAUS and the SU could have a full year of planning. But since the 2012 campaign was a "success," she hopes to use the framework and build off of it.

"Students might not think that it's not important to vote, that it's just one vote," Khinda said. "But every single vote in another directive to MLAs in that this is another student they represent."

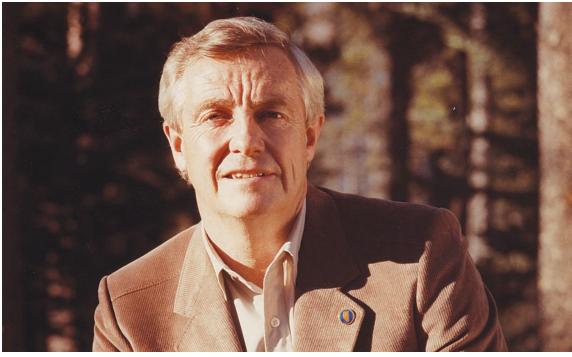
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JOHN WICK

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Peter Lougheed Leadership College accepting first round of applicants

Collins Maina

STAFF REPORTER - @COLLINS MANIA

Students can now apply for admission into the Peter Lougheed Leadership College — a move that Students' Union Vice-President (Academic) Kathryn Orydzuk worries may be premature due to an incomplete program, a delayed residence and uncertainty about the college and its curriculum.

Orydzuk said she's concerned about the first round of students being admitted in Fall 2015, since the programming is not completed

"We have students applying to a project that is not yet completed." Orydzuk said. "As students are applying (Leadership College Project Managers) are still building certain aspects of the certificate."

Orydzuk said she was worried about the ambitious timelines, as these don't allow everything to be passed through university governance in time for the 2015 intake. She added that since the certificate will involve a heavy workload it would be useful for students to know what they are committing to.

As it stands, only the first year foundations courses of the two-year certificate program are ready, with professors signed-on to participate and seminars in the works. However the program is being "built as they go," Orydzuk said, since the second year remains unplanned.

The residence has also been delayed. The college's residence was initially set to skip the first intake of students, as it would open in Fall 2016. But according to Orydzuk, the residence has been delayed further for reasons unknown to the SU.

As a result, students admitted into the Leadership College, who were going to live in the residence, will be taking shelter in Lister Centre's Schaffer Hall.

A Campus-Only Online Course (COOC), which was to be ready for the Fall 2015 intake has also been delayed. Orydzuk expressed her disappointment, as she said this was one of the major selling-points of the college to the SU. COOC's would allow many students to participate at the same time while giving them the flexibility to do the course content on their own time.

"The SU thinks the Leadership College is a good initiative, but we want to see it done right," Orydzuk

Orydzuk said the SU doesn't know the reason behind the COOC's delay, but she thinks it's because they take a long time to develop.

Amidst unfamiliar student concerns about accessibility and elitism, Orydzuk said that a positive step made by the Leadership Initiative is in alleviating financial barriers to attending the college.

She explained that every student admitted into the college will receive a \$10,000 scholarship that will pay for income and tuition, since each of the students are required to spend their summer doing a leadership-volunteer opportunity.

But Orydzuk said she still has concerns over the college's current fundraising model, which involves placing the Leadership College as the university's funding priority for the Office of Advancement.

"I find it odd that this is the funding priority when we are experiencing a decrease in the quality of our education where we are seeing programs getting cut and we are losing professors," she said.

> "The SU thinks the **Leadership College is** a good initiative, but we want to see it done right."

> > KATHRYN ORYDZUK VICE-PRESIDENT (ACADEMIC), STUDENTS' UNION

Orydzuk also raised concerns about how the college's program interacts with already-existing leadership opportunities. She said that talk of what does and doesn't count to the leadership certificate raises the question of what the U of A as an institution is saying about leadership in terms of what is, and what isn't leadership.

"I don't think we should devalue the existing leadership opportunities on campus," she said. "I think that it would be really great if they worked in tandem."

Orydzuk said she would have liked to see the college delayed until it can provide a more complete experience for students

"I would rather see a program that is completed before we see students committing to put a lot of time and effort into it," she said.



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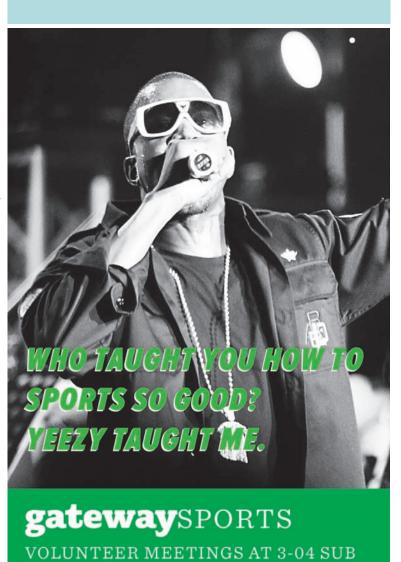
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ALUMNI ASKED & ANSWERED

with Eryn Fitzgerald

'08 BA(Criminology)

Current occupation:

Community Relations Coordinator, Concordia University

What do you miss most about being a U of A student?

Skipping class and exploring the river valley. Eating Cookies by George for breakfast. Going to plays at the Timms Centre.

Favourite campus memory?

Volunteering at CJSR. The newsroom was like a second home.

What's the one piece of advice you'd give a current U of A student?

Don't be afraid to tailor your academic experience to your own desires and needs. In my final year, I only took courses that really interested me with kick-ass profs. I also took full advantage of internships and community service-learning activities so that I could earn credit for my real-world projects.

Favourite course/professor?

Every single philosophy course. My favourite prof was Bryan Hogeveen, in the sociology department, who helped me better understand power and systems change.

Favourite secret makeout/study spot? The comfy couches in SUB where I would frequently nap.

What impact has the U of A had on your life? It's hard to overstate just how much I draw upon my undergrad in everyday life. I often think about the theories I encountered, the people I met, and the big mistakes that turned into learning opportunities.

alumni.ualberta.ca/students



Alumni Association throws Green and Glow Winterfest

Usually, there isn't much to see in Main Quad during the winter besides students lugging their backpacks to and from class in a few centimetres of snow.

But from Jan. 29 to 31, Green and Glow Winterfest attendees were entertained by a flurry of fireworks, lanterns, ice sculptures, warming huts and improvised dance routines while celebrating the U of A Alumni Association's 100th anniversary.







Aboriginal rate of diabetes may be linked to culture loss

Danielle Carlson

NEWS WRITER

A University of Alberta study could link the loss of indigenous mother tongue and culture to the increasing cases of Type 2 diabetes among aboriginal communities in Canada.

Diabetes has been discussed and confronted among aboriginal communities, research organizations and other groups for some years, according to Senior Research Coordinator of BRAID Research Group Richard Oster. These speculations became evidence when Oster observed lower rates of diabetes in relation to native language knowledge — a measure of traditional culture — among 31 Alberta aboriginal communities for two years.

Oster's findings were published in the *International Journal for Equity in Health* last October, stating that communities that know more about their traditional culture are less susceptible to diabetes.

Diabetes is not the only health issue Aboriginal Peoples face. While interviewing Elders and community leaders, Oster found problems such as sexually transmitted infections, substance abuse and mental health issues may be linked to culture loss. Previous studies have suggested the relation between youth suicides and culture loss in aboriginal communities as well.

"I think (culture) would relate to other health problems as well," Oster said. "We've done a lot of work looking at diabetes, but we start to realize that the underlying problems are the same for other health conditions that aboriginal people are suffering."

Once the original cause of this pattern is explored, diabetes and other health issues appear to be less of a coincidence and perhaps more of a reflection on the status of racism in Alberta. Oster's research found that community members may feel that these needs, including the physical activity and healthy diet that their culture promotes, have not been met due to factors such as poverty and social inequities in income.

Oster's research found that Aboriginal Peoples say they believe their culture would be more secure and that they would have more self-determination to pursue a healthy lifestyle if it were not for the historical trauma that affects them, and the lack of support from the government.

Angela Grier, former First Nations leader and co-author of Oster's project, agreed.

"The current government that is in place does not want to support aboriginal people because they've been slashing their fundamental funding," Grier said.

"And if you know about funding for First Nations, it's like a third of what mainstream organizations of the same stature would receive. So, there's definitely a race issue there."

Fortherate of diabetes specifically, Oster is part of the Edmonton-based organization BRAID (Believing we can Reduce Aboriginal Incidence of Diabetes). BRAID works with Metis and First Nations communities to corroborate the screening and preventing of diabetes and other chronic illnesses in aboriginal individuals. They are currently working with First Nation reserve Maskwacis — formerly Hobbema — on a project relating to pregnancy and diabetes.

"We've done a lot of work looking at diabetes, but we start to realize that the underlying problems are the same for other health conditions that aboriginal people are suffering."

RICHARD OSTER
SENIOR RESEARCH COORDINATOR BRAID RESEARCH GROUP

Oster and Grier agree that the first step to prevent further issues with diabetes and other problems aboriginals face due in part to discrimination is to collaborate with aboriginal communities. Communicating with them can give a better understanding on what is needed to improve their standards of living, Oster said.

"They used to be a really healthy population, and as a result of our government and colonization and all that has led to so many different health problems now."



DIABETES RESEARCH Richard Oster is examining diabetes and culture loss.

SUPPLIEI

U of A pushing for bullying prevention, despite no dedicated month

Collins Maina

STAFF REPORTER = @COLLINS_MANIA

Bullying Prevention Month will not take place this February at the University of Alberta, as ongoing anti-bullying programming seeks to ensure that the cause receives yearround attention.

The Office of Safe Disclosure and Human Rights (OSDHR), who coordinated Bullying Prevention month from Feb. 3 to 26 last year, have slightly shifted their focus to broaden the scope of discrimination and harassment issues they handle.

Last year's event included an art display, a panel discussion, a dropin workshop with Counselling and Clinical Services and the celebration of Pink T-Shirt Day.

Bullying prevention is still their large area of OSDHR's focus, as the office continues to run educational workshops throughout the year as part of their "Delete Bullying" campaign.

"Every month is bullying prevention month ... we are frankly always working here to try and do what we can."

WADE KING OFFICE OF SAFE DISCLOSURE AND HUMAN RIGHTS

OSDHR Advisor Wade King said they respond to all kinds of requests around bullying prevention throughout the year, noting that he delivers approximately 100 workshops a year.

"Every month is bullying prevention month from the (OSDHR's) perspective," King said. "We are frankly always working here to try and do what we can."

King said that they do not have the capacity to carry out a month fully

dedicated to bullying education and prevention in addition to their ongoing programming. But they will recognize various bullying prevention efforts on social media and keep up their regular supports around bullying, he said.

OSDHR deals with a wide range of issues including reports of internal wrongdoings such as theft, fraud, safety, discrimination, harassment and academic integrity issues. They also provide education and awareness on human rights issues on campus, and advise students, instructors, and managers on matters concerning harassment or discrimination on campus.

In order to explore all of these issues, OSDHR originally planned to spend two or three years on bullying prevention, King said. Now that there are various resources around bullying, he said his office thought this would be a good year to focus on different aspects.

"It's not a move away from bullying," he said. "I would actually say that we got to the point where it was a little more enshrined, and we will likely revisit it."

King said there have been positive leaps in bullying prevention policies at the U of A since he first arrived on campus in 2009.

The U of A is one of few universities to define bullying in its Discrimination, Harassment and Duty to Accommodate Policy, he said. OSDHR's "Delete Bullying" campaign also delivers workshops that focus on what bullying is and isn't.

"One of the concerns that I have is that we need to have an antibullying culture and climate here," King said. "But we also need to have a climate where we can engage each other in disagreement and have a conflict of ideas so we can get to a better place."

The U of A's Discrimination, Harassment and Duty to Accommodate



PREJUDICE PREVENTION "Words that Hurt" board from last year's Bullying Prevention Month.

KEVIN SCHENK

Policy outlines bullying according to three criteria: whether it is repeated, has a pattern and is targeting, whether it has a legitimate function and whether the behaviours humiliate or undermine another person, thus causing reasonable harm.

"We are talking about behaviours that leave people feeling humiliated, vulnerable, targeted for things that aren't their ideas but their characteristics," King said.

Statistically, the U of A doesn't

have higher incidences of bullying when compared to other universities or the general population, King said.

But there has been an increase in faculty who are now reporting and seeking advice on how to deal with being bullied by students. Cases have included students sending excessive amounts of emails in a disrespectful tone to instructors, frequently showing up at instructors' offices, homes, and in some

cases, at their churches and grocery stores.

The office has also seen more cases of racial discrimination and harassment — which highlights their need to explore all the issues they represent, King said.

"I want to make sure that race is on the table, gender is on the table and sexual identity is on the table," he said.

"We want to ensure that we are working as broadly as possible."

Summit provides 'safe entry point' for student leadership

Kate McInnes

NEWS WRITER - @KATEMCGUINEAPIG

Some people are born leaders. But for others, leadership training starts at the University of Alberta.

The inaugural Alberta Student Leadership Summit, held on Jan. 31, offered a variety of lectures, panels, and presentations focused on leadership skills development and civic engagement to students across Alberta. The one-day conference — curated by the University of Alberta Alumni Association, the Peter Lougheed Leadership College, Students' Union and Residence Services — aimed to help students explore models and strategies for creating change by connecting them with motivating keynote speakers and community leaders.

For MC Eric Kother, the Alberta Student Leadership Summit differs from other leadership opportunities offered at the U of A — including the Office of the Dean of Students' Emerging Leaders Program and the Student Group Services' past Leadership Summit — in its comprehensive nature and singleday programming.

"I think this is one of the most inclusive leadership opportunities on campus right now," Kother said. "You don't need to know what it means to be a leader, you don't need to have a project in mind ... you just need to do it."

The summit offered more than 40 presentations, from "The Art of Listening" to "Diversifying Your Degree," as well as two keynote speakers and four post-summit

sessions on Feb. 1. Two-thirds of the programming was presented by U of A students, a number that surpassed the goals of summit coordinators Debbie Yee, Jane Lee, and Chelsea Livingstone, who aimed to have at least 50 per cent of sessions run by students.

Summit Communications Comhow they can get involved and how

mittee Chair Debbie Yee said the summit's theme, "Reflection into Action," was based on the idea that students often recognize issues on campus and in their communities but struggle with where to start,

they can have an impact.

"Even if you're not really involved in groups or on campus, but you really want to be inspired and you want to be involved, this is a really good, safe entry point," Yee said.

The summit's keynote speakers, entre preneur and best selling author Miki Agrawal and City of Edmonton Ward 10 councilor Michael Walters, were chosen because summit coordinators said they believed they could best identify with and inspire attendees.

"One of the main things that was identified when we put out a survey to the student population in what they're looking for in a conference like this is that they want to hear from people who are connected to them," Kother said. "So, peers or community members, or something along those lines, rather than faculty and staff."

Programs Committee Chair Jane Lee said she has big aspirations for the future of the summit, and hopes it will flourish in future years to become a prominent post-secondary conference in Western Canada.

"We chose to call it the Alberta Student Leadership Summit rather than the U of A Student Leadership Summit for that purpose," Lee

"We'd love to see the conference grow ... with the potential of it being hosted at different institutions, but that's definitely a five-year, tenvear plan."

Yee said she believes the summit has been well-received because it has broadly defined the idea of "leadership."

"The idea of a leader for so many people is politics and leading a company, and that's what I really like about (the summit)," Yee said.

"Leadership is being a good citizen, it's being an innovator, it's seeking out your passion ... even if I'm a leader in my little group, I want to make a change."



LEADERSHIP LECTURE Blue Knox delivers a presentation about the leadership of her teammates.

SUPPLIED — HANMHI HUNYH

mebea

COMPILED BY **Richard Catangay-Liew**

BREAK AND ENTER BONANZA

Multiple break and enters have been reported to University of Alberta Protective Services (UAPS) and Edmonton Police Service (EPS) throughout December and January.

UAPS Acting Inspector noted the large amount of recent property crimes and break-ins, and reminded students and staff to play their part in preventing crimes of opportunity.

"When people think of break and enter, they think of someone busting down a door or coming through a ceiling tile or manipulating a lock — usually that's not the way it goes," he said. "Usually it's someone leaving their door open and someone walking by and committing a crime."

"Try and reduce or remove that opportunity of crime," he said. "Lock offices instead of leaving them unattended, closing doors so they're not ajar.

UAPS was notified of a break and enter in a Clinical Sciences Building office by a student on Jan. 18. Multiple offices in CSB appeared to be entered and a number of circumstances led UAPS officers to believe that property was missing or damaged. EPS was called in, who collected forensic evidence left behind or disturbed by whoever was responsible.

A Second Cup employee reported a break, enter and theft from their Business Atrium kiosk location on Jan. 19. UAPS responded to the report, who were told that someone had broken in over the weekend and stolen a debit/credit terminal.

EPS were once again called in, and obtained forensic evidence from the scene. Staff were advised that additional security measures are required for the kiosk, which has been broke into before.

Laptops are an easy target for break-and-enter perpetrators, as three U of A owned laptops were stolen from a Edmonton Clinic Health Academy office on Jan. 19. None of the laptops contained sensitive material, and all were stored in an unlocked room. Nearby cameras in the area were reviewed, but revealed no suspicious criminal activity over the weekend.

A student reported theft of cash from their club office in the CCIS building on Jan. 22. \$260 was discovered missing, but there were no signs of forced entry. Many people have approved access to the office, and there are no suspects or leads at this time.

Another break and enter was reported to UAPS from the Timms Centre for the Arts on Jan. 25. Upon arrival, UAPS were put in touch with an EPS officer who informed them that a male suspect had been charged with stealing a laptop from the Timms Centre. The male was also in possession of \$5,000 worth of stolen property. The accused male is previously known to UAPS, as he was charged with trespassing in July, 2014. The recovered laptop was returned to the Timms Centre.

On Jan. 26, a break and enter was reported in the Van Vliet Complex. Speakers, shoes, a bag and a laptop were stolen from an office. EPS were called and seized items from the office for fingerprinting. There are no surveillance video or suspects at this time.



Roth advises all students to report all suspicious activity to UAPS and EPS, no matter how minimal it may

"Continue to report suspicious activity to us any time 24 hours a day, even if you feel like it may not be anything," Roth said. That's just human nature ... use that instinct and call us so we can go in and assess the situation. That's never an

SUICIDE NOTE FOUND IN FAB

A suicide note was found in the Fine Arts Building hallway by a U of A staff member. UAPS responded immediately and notified EPS.

EPS initially received an "unclear" 911 call, which was hung up. EPS then notified UAPS of the call and asked them to investigate while they were on the way.

UAPS tracked the reporter down, who confirmed that he discovered a suicide note on the floor by his

There was a name on the note, who was not affiliated with the U of A. nor known to UAPS.

The female in question was located on the main floor, but did not appear in distress.

She claimed that the note "fell out of her pocket" and that it wasn't her intention to harm herself as EPS arrived and conducted a mental health assessment. EPS then determined that the woman did need help, and was taken to the U of A hospital for assessment by a professional.

The female declined voluntarily, but EPS transported her to the

Roth said "you never know," and that it's important to act quickly.

"We deal with mental health issues quite often," Roth said. "This was one a little bit different."

SINFUL SOLICITOR

Most solicitors are OK with students walking by and declining their services. But concerns are raised once they offer to escort them to the nearest ATM when students claim they have no cash.

A HUB staff member reported a male soliciting for "Children's Joy Foundation" on Jan. 21 after numerous complaints by students and staff in HUB.

The "charity" has previously been determined as illegitimate, as the organization has never sought proper authority to solicit on U of A property.

The male, who was not affiliated with the U of A, was thus deemed trespassing and subsequently directed off campus.

Roth advised students to report suspicious, aggressive soliciting to UAPS in the future and not to give any personal information.

Opinion Editor Andrew Jeffrey **Email**

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Phone 780.492.6661 @andrew_jeffrey

Twitter

Volunteer

Hey volunteers, come by 3-04 SUB every Wednesday at 3 p.m.!

EDITORIAL **COMMENT**

Let's avoid vague buzzwords in this year's SU campaigns

STUDENT UNION ELECTIONS ARE NEARLY UPON US, BUT BEFORE the first campaign banner is unfurled and the first platform speech is given, something needs to be said about the quality of many SU campaign points each year.

As a fifth-year university student, I've spent a large portion of those five years criticizing Presidential and Vice-Presidential candidates for talking about vague platform points without any real concrete promises. But I have to admit, it's not as simple as pointing these candidates towards some hypothetical, clear solution to solve the problem. These are complicated issues.

But at this point, it's obvious that campaigning on buzzwords and vague promises during election season without real plans to improve areas of campus life continues to happen all too often, and has grown tiresome, monotonous and overall useless to the voter base.

I'll admit that I'm not totally sure how to improve the usual points harped on every year, like student engagement, representation or even the dreaded buzzword of sustainability. But neither do many of the candidates we're continuously asked to vote for it would seem, and making weak claims to improve these areas is doing more harm than good.

Every year, candidates seek to solve the age-old problems plaguing the U of A student body for as long as anyone can remember. Not only are these campaign points uninspired, repetitive and inherently promising nothing to students, they're also essentially the job description of these positions. It's like walking into a job interview for a cook position at Boston Pizza and telling your potential employers that you'll properly $prepare food for customers. \ It's what's expected of you and shouldn't have$ to be said.

These campaign points are useless. A lot of students couldn't tell you what exactly their President or some of their Vice-Presidents have specifically done to make their lives on campus better in the past year, but they could all tell you what they hear about from these candidates every single year. And it's these same issues. If a student already doesn't vote, isn't engaged in campus politics and doesn't pay attention to their SU, it's very likely their one interaction with the SU each year of their degree is a classroom talk featuring a different Presidential hopeful talking about these same points each year.

When student politicians campaign this year, they must make a commitment to promising real progress and improvements to campus life. They must identify areas of the U of A that aren't desirable enough or of a high enough quality for students, and make promises about what exactly they'll do to fix it.

If this all sounds obvious or overly simplistic, then you're forgetting we currently have an SU President whose campaign posters boasted a barebones platform about improving student representation and student engagement, without any real weight behind those points.

Posters should be used to relay quick bullet points of information about what will be done to help solve these problem areas of student life. Don't assume your voter base is so unintelligent to see a phrase like 'Maximize student representation,' and buy it as a legitimate plan.

Student apathy is only fuelled by these vague non-promises. To the average U of A student that doesn't vote and doesn't particularly involve themselves with decisions of students council, it could very easily seem like their Student Union is run by a never-ending train of politicians promising essentially the same thing. And if the same promises are made by different people ever year, it's easy to tune out those candidates. It starts to seem like nothing can be done to fix these points if they're an annual election issue.

The real problem is keeping students engaged throughout the year. Very few students are going to care about voting in a new President in March if they never heard from the last one outside of a few emails and Facebook posts in the six months of school beforehand. Most won't read the executive's blog posts, won't attend students' council or catch up on the minutes, won't step foot very often in SUB and won't read their emails. It's difficult to figure out how these students will be reached, but if candidates need concrete goals of what they want to do in office to initially interest these students in the first place.

Once students are invested in a candidate, it should be easier for them to stay interested in what they do in office. But without a compelling campaign in the first place, many students will simply continue to tune out their student politicians.

An onslaught of the senses is forced on U of A students by campaigning candidates every year. Campus seems abuzz with excitement over who's running for what, and who's going to win. But if that excitement is truly ever going to be translated into a higher voter turnout, and real student engagement come the fall of the next year, candidates should start by campaigning on real promises this year.

> **Andrew Jeffrey** OPINION EDITOR



JESSICA HONG

letters to the editor

FROM THE **WEB**

Deep history of racism in Canada shouldn't be ignored

Re: "Canadian youth must be properly educated on how racism persists in Canada," by Josh Greschner, January

Wedefinitely seem to have a mythology in Canada that racism doesn't happen up here, that it's something that exists only in the American deep south, that we aren't guilty because we didn't have slavery, etc.; but you only have to look at the treatment of indigenous people up here to see that we really do have a deep, thoroughlyingrained, sickening problem with racism. Not only against our indigenous people, either-though the problem as it impacts them is especially egregious.

CKUA in solidarity with CJSR has recently been presenting an audio documentary, True Contact Voices, which documents some of the systemic injustices against our indigenous communities-readers who are interested in expanding their empathy should check it out at http:// www.truecontactvoices.com.

Jim Storrie

Pepsi the flawed drink of

Re: "Coca-Cola or Pepsi: the neverending soft drink debate at the U of A," by Andrew Jeffrey & Cam Lewis, January

To not question Pepsi's "studies" is to fail at the core pillars of respectable, accurate science that our universities was built on. Coke and Pepsi are formulated differently. One is for long term sipping and the other is for short term jugging. Pepsi's experiment is built on its own flawed methodology. As well Pepsi is the one to continue pushing their fight against Coke with their combative ads.

FoodScientist

Are female SU executives anomalies?

Re: "Feminist U kicks off with pilot event: SU initiative targets inequalities in leadership," by Kate Black, January 28.

"As one of only two elected female executives, Students' Union Vice-President (External) Navneet Khinda is an anomaly - "

How is this an anomaly? You make it seem like women are some mystical presence that barely gets elected into the SU, when in fact even the president was female just a few years ago. You forgot to mention that there are indeed only 5 positions on the executive of the SU, and the other 3 are men. Are you only happy if 3 of them are women and 2 are men, perhaps?

I'm all for feminism in the sense that women and men should have equal opportunity and rights, but not when sentences like these are delivered in such a passive aggressive manner.

> **Daniel** VIA WEB

That female president was 5 years ago, followed by 4 straight years of all male execs. There's been on exec where women outnumbered men (that one) in the past 15 years, and in that time, male presidents outnumber female presidents 5 to 1.

So yeah, anomaly is fair.

amanda

Pass on dat app

Re: "Dat App: Trivia Crack," by Alyssa Cancian, January 28.

So, like QuizUp but with ads? Thanks, but I'll pass.

Ray Perkins

Letters to the editor should be sent to letters@gateway.ualberta.ca.

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libellous or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longerthan 350 words, and should include the author's name, program, year of study, and student ID number to be considered for publication.

Call me, beep me, if you want to reach

opinion - 10

Canadian conversation on terror too repetitive

The discussion on terrorism has been unfortunately consistent between political parties who aren't addressing root causes of these acts



Nathan Fung OPINION STAFF

With the shooting in parliament last year, along with ISIS' surprise success in carving out its own piece of territory in the Middle East, everyone can't stop talking about terrorism. But if we're going to have these conversations, I wish we were doing a much better job of talking about this subject than we are right now.

In his keynote speech for International Week, guest speaker Gwynne Dyer responded to the idea that Canada is at war with ISIS, a notion particularly prevalent in Conservative party rhetoric, by saying that we shouldn't worry about the Islamist rebel group too much, because ISIS is a regional conflict—the conflict is about them and not about us and they're not going to get us and that we shouldn't get our knickers in a twist.

That's a fair point, but Dyer overlooks the issue of radicalization and domestic terrorism, which is something worth worrying about. However, the same cannot be said for our politicians who want to be seen having a stance on the issue as the federal election draws near. But while the issue has gotten their attention, the national discussion on terrorism is disappointingly monotonous.

Why is it so? First of all, you have the Conservatives who are using the issue as an opportunity to further their tough-on-crime agenda by wanting to empower our presumably powerless intelligence service. The Conservatives recently passed Bill C-51 that enhances CSIS' powers, and allows law enforcement agencies to detain suspected terrorists, among other provisions. The bill is more of the same from this party's attitude towards terrorism.

Our politicians...
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the issue has gotten their
attention, the national
discussion on terrorism
is disappointingly
monotonous.

The Liberals, not wanting to be left out, showed that they could stomp with the best of them by saying they'll support the Conservatives on the matter. Meanwhile, the NDP are withholding judgement on the matter until further examination. A national conversation on terrorism in Canada is nonexistent, there are no other proposals on the table other than what the Conservatives want.

Back in 2013, our options didn't seem like they would be so limited. In light of the Boston Bomber attack, Justin Trudeau said that we should be talking about "root causes," of terrorism, which is a reasonable thing to talk about. But with election time upon us, it looks like he's no longer interested in doing so. Instead of coming up with effective solutions to the problem, it's more important to simply be seen doing something about it, as if the two were mutually exclusive and



FACING TERRORISM The Conservative Party's discussion of terror is getting old, but they're not alone.

SUPPLIED - CREDIT REMY STEINEGGE

the former was less important than the latter.

To be fair to Trudeau though, his "root causes" line was largely received as a gaffe by many, another Trudeau waffle. It was a reaction that betrayed a collective disinterest in "root causes," if they even exist. I think they do and that they go beyond supposed issues with

American foreign policy.

The role of social alienation in domestic terrorism should not be ignored, especially if we were to look at the backgrounds of Michael Zehaf-Bibeau, the parliament hill shooter, or Farah Mohamed Shirdon and Damien Clairmont, two Calgarians who went to fight for ISIS. We can see that the things that tie these

individuals together isn't just a ideology that internalizes their violent actions, but a sense of alienation that separated the two men from the rest of Canadian society.

So could we talk about preventative solutions to terrorism as well as punitive measures? I think we should and the sooner we do so, the better.

Bell "Let's Talk" campaign's focus on stigma avoids talking about discrimination



Michael Gallagher THE SILHOUETTE

HAMILTON (NUW) — On Jan. 28, Bell once again completed another successful "Let's Talk" campaign, working to challenge the stigma associated with mental illness, and add to the \$67.5 million they have already donated support of mental health initiatives across Canada.

While anyone who advocates for mental health issues will tell you Bell is making a positive change, its efforts are far from perfect. If Bell truly wants to effect change in society and tear down the barriers experienced by sufferers of mental illness, they cannot limit themselves to focusing their efforts on combating "stigma" alone, as this wording neglects the systemic discrimination that those with mental illnesses experience.

To those unfamiliar, stigma and discrimination might seem interchangeable, but they actually have important differences. Stigma is the negative stereotype a person receives, and discrimination is the behaviour that results from this stereotype.

This distinction might seem small, but language is powerful and subtle differences can drastically change something's meaning.

In the case of Bell's "Let's Talk," by outlining "anti-stigma" and not "anti-discrimination" as one of their campaign's four pillars, it undervalues and potentially ignores the existence of mental health discrimination. By only ever using the word "stigma," and basing your entire campaign around it, you are effectively presenting the idea that those with mental health disabilities may face many negative stereotypes, but they experience little or no actual behavioural consequences. For a campaign that explicitly describes how "language matters" on its second page, it seriously fails to acknowledge the importance of this distinction.

This choice of wording and its resulting popularity becomes incredibly problematic when you read reports like those made by the Ontario Human Rights Commission on Nov. 7, 2012. The OHRC surveyed 1,500 people in Ontario, and found repeated examples of laws that actively allowed for discrimination against those with mental health disabilities. These examples included multiple accounts from sufferers who had been denied housing, employment and even medical care because of their mental health.

One example from the report says that significant research exists that supports the fact that many private landlords deny housing to people with mental health disabilities. The report cited multiple sufferers who were forced to sign contracts that stated that if their condition worsened, they would be evicted from their residence.

- By only ever using the word "stigma," and basing your entire campaign around it, you are effectively presenting the idea that those with mental health disabilities may face many negative stereotypes, but they experience little or no actual behavioural consequences.

One victim even describes intense discrimination within the healthcare system: "after surgery, my surgeon told me, 'had I known you were crazy, I wouldn't have operated on you."

These examples reflect only some of the harsh discrimination those with mental illnesses face, and yet Bell and others advocating for mental health issues limit their discussion and focus to combating stigma alone.

It's easy to see a simple choice

of words as a relatively minor issue, but the difference between "stigma" and "discrimination" is a deeper issue than a mistaken campaign by Bell. If you don't believe me, take a second to consider how other issues of prejudice in our society are described.

When discussing racism, sexism, or homophobia, discrimination is the word of choice. However, when describing mental illness, "stigma" is the overwhelmingly popular term.

Don't believe me? Try typing the word "stigma" into Google. You'll find page after page discussing mental health issues, and a list of related searches pertaining to that same subject. Try that again with the word "discrimination." Here the examples address race, homophobia, and human rights concerns, with no mention of mental health even after five pages. It quickly becomes clear that Bell's decision to use the word "stigma" instead of "discrimination" reflects a much larger cultural issue.

I'm not the only one who feels this way. In fact, the very first resource Bell directs you to is a document from the Canadian Mental Health Association. Within the second paragraph the CMHA makes it clear that they have the same concerns:

"The problem with the word 'stigma' is that it puts the focus on the person's difference instead

of on the people who are setting them apart. Using the word stigma makes it seem different than racism, homophobia or sexism. It isn't. So it's time to talk about stigma for what it really is: prejudice and discrimination."

Even organizations directly supporting the campaign feel it is crucial to distinguish the problematic nature of the word "stigma," and yet Bell remains one of the many that make no such effort.

So why is it people seem to be uncomfortable with associating 'discrimination" with mental illness? Do we really believe not receiving medical treatment because of one's race is that different from not receiving it because of one's mental health disability? While it's pointless to compare whether one type of discrimination is worse than another, it's unsettling to see that we as a society seem intent on labelling mental health as a separate issue, to the point where it even has its own distinct terminology.

We as Canadians need to aim higher than simply combating the stigma surrounding mental illness, and must work to remove the systemic barriers to success that exist for those affected by mental illness

If Bell really wants to get people talking, ask Canadians why they're so afraid to acknowledge mental health discrimination that they won't even use the same words.



Got beef? Don't have a cow over ensuring cattle's best interests



Josh Greschner OPINION STAFF

A stun bolt gun presses on the skull, between the eyes of Betsy, a cow over-brimming with health. Pull?

Arguments for or against killing animals and eating them have long been part of an interesting and prominent debate. Journalists such as Jonathan Safran Foer and Michael Pollan for example, have dedicated significant portions of their careers to their positions on this topic. Both have criticized industrial farming practices, and Foer argues vehemently that slaughterhouses cause undue suffering to animals. Beyond this point, the most interesting question in this debate is one of principle: should we kill animals and eat their flesh?

Cows are pretty dumb. If you drive a truck up to a herd of cattle, they don't know what's happening until you're very close. Some cows possess a certain amount of intelligence some can figure out how to open the gate of their pen with their tongue and get out, literally, to greener

Someone told me over the weekend that an anti-beef argument considers if it's in an animal's best interest to exist or not exist. Others claim the absurdity of endowing the idea of best interest onto a cow. But I'm willing to posit the idea of a cow's best interest.

 A cow's best interest would probably be to stay on this farm. A farmer's goal is to make their cattle as healthy as possible ... Cattle live **luxuriously on farms** even better than some humans in this city.

Suppose there's a farm where cows are not subject to factory farm practices, where cows spend their days grazing, hanging out, and sun tanning. A cow's best interest would probably be to stay on this farm. A farmer's goal is to make their cattle as healthy as possible. An open-range farm has vast expanses of land, cattle feed regularly (sometimes abundantly), veterinary medicine is highly sophisticated and cows are well-protected. Cows and calves especially don't fare well against coyotes. Cattle live luxuriously on farms, even better than some humans in this city. But should we kill cows?

An interesting documentary called Cowspiracy claims that widespread industrial farming involving cattle is the leading cause of global warming, water depletion and deforestation. I'll posit their research. If cows are such a threat to environmental stability, according to humans' best interest, we should get rid of a lot of cows. So then, once we kill a great many, should we let them go to waste or eat them as quickly as possible? Although this voracious behaviour might be interpreted as an increase in demand (because economists can be silly sometimes), I'll take the latter.

SATURDAY

SENIOR

NIGHT

It might be a good thing to kill cows on a mass scale. But back to the principle — is it in the animal's best interest to exist or not? Cows in their old age can acquire a number of diseases and suffer, but of course, medicine takes care of that. The anti-beefs are actually right about this — I think it is in a cow's best interest to live into old age because their luxurious lifestyle is preferable to non-existence.

But is it in humans' best interest to seriously consider the cow's best interest? Is it in a cow's best interest to consider humans' best inter-

I almost forgot about the cultural aspect of cattle (Alberta beef), the economy, the nutritional value and the taste. The taste.

Meh.

Allow me to toll the cow bells. Goodnight Betsy.

She won't know what hit her.

terrible morning.

COMPILED BY **Zachary Popowich**

the burl

There are some things that I expect in this world: for the sun to rise, morning to be rough, and for A&W to serve breakfast until 11 a.m. So you can imagine my surprise when after patiently waiting in line, that they stopped serving breakfastat10:50a.m. one fateful,

Changing the time that breakfast is served isn't just an inconvenience for myself. It's something greater than that. It's a sign that HUB A&W is meddling with the primal forces of nature. And they must atone. When your franchise is built on the theme of '50s nostalgia then it might be wise to be lenient when it comes to serving one of the most American things of all, bacon and eggs with a strong cup of generic coffee. Denying a student their fix of deep-fried potato and dead pig may not be the greatest injustice ever done to a University of Alberta student, but it sure as hell merits being tossed into a burlap sack.

The Burlap Sack is a semi-regular feature where a person or group who needs to be put in a sack and beaten is ridiculed in print. No sack beatings are actually administered.

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SATURDAY Pandas • 5:00pm Golden Bears • 6:30pm



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Consent isn't as simple as the colour of your cup



Mltch Sorensen OPINION STAFF

This weekend, the Edmonton institution that is Knoxville's Tavern plans to host a "Stoplight Cup Party." The following is taken from the Facebook event page:

"When ordering your drinks, choose the colour of Solo cup that corresponds with your availability.

Green = Go Yellow = Maybe Red = Nah It's that simple."

No, it isn't. Holding a green cup shouldn't make us treat any fellow bar-goer like a lesser-than human being, there for us to hit on. Not only does it encourage general douchebaggery, it also contributes to rape culture. It minimizes the interaction between individuals which is

so important when it comes to gaining and maintaining consent, and gives excuses for sexual assault and harassment.

It would seem as though Edmonton bars are scraping the bottom of the morality barrel with their theme parties. From the vaguely misogynistic "Basic Bitch Night" at the Ranch to Knoxville's newest sorry excuse to go out and get blasted, bars are playing a skeezy game of one-upmanship. Even in a culture increasingly accepting of such slimy nightlife, this theme is where the line is unmistakably drawn for

The need for consent does not two-step itself away just because your drink is in a green cup instead of a red one. It's not too much to ask establishments that encourage binge drinking remain consentpositive, showing respect for their patrons while at the bar and some measure of concern for what happens after. The stoplight party is the opposite. It is the sweaty,

booze-addled, nameless, late-night hookup that reeks of Fireball and bad decisions, only distilled and served to you for a \$15 cover charge.

Alcohol throws a large wrench into a situation that's already difficult enough to navigate. Though it's possible to get consent when one or both parties are intoxicated, the presence of alcohol means the more subtle "nos" and other cues go unheeded. Effectively, what Knoxville's is doing is giving bargoers an excuse to disregard all this, a hall pass from consent, and that simply isn't okay. I shudder to think of someone justifying sexual assault with "but they had a green cup." People cannot be treated as "go or nah," and in no circumstances can an object stand for consent.

At the end of the day, the traffic light party gives people an excuse to forgo basic social decency in favour of a morally disgusting shortcut. Go out this weekend, have a bunch of drinks, get crazy, but please don't make it an excuse for not being a



decent human being.

Knoxville's, this is so far beyond not cool. You've created another way in which someone is "asking for it," which is never okay. Show you give

some fraction of a fuck about what happens to your clientèle. Put away your multicoloured solo cups and let people have a good time without making a serious problem worse.

the burlap

COMPILED BY Christina Varvis

This winter, although my bones are all still intact, I've reached my breaking point with my neighbours and their inability to shovel their sidewalks. Just last week, I was walking the three blocks home from my bus stop with some bags in tow, and even though I was treading along as carefully as I could, the inevitable happened. Slipping forwards, I fell on the right side of

FACULTY OF ARTS

my body, shoulder and hip crashing against the ice as shampoo and water bottles went flying ahead of me. It's hands down one of the worst falls I've had since my figure skating years. Even those ones don't seem as bad because this fall had me sitting on the ground for countless, agonizing minutes, trying to calm myself down.

Is it really that hard for people to keep their sidewalks safe? I mean, fine, shovelling can take a lot of time and some people just can't spare it, but sprinkling a handful of salt over the two metres or so stretch of a skating rink at your doorstep only takes a minute. I doubt any of my neighbours couldn't take 60 seconds to do that small task, especially when the temperatures were obviously dipping back down and freezing over all the lakes and ponds that had formed on every block and corner in my neighbourhood. Plus, it's not like I can avoid the sidewalks by trudging through the snow along the edge of their yards. Nope. If I take that route, then I just end up trying to dodge dog crap in the darkness, because of course, they don't take care of that either (and my street has limited lighting too). Ironically, one of

the two houses on my street that does have salt on its walk is owned by a guy who doesn't even live there (you the real MVP).

Maintenance of sidewalks during the winter is too easily ignored in residential areas, when they should be on the same par as those in commercial areas. In my neighbourhood, there's an elementary school, a college, families with children and elderly couples, and yet residents still don't realize that people could slip and fall and break half their body if we don't take care of our sidewalks. And if we want to become a true winter city in reality and not just on social media, safety should be top on the to-do list.

The Burlap Sack is a semi-regular feature where a person or group who needs to be put in a sack and beaten is ridiculed in print. No sack beatings are actually administered. This seems like an awfully negative section this week. Way too much complaining this time around. So let me take this time to say how much I love Rodeo Burger. It's hard to find a good burger on campus, but they make it worth the walk, and their food tastes really fucking good, you guys. Yeah!







Crazy conspiracy theories that must be communicated



Opinion Staff GROUP COMMENTARY

There's been an oddly large amount of talk coming from our American neighbours to the south lately about politicians and their belief or disbelief in the damage vaccinations can

Many will hear these complaints and brush them off as the crazy kind of nonsense they probably (or, you know, scientifically) are, but we here at *The Gateway* aren't so quick to toss away kooky conspiracy theories. In fact, after being prompted by this conversation on vaccinations, a few staff members decided to share their own conspiracy theories that aren't getting enough attention due to the liberal media brainwashing the masses to think like sheep.

Kevin Schenk

There's a lot of hubbub about the fluoridation of water. And while consumers have the right to be concerned about the supposed safeness of something they use everywhere, anti-fluoride experts are often labelled as crazy. They should be, because there's a much more vile chemical being added to our tap water: chlorine.

Chlorination of water is supposedly done to sanitize it, but isn't water the purest substance in the world? That's what we've been taught since Grade 3, at least. So it's obvious that this so-called disinfection is bogus.

Chlorinating water isn't cheap, so why do we do it? It's obvious if you think about it, or just skim Wikipedia like I did. Chlorine produces something called bromoform, which impairs functions of the nervous system. We can extrapolate from here to determine that bromoform is literally brainwashing us as we drink it. Who do you

think installs the pipes that deliver our water and set up the plants that "clean" it? That's right, the government. It's making us complacent as we just sit there, watching gifs on the internet play over and over, as we take yet another sip of chlorinated tap water. Meanwhile, the government passes new laws that infringe on our constitutional rights.

So while you sheeple keep drinking tap water and getting more and more brainwashed, I'll be taking fresh gulps of North Saskatchewan River water. I've been doing it for two weeks and already feel the positive effects; my colon has never been cleaner from all the diarrhea, and my body is exercising itself by making me projectile vomit every hour or so. If more people open their eyes to drinking water the way nature intended it, the state won't stand a chance.

Kieran Chrysler

You know that "President's Circle" that's being built in front of SAB? Yeah, its supposed to be honouring Henry Marshall Tory, the first president of the University and I guess the reason why the school got it's start. But you know what? It's totally just the U of A version of the pyramids of Giza. Yeah. It's an alien landing pad.

Think about it. The circle shape and the raised ridges would totally make a perfect spot for a mid-sized UFO to touch down. There's even a spot for the aliens to dismount underneath and run indoors to avoid Earth's inclement weather. Plus it's in the prime location to start taking over the university buildings one by one. Because where else would they take over in Edmonton. The River Valley? What would that accomplish?

Wake up, sheeple. Indira invited aliens to our front door.

Andrew Jeffrey

No one likes a good conspiracy

more than me. They make sad and real issues in life more fun to think about, essentially turning our lives into a game being played by the New World Order on one side and the Illumination the other.

But there's one supposed conspiracy that isn't given the respect it deserves for truly speaking honestly to all of us. I'm of course talking about the weather.

Don't know what I mean? Just think about it. Just the other week, the United States east coast was hit with a big enough blizzard to stop a number of flights and keep people trapped where they live. That doesn't make any sense. How often do you hear about a blizzard in New York?

At the same time, there was a mind-boggling heat wave in Edmonton, allowing Albertans to walk around in shorts and t-shirts, usually unheard of this time of the year

None of this adds up. The only explanation is that the weather is simply a form of control over the population to keep our minds occupied. Strange weather always dominates not just the news, but our own personal conversations.

This all sounds confusing, naturally. That's how "THEY" want you to feel. What would the government gain from surprising us with strange weather occurrences to keep us talking? I don't know, but that's the point. The distraction worked, and we're all still left in the dark.

Now just when this random Edmonton heatwave became old news, the usual snow and cold returned, dominating our social media feeds and polluting our conversations. Typical.

Global warming is a lie. It's just a distraction to stop scientists from researching what's really important. I hope we one day find out what that is.

Cam Lewis

Bush did 9/11.

Students' Union **ELECTIONS 2015**

RUN

Thinking of running for a position in student government? Students' Union Executive and Board of Governors Election Nomination Packages are available at 2-900 SUB and online at www.su.ualberta.ca/vote.

Nomination Deadline: February 12, 2015 @ 5:00pm



UNIVERSITY OF ALBERA UNION

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gateway ARTS AND CULTURE

VOLUNTEER MEETINGS AT 3-04 SUB AT 4PM ON WEDNESDAYS.

feature - 14

EYES on the ROAD: written by JAMES DAVISON

DISTRACTED DRIVING'S IMPACT On young ALBERTANS

infographic by JESSICA HONG

n March 15, 2013, Renaye Wade was driving with a friend when their car broke down — an event that would shape the rest of her life at the hands of a distracted driver.

The two sat in the car on the Yellowhead just past 156 Street for 20 minutes waiting for a tow truck to arrive. Renaye's vehicle was struck from behind by a driver distracted by a passing car and sent into the path of an oncoming semitrailer.

After paramedics removed her friend from the vehicle, a student medic noticed there was another body in the mangled wreck — Renaye's. First responders carved the car apart for 25 minutes to get her out alive.

The Wades suspect something else had the driver's attention, but according to the agreed statement of facts presented in court, it was a car in a neighbouring lane and a simple shoulder check that caused the collision. Andrew Keith Chapman pleaded guilty in Provincial Court to the maximum charges of distracted and careless driving, and was fined \$2,000 and six demerits this summer.

After 34 days in a coma, Renaye awoke in grave condition. She could manage a thumbs up, but nothing more.

"When she was coming out of a coma, she had to relearn everything," says Tammy Wade, Renaye's mother. "She gave four thumbs up (the first) day, and that exhausted her."

Suffering a cracked pelvis, broken vertebrae, multiple breaks in her jaw, and a diffuse axonal brain injury comparable to shaken baby

"The car is an extension of you. It's almost like an avatar, or a tool."

ANTHONY SINGHAL

syndrome, Renaye had gone from being an active, mobile 18-year-old, to a marred shadow of her former self. Unable to remember the two years leading up to the injury, as well as being unable to walk un-assisted, Renaye had a long and uncertain road ahead.

Two years later and after 15 months in hospital, Renaye has pursued her recovery with great vigor. Renaye participates in physiotherapy, massage and speech therapy throughout the week to correct her acquired disabilities as best they can, and she's showing promise.

Before the accident, Renaye had graduated high school and applied to MacEwan University with the hopes of pursuing a career in law. She was accepted to attend university while in a coma.

Instead of going to school, Renaye spends her days using simple kids' toys and task simulations, trying to regain control of her left arm, which is in permanent tension because of her brain injury. By using a variety of techniques with the help of electronic stimulation, she must repeat the motions we learn as infants to strengthen and repair her brain's severed connections.

Despite the many disadvantages she faces, with continued therapy, and at the rate her recovery has taken so far, the Wades are confident Renaye will be able to follow her dreams.

"She's a very determined young lady," says Tammy. "She still wants to be a lawyer, and I really have no doubt that she will."

As Renaye takes her recovery in stride, the Wades still think there should be harsher penalties for distracted driving.

"We think you should lose your license. If you can't follow the rules of the road, and obey the rules, why should you be able to continue to drive?" says Tammy.

University of Alberta cognitive neuroscientist Anthony Singhal studies the system of behaviours and patterns of thoughts in drivers when exposed to distractions. He suggests that although preventable injuries such as those caused by distracted driving are prevalent issues today, the outlook is positive when linked with public education and awareness.

"If people are aware that there is danger associated with this, then the vast majority of people will adhere," Singhal says. "When seatbelts came in, there were lots of people who just took a long time to start using seatbelts, and nowadays pretty much everybody would put on a seatbelt."

Singhal draws his conclusions about the importance of educating the public from the apparent success of Californian distracted driving legislation and awareness campaigns, citing aggressive enforcement as another key aspect.

"They do have very aggressive policing on it. It's not just a law in the books," Singhal says. "It's on the TV every day. It's on the radio."

While distraction is usually associated with cellphone use, a primary driving distraction, there is a host of other factors that lead to drivers' attention being compromised.

"There is some ambiguity too," Singhal says.
"Is eating a Big Mac distracting? And it is, but presumably having your coffee is not, and so there's a fine line, and I think people will engage

(in distractions), because they're not sure if they're supposed to do it or not."

One of Singhal's more profound findings is that when driving, people operate in a completely different way.

"The car is an extension of you. It's almost like an avatar, or a tool, and so there can be a sense of anonymity. There's a sort of barrier between you." Singhal says. "I think we get one sense of detachment from humanity as a result of that."

If education is critical to curbing the trend of distracted driving, whole public institutions have been devoted to just that: education.

The Alberta School of Public Health's Injury Prevention Centre is at the forefront of our province in disseminating knowledge and raising awareness on preventable injuries, namely those caused by distracted driving.

The Injury Prevention Centre (formerly the Alberta Centre for Injury Control and Research) collaborates with nation-wide initiative Community Against Preventable Injuries. Both promote a simple way to lead a safer life: having a quick word with yourself, really thinking critically for a moment before engaging in potentially dangerous behaviours.

"(Young drivers are) building habits around constantly staying in touch, and we know habits are hard to change."

POST-DOCTORAL FELLOW, SCHOOL OF PUBLIC HEALTH

"We just want to get people to think about what they're doing, and re-evaluate their behaviours. We're not telling them not to do it — it's their choice," says Kathy Belton, Associate Director of the Injury Prevention Centre. "We want everybody, Albertans, to live their lives to the fullest, but we want them to do that without having a disabling injury, so that they can do those things that in their daily lives that bring them joy and happiness."

The centre's "Preventable" campaign employs billboards, television commercials, and social media to spread the word in their efforts against preventable injuries. Despite the educational initiatives geared towards distracted driving, many drivers seem to continue with their dangerous behaviour.

"(Drivers) don't think that a collision or an injury will happen to them," Belton says. "Motor

vehicle collisions can be prevented, but yet we all take those little chances, because we don't think it's going to happen to us."

It's this persistent attitude of "it won't happen to me" that seems to produce these reoccurring preventable injuries. Continued distracted driving without consequence leads drivers to assume they are impervious, until, when the conditions are right, someone gets hurt.

The culmination of many psychological factors play into this risk-taking, from personality and age, to existing driving habits and experience. Younger generations are being raised in an immersive culture of rapid communication, and quickly filling the age group most at risk for vehicular injury or death, 20-24 years of age.

"(Young drivers are) building habits around constantly staying in touch, and we know habits are hard to change," says Cameron Wild, a post-doctoral fellow at the Alberta School of Public Health, who studies addictions and mental health. "They often don't take into account long-term consequences and are focused more on short-term thinking."

Dealing with the paperwork and legalities of the justice system, Tammy Wade never expected the requirements that would come with caring for her daughter. Early in the process of recovery, Tammy recalls a conversation with a healthcare professional with rather grim overtones.

"It'd be easier to deal with if she'd lost a leg or an arm," they said.

"No," was Tammy's response. "She's going to overcome this."

Today, it would seem that overcoming isn't such a stretch. Tammy and Renaye have received a huge amount of support from their community — not just from those in their hometown of Mundare, but from neighbours in surrounding towns as well.

This support has led the Wades to take Renaye's recovery a step further with aggressive advocacy that they hope will stiffen legislation surrounding distracted driving. Renaye speaks at community events and high schools to share her story and spread awareness. She has also prompted the creation of a petition that, with her MLA's support, would see the laws surrounding careless and distracted driving changed.

"They say things happen for a reason, I've heard that phrase so many times, I still don't like it," says Tammy. "However, we've decided that Renaye's reason is to change, to change things, to bring more awareness, and see how many people we can save."

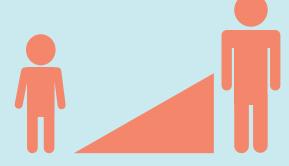
DRIVING SAFETY

by the MUMBERS

MOTOR-VEHICLE RELATED

INJURIES

MOTOR VEHICLE-RELATED DEATHS



WERE THE LEADING CAUSE OF INJURY DEATHS FOR ALBERTANS 20 TO 29 AND THOSE UNDER THE AGE OF 9

IN 2010



LEADING CAUSE OF INJURY-RELATED HOSPITAL ADMISSIONS



LEADING CAUSE OF ALL INJURY-RELATED DEATHS

ACCOUNTED FOR

18%

with

332

DEATHS

11%

OF INJURY DEATHS

with

3,337

OF INJURY HOSPITAL ADMISSIONS

ADMISSIONS

7%



29,213

OF INJURY EMERGENCY DEPT. VISITS

VISITS

MOTOR-VEHICLE RELATED

DEATHS

BY RESIDENCE ZONE

ALBERTA 2008-2010

HIGH & LOW

CALGARY ZONE HAD THE LOWEST RATE OF MOTOR VEHICLE-RELATED

INJURY DEATH AT

NORTH ZONE HAD
THE HIGHEST RATE OF
MOTOR VEHICLE-RELATED

DEATHS AT

MALES

ACCOUNTED FOR

75%

OF THE MOTOR VEHICLE-RELATED DEATHS

_ 67

OF THE HOSPITAL ADMISSIONS

59%

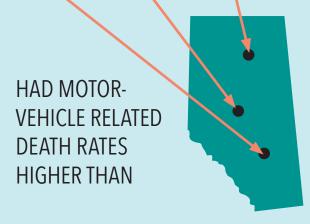
OF THE EMERGENCY DEPARTMENT VISITS

DEATHS PER 100,000 POPULATION

DEATHS PER 100,000 POPULATION

IN 2010

SOUTH, CENTRAL & NORTH ZONES



9.8
DEATHS PER
100,000
POPULATION

(THE PROVINCIAL RATE)

ON AVERAGE

EVERY DAY IN ALBERTA AS A RESULT OF A MOTOR VEHICLE-RELATED INJURY...

PERSON WILL DIE

9 iiiii

PEOPLE WILL BE ADMITTED TO THE HOSPITAL

80 **********

WILL VISIT THE EMERGENCY ROOM

IN 2010

OF ALL DRIVERS INVOLVED IN FATAL COLLISIONS

22%

CONSUMED ALCOHOL

PRIOR TO THE CRASH

OUT OF ALL AGE GROUPS

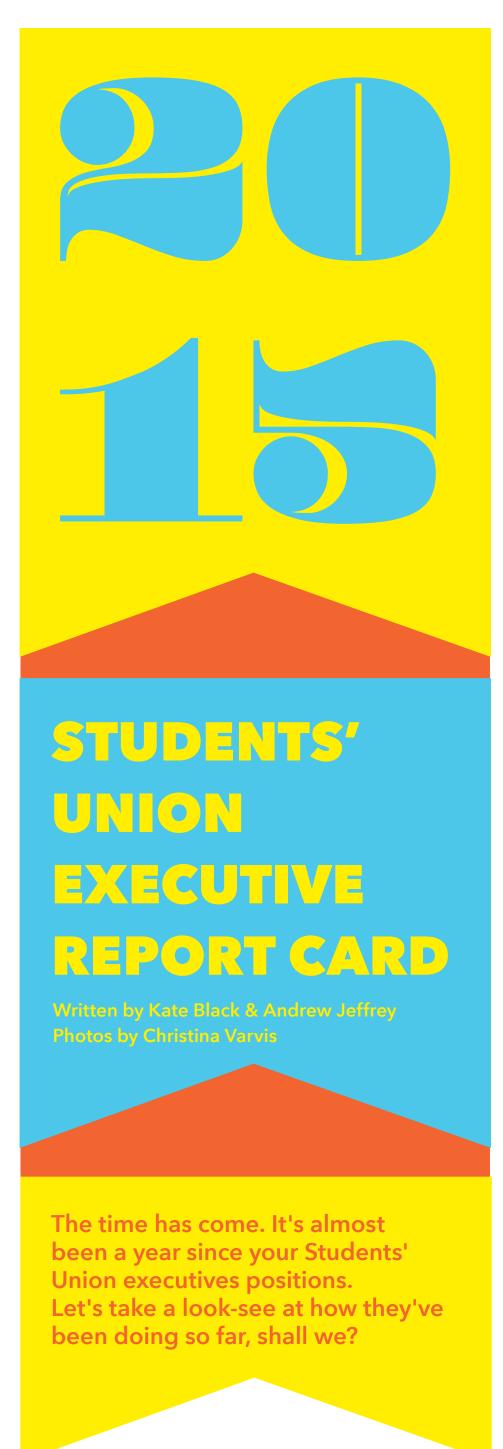
MALES AGED

18-24

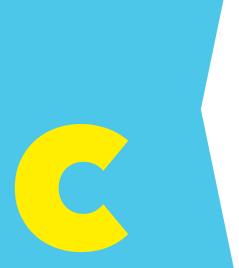
WERE MOST LIKELY
TO HAVE CONSUMED
ALCOHOL PRIOR
TO A COLLISION

Figures supplied by Transportation Alberta

PRESIDENT







here's no denying that William Lau seems like a nice guy.

He's incredibly encouraging of all students, willing to listen to students whether it's an in-person conversation or responding to a Facebook confession online. His work this year has largely centred around creating a respectful and compassionate approach to his work.

However, relative to what students should expect from their SU, Lau's work this year has been fairly lacklustre. It's not that Lau has particularly failed in any way, but moreso that his ambitions as President have been fairly limited and he's done little outside of what's expected of every President.

Lau ran on a campaign platform of vague promises to engage students, prioritize the student voice and maximize student representation. None of these were particularly specific, and a lack of promises has led to a lack of accountability in office. Lau hasn't failed on many promises this year, because he didn't promise much in the first place. As a result, he hasn't spent his time in office making very many truly tangible and real improvements to his representatives.

That's not to say Lau hasn't done anything at all, of course. The Peer Support Office is expanding to satellite campuses and the widened conversation about student mental health has been commendable. Sure, bring-

ing pianos on campus may be a silly, ineffectual way to help mental health at the U of A, but the fact that Lau made this issue a priority of his term is beneficial for a lot of students.

On top of that, Lau has reminded the university's Board of Governors about the importance of taking accessibility into account when discussing raising tuition, even for CPI increases. But the simple fact is that good intentions don't necessarily make a good leader. Real action does, little of which has been seen from Lau this year.

Possibly the biggest success of Lau's campaign has been his efforts to get more students involved in extra-curricular activities on campus. For one thing, Lau has helped lead the development of a handbook to guide groups on campus that seek student participation. For new students, the SU plans to send more information about everything you can do outside of class at the U of A when they receive their acceptance letters, which could lead to a more engaged campus one day, and even inspire a leader to take the role of SU President years from now. This mean that one day, a future SU President may take office thanks to Lau's initial work to encourage that student to get involved at the U of A.

Hopefully, that future President will achieve more in their year than Lau has done in his.





Sangram Hansra makes no bones about his position: being the Board of Governors' Undergraduate representative is all about relationships – and he's succeeded in that respect. It's questionable, however, whether these tactics benefit the student population that elected him.

Hansra has put in long hours to his unpaid position and knows how to talk to the board – after all, Hansra's self-described strategy on the board is to opt for "mutual-gains bargaining" for students instead of being adversarial to the other representatives. In his favour, Hansra takes credit for bringing Board of Governors Chair Doug Goss to speak to councillors and Minister of Innovation and Advanced Education Don Scott to speak with a group of "student leaders." Also in his favour, he says he's the first BoG rep to submit a regular BoG report to council.

But Hansra's opposition to the Students' Union's stance on market modifiers is problematic. While council is bound by bylaw to oppose tuition increases, Hansra has been supportive of the Law faculty's market modifier proposal. Although he may have evidence supporting that some students do indeed support market modifiers in their faculty, not having a united front on this year's biggest issue seems counterproductive. Undertaking the External and Academic portfolios by privately meeting with faculty associations and members and political non-members of the board (like Don Scott) potentially undermines the work and reputation of the executives.

Hansra knows how to play the game, but the ultimate question is whether his gameplay benefits students or not – the outcome won't truly be revealed until the Board of Governors votes through the government-approved market modifiers in March. But for the time being, it would've been more impressive to have see him put his friendly relationship with the board on the line to benefit his electorate.



External

It's not much of a stretch to say that Navneet Khinda is one of the most visible Vice-Presidents the Students' Union has had in

For the Vice-President External's portfolio, that kind of visibility has been a crucial part of Khinda's term. The 2014-15 school year has been a tumultuous one for the provincial government. Two Ministers of Education. the debate surrounding market modifiers and upheaval in the provincial Conservatives during the past year has made advocacy efforts more difficult than usual, but Khinda has very publicly found ways to ensure student voices are represented.

Unfortunately, it's unavoidable that Khinda's time in office will be remembered for the tuition hikes several departments underwent last fall due to market modifier increases. But it's largely thanks to Khinda's discussion about these increases in the media, her rally on the provincial legislature and her publicizing the opening of this topic in the first place, that has kept students informed. Relationships with the provincial government are rockier for the SU now, but Khinda sacrificed this for the sake of ensuring student interests were heard and

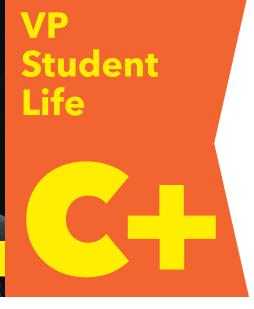
Besides that, Khinda has made strides to try

and engage campus more about politics on every level. The Get Out the Vote campaign for next year's provincial election will inform U of A students about election issues affecting them, why they should vote and how they can register. Khinda is also in talks with Elections Canada to bring polling stations to campus for the next federal election where every student will be able to vote regardless of their constituency.

The results of some other aspects of her position that Khinda campaigned on still remain to be seen. The new federal and provincial government budgets will indicate whether a worthy replacement for STEP (the old student summer employment program) will be put in place, and whether more support for student aid through upfront grants will be implemented.

Regardless of how those budgets turn out, some will inevitably hold the market modifier increases against Khinda as a negative, or even her involvement in Project Feminist U, which (while unrelated to her position) has been a positive cause for the SU to get behind. But, she has undeniably taken an impressive stance standing up for students, even if the government's decisions didn't always benefit students.





So far, Diaz has kept relatively quiet, focusing more on targeting systemic issues through advocacy rather than throwing flashy events like his predecessors.

One of Diaz' campaign promises included "diversifying campus events." This year, though, campus events have remained, well, un-diverse. Instead of planning big, new shindigs, Diaz has focused his efforts on providing sponsorship for externally planned events $such as the Long\,Night\,Against\,Procrastination,$ International Week and the Hide and Seek Club's upcoming attempt to break the world record. Considering the cost and lack of space for Break the Record, Diaz made a responsible choice in not backing the dodgeball attempt. However, it does leave quite a bit to be desired in the realms of events that bring campus together like dodgeball, ways that the hide-and-seek record attempt doesn't promise. And although he didn't campaign on it, he admittedly didn't start deliberating the plausibility of hosting Break the Record until November (in previous years, planning starts in the summer). While Diaz says Week of Welcome attendance was higher than usual this year and that the SU's movie and comedy nights are getting more popular, much of this

is attributable to the SU's Events & Venues

Residence Services has been Diaz's biggest effort this year, seeing him help rewrite student housing policy and support the Residence Halls Association as they change their constitution to operate similarly to the council of faculty associations. As well, he created a residence complaint form, so residents can direct issues to the Students Union.

Along with VP (Academic) Kathryn Orydzuk, Diaz founded a Student Group Services review committee. Over the next two months, Diaz anticipates three main outcomes of the committee: group constitution reviews happening every three years instead of every year, registration statuses of groups will be public, and will have created a new operating policy to streamline the requirements and procedures afforded by student groups.

Diaz has been a solid advocate for students and has created a sustainable foundation for his successors to build upon. However, his advocacy work, at this point, seems to only benefit niche groups, and is absent of any unique initiative that would make his term memorable.



Operations & Finance

After spending two years as a science council—on council and the SU's structural flaws. lor. Hodason's deep knowledge of the university and SU has allowed him to make effective structural changes to the organization.

Hodgson began his year by tackling advocacy work aimed at bettering the financial situations of students: negotiating distribution standards for the university's new undertaking of The Access Fund (a non-repayable financial assistance service) and proposing alternative fee structure systems for Mandatory Non-Instructional Fees and Common Student Space, Sustainability and Services fees - the results of which the SU is still waiting to hear

But he's also taken unusual, yet useful, initiative with his portfolio by uprooting what he sees as structural issues with the SU – and not just financially. While he's continuing his work on the Dedicated Fee Unit (DFU) Taskforce which he first sat on as a councillor, he's also currently piloting regulatory frameworks to streamline Faculty Associations' fee-reporting mechanisms. In a move uncharacteristic to his position, Hodgson struck the Governance Structure Review Taskforce task force in December, which aims to identify and report

Hodgson noted that since switching to table service and receiving an aesthetic "facelift" over the summer, Dewey's revenue has increased dramatically. He also noted RATT's new menu and weekly specials and Daily Grind's "phenomenal" client loyalty as successes for the SU's businesses. However, Dewey's and RATT's customer service is still lacking despite these changes, and he credits these listed gains mainly to the businesses' managers rather than his own initiative.

He does have plans to improve upon SU businesses through the Student Market Research Team (SMRT), which was started by former VP (OpsFi) Josh Le last year. He has re-vamped the committee from being a discussion-based group to play a more serviceable role to Dewey's, RATT and SUBmart's managers. The team is currently working on business-based questions to put into the SU's annual survey.

Hodgson is a self-described policy nerd and it shosw. He's made effective use of his time in his position by excavating under-the-surface issues in the organization.



Despite the VP (Academic) portfolio's dry and relatively unengaging nature compared to

SU executives, Kathryn Orydzuk has made some of the biggest strides in the SU this year to make real improvements to student life.

With university tuition continuing to rise, Orydzuk has found ways to support making university education more affordable for students. The Be Book Smart campaign has informed many new students this year how to save money on academic materials, while the SU's partnership with the Teaching and Learning Centre has resulted in a \$1,000 award for professors that adds incentive for finding innovative ways to save money on materials

Textbooks will also be easier to come by after the U of A's libraries are purchasing textbooks that will be free for students to borrow. Originally, Orydzuk had planned to create a textbook library in SUB, but upon learning of this initiative, the SU instead put money towards helping develop this cause. Making



textbooks more affordable is responding to a common complaint many students have.

Orydzuk's other main campaign point was implementing mandatory rubrics for projects worth 20 per cent or more of a course's overall grade. While she wasn't able to accomplish that this year, she got the ball rolling on this issue that will inevitably be picked up and completed by a future VP(Academic) down the line. She's also advocated for students' best interests academically, helping to introduce mid-term professor evaluations that will allow professors to receive feedback that could alter the way they teach a course. Her representation of all students has also led her to be a staunch critic of the newly developing leadership college, questioning whether it will be connected to already existing organizations and if it will benefit all students rather than a small minority.

The foundation Orydzuk has set to make students academic lives easier in the next few years is undeniable and deserving of a high

Arts & Culture

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Twitter @chryslerrr

Email 1 entertainment@gateway.ualberta.ca

Volunteer

Arts meetings every Wednesday at 4pm

social intercourse

COMPILED BY **Maggie Schmidt**

Beach Season

w/ Tropic Harbor, Creaks Wunderbar (8120 101 Street) Thursday, Feb. 5 at 8 p.m. \$8 at the door

Do you find yourself constantly longing for the lazy days of summer? Is midterm stress starting to bring you down? Have no fear, the chillest line-up of the school year is here to sweep you away into a dreamy state of mind. Unlike aggressive bass drops that rile you up, Calgary's Beach Season manipulates electronic music to channel peaceful melodies. You'll feel like you're in outer space. Local dreampop acts Creaks and Tropic Harbor are opening with their own soft electronic beats, so it's definitely going to be a night that keeps your body swaying and your mind in another dimension.

Lunar New Year Extravaganza

Ice Palace, West Edmonton Mall Saturday, Feb. 7 from 10 a.m. - 10p.m. \$2 at the Ice Palace

There aren't many holidays that you get to do-over multiple times of the year, but just in case you really regret your New Years' kiss, you can celebrate Chinese New Year at West Edmonton Mall. Unless you're working a 12-hour shift, you can stop by at just about any point in the day and experience the radical booths, dances, martial art demonstrations, Chinese drumming, choir singing and more. It's never a bad idea to broaden your horizons and learn about a new culture, so get your booty out to West Ed, and maybe get some errands done at Canada's biggest mall while you're at it.

A Shot In The Dark

Royal Alberta Museum (12845 102 Avenue) Monday, Feb. 9 at 8:00 p.m. \$5 with student ID at the door

The Edmonton Film Society is battling the winter blues with a series of classical comedies on Mondays at the Royal Alberta Museum, starting with the 1964 favorite A Shot In The Dark. In this popular sequel, the hero of the story Inspector Clouseau is convinced that a man is innocent for murder, although evidence is showing quite the opposite. This misunderstanding, of course, leads to a whole bunch of funny situations that you only find in quirky old comedies.

Interstellar

Myer Horowitz Theatre (SUB) Tuesday, Feb. 10 at 5:00 p.m. Free

Interstellar encompasses everything Christopher Nolan hopes to achieve: really cool concepts that probably have a lot of plot holes but are based on some form of science that's so far above anybody's head that it can't be argued against. So, get your mind blown and experience intense special effects! With stunning cinematography and a star-studded cast, it's a cinematic masterpiece that is sure to become sci-fi canon. Stop squinting at your biology notes and give your mind the workout that it deserves.



ALEXANDROS PAPAVASILIOU

Studio Theatre brings Mack the Knife to life

THEATRE **REVIEW**

The Threepenny Opera

WHEN February 5-14, 7:30 p.m., matinee

Thursday, February 12 at 12:30 p.m. (no show February 8)

WHERE Timms Centre for the Arts (87 Avenue and 112 Street)

WRITTEN BY Bertold Brecht

DIRECTED BY Brian Deedrick

STARRING Hunter Cardinal, Maxwell Theodore Lebeuf

HOW MUCH \$11 for students at the Timms

Centre Box Office

Charlotte Forss

ARTS & CULTURE WRITER

University of Alberta BFA actors playing actors in Weimar Germany playing beggars in mid-19th century England? The initial explanation of Studio Theatre's latest production *The Threepenny Opera* can sound a little complicated, but according to a couple of the actors involved, the complication is part of the show's power and part of the fun. And they promise to bring the sparkle and the spectacle alongside the deep thought.

The Threepenny Opera, which premiered in Berlin in 1928, is a piece of musical theatre written by Bertold Brecht, the famous playwright perhaps best known for helping popularize the idea of breaking the fourth wall and acknowledging the presence of the audience. Based on John Gay's ballad opera

The Beggar's Opera, The Threepenny Opera tells the story of a group of characters in the London underworld and their interactions with the charismatic and powerful murderer, Mack the Knife.

Looking back at the play's premiere just five years before Hitler's rise to power in Germany, it seems to say disturbingly prescient things about the power of personality. For Bobbi Goddard, playing the role of the bawdy matron Mrs. Peachum, this warning remains important to consider.

"One of the most exciting things about this process is the sheer amount of artistic involvement and dedication from people."

HUNTER CARDINAL

"(Mack the Knife) is crazy and he has tons of power, but ... we love him and in spite of ourselves want good things for him," she says. "I think that's an interesting comment on the people who are powerful and dangerous in our world and the things they get away with."

The Threepenny Opera deals in blurred lines between seeming opposites like good and bad, rich and poor, real and artificial. Just as the audience might know Mack the Knife is evil but sympathize with him nonetheless, Brecht's distinctive style draws attention to the artificiality of theatre but finds a space to make a real connection with the audience anyway. This style encourages spectacle and

over-the-top characters, which can provide a satisfying degree of freedom for the actors but also makes creating authentic emotion difficult.

Goddard describes the balancing act as a matter of trying to figure out "how do you wink at the audience and at the same time have real moments between your fellow actors?"

For her fellow actor Hunter Cardinal, who plays Mack the Knife, the key lies in trying to understand the philosophical "why" behind his role and the play itself.

"Being able to find out why it's relevant now, the reason why I, as an artist, as Hunter, am singing this song. Not because I'm told to so that, you know, I can get a degree. But finding that fire," he says.

If philosophical ideas aren't enough to drag you out to the theatre, the artistic fire and energy of the large cast, live orchestra and dramatic set would provide an incentive. It's unusual for the BFA class to stage a show involving all its actors, let alone a musical. The process has been an exciting experience for the cast.

"When you put 14 humans on stage, it looks spectacular," says Goddard. "And then you add an orchestra also on stage. So there is, like, humans and energy everywhere."

For Cardinal, the thrill of big ideas and visual spectacle only add to the deepest thrill of all: working with talented people.

"One of the most exciting things about this process is the sheer amount of artistic involvement and dedication from people," he says. "Everyone's so there to do this thing, whatever it is, and just that attitude, that energy is electrifying."





the brew crew

WRITTEN BY James Davison

Pivovar Litovel

Brewery: Pivovar Litovel (Litovel, Czech Republic)

Yo. In the immortalized words of American poet O'Shea Jackson, "You'd better Czech yourself, before you wreck yourself." Because wrecking yourself? That's exactly what you'll do with too much of this Czech Pilsner in your gut. If I've learned anything about pilsners throughout the years, it's that they make the best Flip Cup beers. They're not flavourless, watery sodas like Bud Light, they're not super-macho, aficionado-esque stouts like Guinness, they're right in between, perfect beers for drinking in excess.

Litovel is a typical Czech pilsner by all accounts. It has a clear, golden colour, a short head of white foam that bubbles away as quickly as it arrives, as well as



Available at: Sherbrooke Liquor Store (11819 St. Albert Trail)

a palatable hoppy flavour. A faint grassy smell wafts just above the glass after pouring, a slightly sweet odour, quite pleasant on the nostrils. The taste is a modest bitterness typical of pils, with a very mild afterbang of spice or tang. Overall, the taste of Eastern Europe is a winner in this brew.

Hailing from the nation that birthed the first pils, the Czech Republic, Litovel Premium hits the spot after eating a fat German brat and a cold potato salad. Easy on the eyes, soft on the nose and smooth on the tongue, this brew could make any man's day a little more refreshing and foreign. Serve chilled, and compliment it with a red solo cup and ping-pong ball.

finer things

WRITTEN BY Jon Zilinski

Katy Perry's Superbowl Halftime Show **Performance**

Katy Perry literally roared onto the field at the University of Phoenix stadium this past Sunday during the Superbowl XILX halftime show. The seasoned pop music veteran performed a slew of her singles from all corners of her discography, and killed it all while riding on a giant lion and dancing next to a confused

Starting with a sassy and

fiery performance of "I Kissed a Girl" featuring Lenny Kravitz on prerecorded guitar, and then soaring across the field on a shooting star during the grand finale of "Firework," Katy put on a spectacle that we've come to expect from the Superbowl halftime shows. With massive pyrotechnics and multiple costume changes, she didn't disappoint.

However, the biggest highlight easily went to the return of Missy Elliot, who danced onto the stage in her first appearance in years. The rap icon performed a melody of some of her biggest hits alongside Katy, randing from "Get Ur Freak On" to "Lose Control," and brought some

much needed grit and intensity to help maintain the show's momentum.

Even though the show was very PG in nature, inevitably there are already comments popping up online regarding the illuminati's presence in the performance. But really, isn'tthat how you know you absolutely killed your performance these days?

The Finer Things is a semiregular feature in which Gateway pop culture pundits point to a particularly relevant example of delightful cultural touchstones like dancing sharks who stay on the left and flail around confusedly.

streeters

COMPILED & PHOTOGRAPHED BY Rachel Lyons

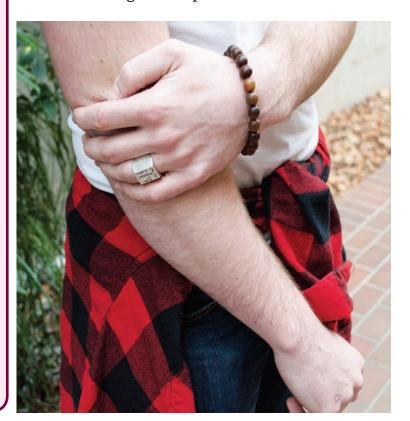


GATEWAY: Describe what you're wearing.

CUMMINGS: My rings are from Black Swan, my bracelet is from Chrome, my jeans are from Decadence, and my shirt is from Derks.

GATEWAY: Is there any celebrities who influence your

CUMMINGS: Probably James Dean, I really like how he was able to look good and put so little effort in.



Vino Bitches

Penascal Estate Tempranillo

Written by: Mikelie Johnston

I've been sick all week and my roommate has been taking care of me, so I decided to surprise her this weekend with a bottle of wine. I found Penescal Estate Tempranillo on the top shelf at the Liquor Depot, and since it was on sale for almost \$6 off, I grabbed the bottle of red to treat her for being so generous. But, upon opening it, I feel like she probably regrets not letting me die of pneumonia.

Penascal Estate's Tempranillo pours a deep rich oxblood red and smells like fruit punch cough syrup, which is good, considering I am currently nursing a chest cold. This was probably less than ideal for my fully healthy roommate, though.

On the first sip, it tastes almost as good as Buckley's. It has a mild synthetic fruit flavour that burns as soon as it passes the front of your tongue like cough syrup. The watery texture leaves a lot to be desired from both mouthfeel and on the palate.

My roommate made me pork chops for dinner to try and make me feel better since this wine was so bad. The little flavour it has completely vanished when mixed with food. It didn't even taste like anything with plain salad. If you're not drinking this wine on its own, don't bother.

Price:

\$13.50

Available at:

Liquor Depot



Campus Recreation Enhancement Fund





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Apply today to enhance your University of Alberta Recreation Experience!

www.recservices.ualberta.ca/Funding/CREF.aspx Applications open Friday, January 9 until Friday, February 13 at 4:00 PM.

Applications must be submitted in hard copy Recreation Services front desk; 2-662 in the Van Vliet Complex.







Don't worry, we didn't get to perform in the half-time show either.

We'll write about it instead.

gatewayARTS

Volunteer meetings every Wednesday at 4pm.



Young Drunk Punks

Former Kid in the Hall reminisces on new show

Michael Vecchio

ARTS & CULTURE STAFF

For Kids in the Hall member Bruce McCulloch, being part of the beloved comedy troupe is a far cry from his days as a teen in Alberta.

Before turning to comedy, McCulloch, who was born in Edmonton, held a variety of uninspiring jobs in Calgary and area while trying to find what he really wanted to achieve.

"I'd probably be doing home sidings in Millet (if my comedy career never took off)," he says.

This period of his life inspired McCulloch's new TV series, Young Drunk Punk, which he wrote, directed and adapted from his semiautobiographical stage show.

Airing Wednesday nights on CityTV, the show set in 1980s Calgary follows the exploits of Ian and his best friend Shinky as they attempt to discover themselves just after their high school graduation. With colourful supporting characters like Ian's moustached dad Lloyd (McCulloch), the series has an emotional resonancy for its creator.

"It's based on what it's like to be 18 years old and lost. We have two guys, who have a lot of questions about the world and how effed up society can be with no real plan to fix it and it's about them finding themselves and their families," McCulloch says.

He never aspired to perform while growing up, but once he discovered the joy of performing and writing, McCulloch never looked back.

After his own graduation from high school and enrolling at Mount Royal College in Calgary, McCulloch says he was lucky enough to find his forte in comedy. Meeting and collaborating with Mark McKinney (another future Kid in the Hall) at the Loose Moose Theatre Company in Calgary, the duo eventually moved to Toronto where they met another comedy team: Dave Foley and Kevin McDonald. Scott Thompson joined them shortly afterward, and The Kids in the Hall began airing their eponymous show on CBC television

From his roles as Cabbage Head (among many other characters) on the Kids in the Hall series to touring and performing on stage, Bruce McCulloch has had audiences laughing and entertained for more than 30 years. With Young Drunk Punk, he hopes to show young viewers that it's OK to not be sure of where you're going; sometimes not knowing can lead you to a path you would have never expected, which in McCulloch's case, was comedy.

"If you're 18 or 19 or 20, I think you really don't know where you fit in, in a different way. What are you going to do? Are you going to be on a reality show, in video games, a star on the Internet?" he says. "I think it's harder now to figure out where you can go, but I think the hunt never changes."



The Fortunate Ones The Bliss

Old Farm Pony Records fortunateones.ca

Sarah Lazin

With the impending doom of midterms and term papers, the temptation to bliss out and escape, even for just a moment or two, often becomes overwhelming. The Fortunate Ones attempt to provide such happiness with the folksymaritime sound of their debut album The Bliss, but average songwriting fails to differentiate the duo from the rest of the Canadian folk community.

The Bliss draws heavy influence from the general sphere of folk pop, and a Newfoundland sound shines through on occasion, specifically on "Without a Name." The duet uses a lot of harmonies, and while some songs feature the male vocalist, his female counterpart should have been given equal time to highlight her talent in solos.

The lyrics of *The Bliss* are cute, but not ground-breaking. The album's namesake song sings about making choices, while "Lay Me Down" tells of lost loves. The Fortunate Ones boast a distinctly Canadian folk sound: catchy vocals, moments of a capella harmonies, and just a touch of accordion-goodness. The instrumentals are perhaps more cohesive than the lyrics themselves, carrying "bliss out" vibes throughout the album. "Oaks and Willows" could be played at the end of a yoga class: hipster savasana, if you will.

As a debut album, The Bliss proves how versatile The Fortunate Ones are. This album is truly multifaceted: slow songs to study to, upbeat songs to dance to, songs to serenade your man-bun, plaid clad lover with on Valentine's Day. While The Fortunate Ones may not have revolutionary song writing, The Bliss has a lovely, folk sound for easy listening.



Doin' You: heart-shaped mani

Taylor Evans

ARTS & CULTURE STAFF - @EBABSSS

It's the second month of classes, and you probably already wish you had taken this semester off to mess around and maybe travel. Unfortunately for you, you were an eager beaver last week so the semester has already been paid for. Fortunately though, there are fun — yet kind of repetitive — tasks to do to kill your time instead of studying, like painting your nails! There is nothing quite like waiting around for an hour while your nails dry to avoid the readings your prof assigned premidterm crunch.

Why not couple your avoidance of school with some slight Valentine's Day prep and make your nails look like cute little hearts? Your nails will be adorable and it's girlie things like this that make you feel like Wonder Woman in your own right, because nail art can be really difficult — especially once you have to start painting with your non-dominant hand.

You'll need:

- Two different colours of nail

polish. One for the base, the second for your <3

- Clear top coat
- Scotch tape
- Nail file, or any other tool to manicure your nails to achieve your desired shape.

Step 1: Manicure your nails. This is the monotonous part, but if you're going to put in the effort for fancy nail art you have to start with a nice base. Wash your hands, moisturize and clean up your cuticles. Push them nail beds way back baby, it'll make the manicure look good in the end.

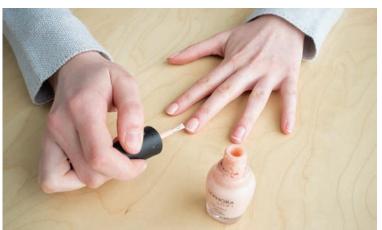
Step 2: Begin with your first colour. Once you're done however many coats you need to make the base opaque, you're going to want be your shape. It's the same method you used making paper snowflakes as a child.

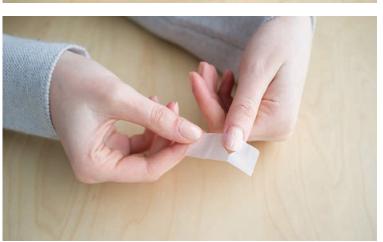
Step 4: Carefully place your stencil on you index finger with the point of the heart facing away from your palm. Make sure it's even so your nails will be as fabulous as you

Step 5: Lightly begin to paint within the stencil using your second colour. Be careful not to let the colour bleed outside of the stencil, or else the heart will look more like a blob than something romantic.

Step 6: While the paint is still wet, remove the stencil carefully. You can use the stencil on as many fingers as you want, or you could try a heart French tip by applying the stencil closer to your fingertips, nail entirely.









to let it more than adequately dry, or with the point of the heart off the else your base colour may peel after you remove the scotch tape. Take **Step 7:** Allow the heart to dry and the time to reflect on how beautiful apply a topcoat. With nail art, it's a your nails will be. good idea to apply multiple topcoats to fully seal your design, and to add **Step 3:** Create your stencil. Rip off a piece of scotch tape and fold it in shine. half. Not too tightly shut or else you Now you can enjoy a solid three to four days before your hours of hard won't be able to open it again. Cut half a heart in the crease, this will work begin to chip away! contexts. Apologetic and con-

WRITTEN BY Josh Greschner



The Oxford American **Dictionary &** Thesurus

COST \$18 PLATFORM iPhone, Android

The Oxford American Dictionary & Thesaurus app is the quintessential tool for ameliorating one's lexical capacity and mastering the sprawling anomaly known as the English language.

The app possesses all the attributes of a comprehensive dictionary. Definitions are concise but informative, the range of synonyms is extensive, and an IPA pronunciation guide is included with each word. The app also collects words one selects onto a list called "Favorites," allowing the immediate retrieval of definitions.

"Word Toolkit" and "Choose the Right Word" are the app's most useful features. "Word Toolkit "lists a number of wordsthat are appropriate in certain trite have similar meanings, but "Word Toolkit" states the former is more appropriate for nouns such as "response" and "gesture," while contrite better describes "heart" and "spirit."

"Choose the Right Word" delineates nuance in words whose definitions are often conflated and emphasizes subtle connotations. "Bold' suggests strong self-confidence, courage and even defiance, while "audacious" implies recklessness in taking risks.

One's quest to erudition is hindered by the lack of a speech tool that pronounces words, while word origin and original meaning are occasionally meager. But this app undoubtedly encourages locutionary deployment in speech and composition, obsequiousness with one's professor and magniloquence with one's peers. With this app, the previously unattainable realms of lexical esotericism shall no longer be forbidden.

Dat App is a semi-regular feature that helps student s find the best apps to make them feel smarter.

ALBUM REVIEW



The High Dials Into the AM Wilds

Fonatna North thehighdials.net

Alex Cook ARTS & CULTURE STAFF

After releasing their Desert Tribe EP earlier this year and Yestergraves EP more than a year ago, The High Dials have finally followed through with their fifth full-length album, Into the AM Wilds. This album maintains a calming and pensive theme, exuding the psychedelic style of The High Dials.

Into the AM Wilds gives a dreamy feel, exploring the different ups and downs of the subconscious attitude of The High Dials. Their music is consistently dependent upon a drum machine, synths, guitar and vocals. The entire album gives an otherworldly vibe - the track "Afterparty" especially gives this atmosphere. With a certain level of panic and uncertainty, this track presents an air of spontaneity and mysticism. Similar in that style is "Club Stairs," which uses

reverberated dissonant chords at a fast tempo to create a surprisingly quick pace for a generally reflective album. More in that spirit are songs earlier in the album, such as "Yestergraves" and "Impossible Things," which use repetitive dissonances in combination with a melody in a minor key, which help to set a more sobering mood.

Despite their similarity to several other bands in this "indie pop rock" genre, Into the AM Wilds somehow manage to rise above the rest with their music that is fast-paced and catchy, yet cool and collected. Their psychedelic twist makes their music infintely more interesting than the average rock. The High Dials might be well into their career, but they don't seem to be running out of ideas anytime soon.





Craig Martell finds Wunder in Edmonton relocation

Maggie Schmidt

ARTS & CULTURE STAFF

When Craig Martell first came to Edmonton, he had no idea how big of an impact he would have on the local arts community.

As the face of Wunderbar, a beloved comedian, and one of the talent-buyers at Starlite Room and Brixx, it's no wonder he's second only to the mayor for local hero in *Vue Weekly*'s annual "Best of Edmonton" awards. But it didn't all happen overnight.

Martell was born and raised in Cape Breton, Nova Scotia, where he first discovered his love of live music despite living in a town that he describes as "blatantly trying to hold back any artistic talent." Martell chose to stay and attend university in Cape Breton after graduating high school, where he deepened his love

for the arts scene.

"I was the entertainment editor for my school paper, and I hung out at the radio station a lot despite not working there. I met a lot of really cool people who I wanted to hang out with," recalls Martell.

Six months before graduating from university, Martell and his father had a discussion about what Craig would do with his degree in English with a History minor. Realizing that he didn't want to lose his love of literature by teaching it to a bunch of bored high schoolers, he dropped out and moved to Halifax.

"I moved in with a group of strangers, and it was incredible," says Martell. "I met all these new people, and I became more integrated in the Halifax music community."

For seven years, Martell worked at various call centres and as an

insurance salesman, which he looks back on as one of the most mentally exhausting times of his life. He wasn't able to break out of the rut of high-stress number crunching and weird office social dynamics until a good friend of his offered to pay three months-worth of rent for Martell to stay with him in Edmonton. He was not looking forward to it.

"We don't realize it, but everybody talks about Edmonton the way Edmonton talks about Regina," he adds. "It's just gross."

Because of the economic explosion of the oil boom, there were ample job openings. Martell quickly got a job serving at Lazia in City Centre Mall, and soon after switched to bartending at Sherlock Holmes. There, he and two of his coworkers, Levi Christensen and Chris Janke, decided to become business partners

and buy a bar together.

Wunderbar became a revolutionary venue in the city, focusing on creating a space that was safe from negativity and all things mainstream rather than cutting corners to make a profit. Artists were treated with a level of respect that, until then, was not the standard.

"We don't realize it, but everybody talks about Edmonton the way we talk about Regina."

CRAIG MARTELL OWNER, WUNDERBAR

However, Wunderbar hasn't experienced the draw of people and revenue that it expected, and the bar is now up for sale with an unknown

future.

"Everyone I know at Wunderbar is important to me, I'm forever reminded by everybody how special the place is," he says. "But 90 per cent of the population hasn't heard of it and doesn't care. And that's what's interesting. The average Joe doesn't know, that's why we've never made money."

No matter what happens to Edmonton's favorite hole-in-the-wall venue, Martell's mark has been left on the city. Bands get to experience fair treatment no matter where they go. It would be hard to find any craft beer at venues today if it weren't for Martell's decision to not sell shitty beer.

While Martell didn't find financial success at Wunderbar, he found a tight knit community where he could contribute to the arts community.



Metro Cinema at the Garneau 8712 109 Street, Edmonton, AB 780 425 9212 | metrocinema.org

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Student Admission Evenings \$9 Matinees \$6



Why Don't You Play In Hell? Japanese w/ subtitles

February 6 at 9:30 February 8 at 9:30 February 12 at 9:30

Japanese writer-director Hitoshi Matsumoto gets a kick out of tantalizing and torturing the viewer with his tale of a meek department store salesman whose contract for a year's worth of sexual masochism at the hands (or heels) of the wicked dominatrices of the Bondage gentlemen's club proves unbreakable — and painful to boot. Matsumoto tips the meta scale with intermittent scenes of censors screening a movie called *R100*, directed by a century-old man in a long white beard. Crowned with a score by Shuichi Sakamoto that shifts from gentle piano music to jazzy pop and '70s-style disco, and sound work that periodically breaks total silence with David Lynchian blasts of noise, the result is a wacky and surreal film that could become a cult fetish.

Also on screen this week:
Russian Ark
Labour film Night: Still the Enemy Within
& Pride - Free Admission!
The Room
Happy Feet - Reel Family Cinema
Force Majeure
See No Evil, Hear No Evil - Staff Pics

lohn Wick - Free for Students!



LeviathanEssential Russian Cinema Best Foreign Film Oscar Nominee! Russian w/ Subtitles

February 6 at 6:45 February 7 at 4:00 & 9:30 February 8 at 1:00 & 6:45 February 10 at 9:00 February 12 at 6:45

Leviathan is a compelling tragic drama of corruption and intimidation in contemporary Russia. It revolves around Kolia, a poor man who finds himself at the centre of a perfect storm of poisoned destiny. Through a quirk of fate, he has what others want: a beautiful wife, a handsome property. He is at the focus of Russia's most dangerous forces: smart lawyers, gangster-rich politicians, and arrogant priests. The title refers partly to Hobbes's Leviathan, the classic work about the implications of relinquishing some of your natural liberty to a central sovereign so society may be peaceful and orderly. But Leviathan also means the whale: one is seen brooding in the water — a grim analogue to Kolia and the myriad Russians he represents.



African History Month Launch Hosted by Minister Faust

February 7 at 7:00

To launch our month-long cinematic celebration of global African histories, Metro Cinema has invited Minister Faust, distinguished member of Edmonton's Kenyan-Canadian community to guest curate and host the opening screening. Minister Faust is an award-winning novelist and broadcaster. Listen to his podcast at mfgalaxy.org. Find his books, videos, and more at ministerfaust.com



A Dry White Season

A searing portrayal of the final days of settler dictatorship in South Africa before neoapartheid.







Top Five: Free activities to do in Edmonton in the winter

Sophie Pinkoski

ARTS & CULTURE STAFF

Edmonton may have an eclectic mix of free summertime events, yet the winter months lack the same draw. With nearly -30 degree weather, it's understandable that people are less likely to get out as much. But those who are keen on leaving the house face several barriers beyond dismal weather conditions in finding affordable fun around the city.

Due to the sheer size of the city, it's nearly impossible to get anywhere without driving or taking the bus: a necessary expense on its own. With inconsistent arrival times, rides that can often last as long as a half hour and a steadily increasing bus faire (daily passes currently sit at \$3.20), public transit is hardly an ideal mode of transportation around the city if you don't have

a car at your disposal. As for entertainment itself, museums such as the Art Gallery of Alberta and the Royal Alberta Museum cost \$11-12.50 for admission and other attractions including Fort Edmonton Park and the Muttart Conservatory are less accessible in terms of location.

The biggest problem is, students in particular are strapped for cash and often need something to blow off steam and keep their minds off the stress of studying. Yet the majority of free events and attractions advertised throughout the city seems to appeal almost exclusively to retired seniors and families with young children. Despite this, there are a few hidden gems to appeal to everyone:

1. The Lee Pavillion.

Right in the heart of the Citadel

theatre resides a little slice of greenery you would only ever find in the Muttart Conservatory. The difference is, while it takes \$12.25 worth of regular admission to get into the Muttart's pyramids to see the lush plant life, the Lee Pavillion is entirely free and open to the public. Grab a coffee from the Citadel's Second Cup with a friend for a quiet locale to catch up, or take the time to enjoy a good book in solitude.

2. Edmonton Public Library Film Series

The Stanley A. Milner library downtown hosts a number of free movie viewings every Wednesday and Friday. Expect themed movie nights every Friday at 6 p.m. (January was full of vibrant musicals), as well as independent, foreign and classic

films on Wednesdays at 6:30 p.m. February's indie films include Canadian political documentary, Danny (2005), and the Julianne Moore-led drama, Safe (1995), playing on February 4 and 11, respectively.

3. Winter Sports

For those eager to brave the chilly temperatures outside for a little exercise, public trails don't just stop with the River Valley. In fact, several of Edmonton's parks are free for public use for skiing, snow shoeing, hiking and skating. Emily Murphy and Hawrelak Park are both within walking distance or a quick drive from the university — a simple option for students.

4. Swing N' Skate

If you're suffering from festival

withdrawal, City Hall's Swing N' Skate may just tide you over until spring with live jazz music and skating on the square every Sunday afternoon throughout February. If skating isn't your thing, you can try a little something new with free dance lessons from the Sugar Swing Dance Club.

5. Edmonton Book Swap

Every six months, the literary fanatics of the city gather together to exchange their unwanted books for new reads. An unconventionally popular event, you have the chance to walk away with anything between classics, beach reads, and Marvel comics. Past swaps have been hosted by The Artery and the Edmonton Journal and are open to anyone with a passion for reading, or simply looking to clean out their bookshelves.

Nudes for body positivity

Maggie Schmidt

ARTS & CULTURE STAFF

When I agreed to pose for a friend's photography project sans clothes, my first thought was, "well, there goes my future." He had given me a few days to think about it, and for the most part it did occupy my mind.

It's a very hard choice to have to make. On one hand, naked pictures that make their way onto the Internet one way or another could mean losing a job, not being considered for a job, and public ridicule. On the other, why should I ever feel ashamed for having a human body just like anybody else?

If I hadn't seen Danish journalist Emma Holten's empowering response to having naked pictures of herself leaked onto the Internet, I might not have gone through with taking the pictures. She raises a wonderful and overlooked point that there is a big difference between pictures that you didn't wish for anyone to see and pictures that you choose to release in celebration of your own body. Her video can be found on The Guardian's website.

It was the first cold day after two weeks of spring temperatures, and I cursed under my breath on the walk to my friend's apartment about how I should have worn a bra. For about a half hour, we sat and talked about the weather, live music, politics, anything.

There's something that is oddly restrictive about taking off your clothes in front of somebody else.

We're taught from a very young age that parts of our body are "private," and that it's lewd to be naked in front of anybody who you aren't going to be intimate with. Whose choice was it to call nudity immoral?

Other than a mid-photoshoot nachos break, there was nothing particularly special about taking the pictures. After the initial shock of getting undressed, we spent the afternoon laughing and coming up with artistic concepts for pictures. It didn't really matter that I wasn't wearing clothes. I've never felt better about my body than when I felt like I wasn't hiding anything.

After we had finished taking pictures, we went through some of the shots and laughed over ones where I was making weird faces and checked for any that I wouldn't be okay with being shared. Not surprisingly, there wasn't a single one that I vetoed.

I'm not making any statement on naked pictures that are pornographic in nature, since sex seems to be something that a mass amount of people aren't comfortable talking about yet, but it's time to reassess how our culture looks at the naked human body. We shouldn't be ashamed of parts of our body anymore.

I've come to terms with the fact that I might face some level of public ridicule and that a future boss can choose to fire me for making an "inappropriate decision," but that doesn't bother me anymore. I'm comfortable with my body, and after taking the pictures I feel better than ever about who I am.

Shred emerging from the mountains

Fernie-based Shred Kelly carving through tours to make a name for themselves

MUSIC **PREVIEW**

Shred Kelly

WHERE Wednesday, Feb. 4 at 9 p.m.

WHERE The Buckingham (10439 82

Avenue)

HOW MUCH Free at the door

Holly Detilleux

ARTS & CULTURE STAFF

Shred Kelly proves it takes a village to raise a band. After getting their start in Fernie, a ski town nestled in the south eastern mountains of British Columbia, the band is an undeniable product of their small-town environment.

"There's a lot of largespirited people who move to the mountains. They are all really vibrant and full of a lot of life and that is the inspiration behind a lot of our music."

SAGE MCBRID

Their ski-hill identity is exemplified by their name, directly drawn from their close-knit community. They christened themselves Shred Kelly after seeing their friend dressed up as a snowboarding version of

Australian historical figure Ned Kelly, a rebellious Robin Hood-like figure, at a Halloween show.

Having originally moved to the region from Ontario for the purpose of skiing and snowboarding, they found common ground in a love for music.

"We discovered at a town night that we all had music in common and that we were all playing with different groups," Sage McBride, Shred Kelly's vocalist says. "We just started playing music together and then formed into a band. We never knew we were actually going to be a touring band or that this would eventually turn into a career."

The support of their community has been crucial and is most evident in the creation of their new music video for title track "Sing to the Night." It was made with the aid of a local filmmaker, a circus performance group, the town's ski resort and helpful Fernie citizens. The local ski hill Fernie Alpine Resort even lent a hand, closing off a section of the mountain for the band to use as a set for the video.

Having a home town crowd that believes in this band's potential is an invaluable resource that allowed this band to transition away from being a jam band and to take their career on the road.

"(Local support is) definitely the reason why we were given the wings to get so far," says McBride. "So we were like 'Fernie likes us, maybe we can take this music elsewhere and other people might enjoy it too."

With the Jan. 27th release of their new album *Sing to the Night* and the beginning of their two-month, cross-Canada tour, Shred Kelly has come a long way. This record is their third full-length album and is a milestone in the creative growth of the band, marking their jump into new forms of musical experimentation.

"A lot of inspiration was (from) our past. We were more personal on this album. We lyrically tapped into places that we didn't really go before," Mcbride says. "There's definitely more influences from the '70s and '80s. We experiment more with retro synthesizers, so there's more of a vintage sound."

Their genre, "stoke-folk," was coined by a friend of the band and is a perfect descriptor for their brand of high-energy folk rock.

"It's folk music that gets you really stoked," says vocalist and keyboardist Sage Mcbride. "It will be a sweaty dance party that's just really uplifting. Wherever anyone is in a cold Canadian winter, it'll be something that'll warm the dance floors and your spirit."

While embarking on their national tour, Shred Kelly has strong ties to their mountain home of Fernie, and will continue to tap into the stories the small town to influence their music.

"There's a lot of largespirted people move who to the mountains," Mcbride says. "They are all really vibrant and full of a lot of life and that is the inspiration behind a lot of our music."

Sports

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Golden Bears and Pandas hoop squads dominate Bobcats

Cameron Lewis

SPORTS EDITOR - @COOOM

After hitting a bump in the road, the Pandas basketball team appears to have gotten themselves back on track with back-to-back dominant wins over the Brandon Bobcats.

The Pandas suffered their first weekend sweep of the season a couple weeks ago, when they came home empty handed after traveling to Regina to take on the Cougars. The losses knocked the Pandas out of first place in the Pioneer Division, meaning they had to win their final five games of the season in order to have a chance of finishing back at the top of the standings.

Head coach Scott Edwards said the series against Brandon last weekend gave his team an excellent opportunity to get from the charity line. The Panthemselves back on track. das also dominated in the pain,

"I thought that our athletes and our team performed really well last weekend," he said. "We had a really good week of practice, we battled hard and competed, and it got us into a really good frame of mind which allowed us to have a really nice weekend of games.

"We executed the way we wanted to offensively. Obviously we scored a lot of points, but more importantly I think we got back to our fundamentals on defence."

Scoring a lot of points was certainly an understatement. The Pandas exploded for 174 points over the weekend and also managed to keep the Bobcats to just 104. On Friday, the Pandas opened up the weekend with an 83-47 win in which they shot 55.8 per cent from the floor and 79.2 per cent

from the charity line. The Pandas also dominated in the pain, out rebounding the Bobcats by a whopping 48-25. It was more of the same on Saturday, when the Pandas sent the Bobcats packing after a 91-57 victory.

With the wins, the Pandas' record improved to 13-4, good for third in the Pioneer Division with three games remaining. The Saskatchewan Huskies and UBC Thunderbirds are tied for first in the division with 13-3 records, while the Regina Cougars are hot on the Pandas' tail with a 12-4 record.

Although they're right in the thick of things, Edwards said he thinks his team's chances of finishing first are fairly slim.

"It was in our hands leading up to that Regina series and now we have to rely on other teams to help us out a little bit," he said. "We just want to win as many games as we can to give us the best position possible."

The Pandas' final three games of the season will come against the Calgary Dinos and Lethbridge Pronghorns, two teams who are well below them in the standings. While they haven't faced the Pronghorns yet this season, the Pandas dominated the Dinos in their lone match-up back on Dec. 5, earning a 65-33 victory. The 33 points scored by Calgary was by far the team's lowest of the season.

The Pandas' lone game this week will be played at the University of Calgary on Thursday, Feb. 5.

While it's unusual to play on a Thursday, Edwards said he doesn't think it'll affect his team's play or preparation.

"I think it's a little different, but we did it once in the first term where they came up here and played us on a Friday night," he said. "I don't think it'll be too big of a deal since we'll have our full week of practice like we always do and we have some rest since we weren't traveling on Sunday.

"We should be rested and ready to go on Monday for three solid days of practice, then we'll head down to Calgary on Thursday."

The Bears basketball team will also head to Calgary on Thursday for a one and done with the Dinos. After a difficult first half that saw them head into Christmas with a 4-5 record, the Bears have gone 7-1 in the second half, moving them up to fourth in the Pioneer Division.



 $\label{eq:panda-pile} \textbf{PANDA-PILE} \ \ \text{The Pandas won back-to-back games over the Bobcats last weekend.}$

KEVIN SCHENK

Athletes of the week



Bears

Guard – Joel Friesen

The fifth-year Phys Ed student exploded Saturday night for a career-high 24 points in a 91-57 victory over the Brandon Bobcats. In tandem with her 11 point, off-the-bench performance on Friday, the 6'0" forward was a big contributor in back-to-back home victories against the Bobcats. – Mitch Sorensen

Pandas

Forward – Kendra Asleson

The 6'5" fifth-year guard was an offensive force for the hoop Bears against the Brandon Bobcats on the weekend. With 20 points on Friday and another 28 on Saturday, Friesen helped cement the squad's two wins against the Bobcats, helping them climb the Canada West standings. – Mitch Sorensen



NIKKO MIGUEL ARANAS

Varsity Sports Roundup

bears volleyball





The Brandon Bobcats bested the volley Bears with authority on Friday night, finishing their opponents with a 3-0 victory. Sophomore outside Sam Tuivai gave the Bears fits all night, with an impressive 0.480 kill percentage. Though the Bears lost their sets by 11 cumulative points, the Bobcats finished when they needed to, scoring point after strong point to finish sets. Saturday saw a completely different match, with

wild changes in momentum seeing the Golden Bears lose the first set 15-25 and win the next 25-12. With 23 kills from Ryley Barnes and multiple serve runs, the Bears were able to assert their will and grind out a 3-2 victory in the match. The Bears' final regular season home games will take place at the Saville Centre next weekend, when they will host the Mount Royal Cougars in a two-game series. — Mitch Sorensen

bears hockey





The Goldean Bears hockey team wrapped up their season last weekend with back-to-back wins against the Saskatchewan Huskies. With the wins, the Bears finish the season with a 24-3-1 record, good for a first place finish in Canada West by nine points. As a result, the Bears will have home ice advantage throughout their entire playoff run. The

Bears opened up the weekend with a 2-1 overtime victory, led by Kurtis Mucha's 21-save performance. On Saturday, the Bears finished the Huskies off with a 4-2 victory. The Bears will have a lot of time to rest before Canada West playoffs start. Playoffs begin on Feb. 20 and the Bears get a first round bye as a result of finishing first in the conference. — Cam Lewis

pandas volleyball







After losing a 3-2 heartbreaker on Friday night, the Pandas stormed back on Saturday, pulling out a straight-sets win with immense authority. The Pandas faced a tough opponent in the Brandon Bobcats, who pounced on every opportunity that came their way. In a back-and-forth first match, the Bobcats used their strong serving and veteran blockers to their advantage, going on several runs at key points in the match. Saturday night

was a different story, with the Pandas looking like themselves again. They imposed their will everywhere on the court and, led by Dione Lang's 13 kills, the Pandas closed out the Bobcats in a decisive win. The Pandas will look to close out their season with wins over the Mount Royal Cougars on Friday and Saturday in what will be Lang's last regular season home games as a Panda. - Mitch

pandas hockey





After a commanding 4-1 win on As a result, the Pandas are completely Friday to start their weekend against the Saskatchewan Huskies, the Pandas suffered a tough 2-1 double overtime loss that saw their eight-game winning streak come to an end. Since the loss was in overtime, the Pandas are still one point ahead of the Manitoba Bisons for top spot in the Canada West standings.

in control of their own destiny — if they win their four remaining games, they'll finish in first place and have home ice advantage throughout the playoffs. The Pandas will begin their quest for top spot when they play a home-and-home series this weekend with their provincial rivals, the Calgary Dinos. — Cam Lewis

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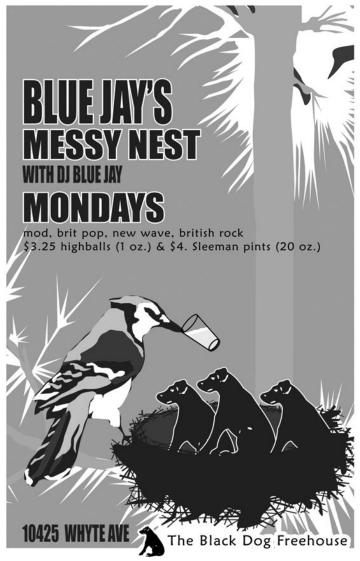
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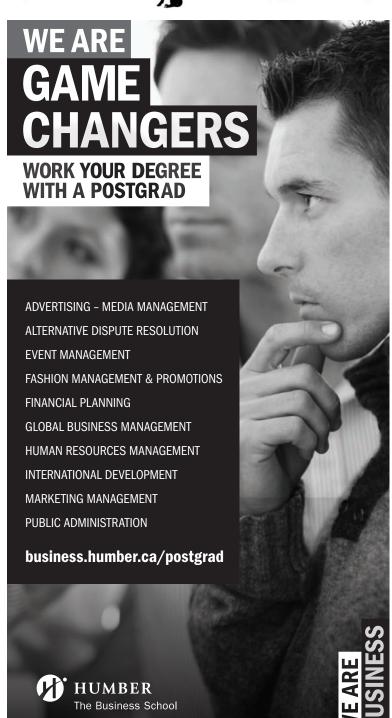
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Cameron Lewis

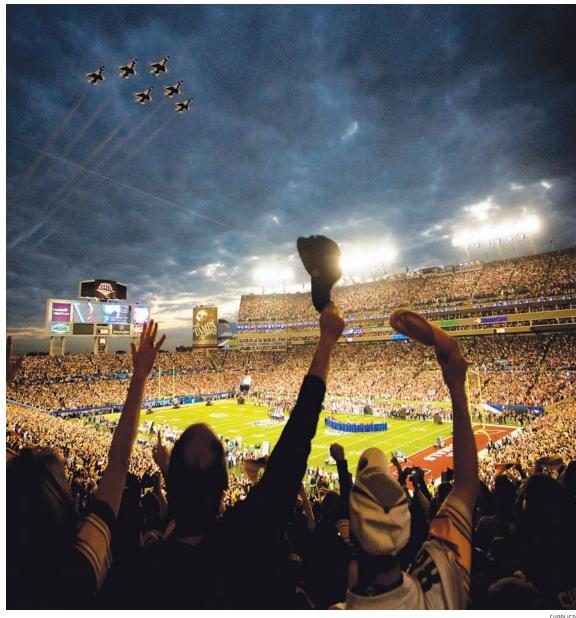
SPORTS EDITOR ■ @COOOM

- 5. The shark on the left: Say what you want about Katy Perry and this year's half-time show, but the shark on the left was incredible. It was fun watching Katy Perry float around the stadium on a "The More You Know" style rocket ship, and it was really cool seeing her bring to life the fighting polygon team from the original Super Smash Bros. game, but nothing topped the unbelievable swagger of the shark on the left. As the shark on the right did the robot in unison with planned choreography, the one on the left decided screw it, I'm doing my own thing, and proceeded to just randomly flail his arms around like it was nobody's business.
- 4. Tom Brady is G.O.A.T: If there was an argument to be made before Sunday's game, there isn't anymore. Tom Brady is the greatest quarterback in NFL history. With the win, Brady earned his fourth Super Bowl and his third Super Bowl Most Valuable Player Award, tying the legendary Joe Montana for most all-time.
- 3. Two guys who worked at Popeyes and Foot Locker: While they may not be household names like Russell Wilson and Tom Brady, cornerback Malcolm Butler and wide receiver Chris Matthews were two of the brightest stars

in the Super Bowl, showing the power of perseverance. Butler was kicked off his college team as a freshman, and took a job at Popeyes before working his way back on to the team. Butler wasn't drafted, but ended up cracking the Patriots' roster after being brought to the team's mini-camp. Up by four with Seattle on New England's one-yard line, Butler intercepted Russell Wilson's pass, icing the championship for the Patriots. Chris Matthews, on the other hand, was working at Foot Locker when he received an invitation to Seahawks camp. Since he was scheduled to work, he was going to decline until his agent talked him into going. Matthews ended up making the Seahawks' practice squad before picking up one touchdown and 109 yards in the Super Bowl. Had the Seahawks won the game, Matthews likely would have won MVP. Both of these guys were nearly out of the game a couple years ago, but persevered and enshrined themselves as NFL legends with two amazing individual performances in the biggest game of their careers.

2. "The catch": Sorry David Tyree, your catch was great and all, but Jermaine Kearse own the trademark to "the catch" now. Back in 2008, the Patriots were about to defeat the New York Giants to win the Super Bowl and complete the second perfect season in NFL history. With just over a minute to go, Giants' quarterback Eli Manning lobbed the ball down the field to David Tyree who squeezed the ball against his helmet and kept his team's Super Bowl dreams alive. Flash forward seven years and the same thing almost happened. A little over a minute to go, Seahawks down to the Patriots, Russell Wilson lobs it down field and Kearse makes a circus catch to keep his team's dream alive. Fortunately for Patriots fans, history didn't repeat itself as Malcolm Butler made the most clutch play of all time.

1. The worst Super Bowl decision ever/most clutch interception ever: You're down by four points, with three downs to burn, and a touchdown will win you the Super Bowl. You have arguably the best running back in the league on your bench. You just need to punch it in. You make a throwing play? Seahawks coach Pete Carroll opted to have Russell Wilson make a pass into the end zone rather than using Lynch to just force the ball in. The result? A legendary interception for Patriots' cornerback Malcolm Butler and a Super Bowl victory for Tom Brady and the Patriots. This is remembered as the worst call in Super Bowl history and the most clutch play in Super Bowl history, depending which side you're on.



The NHL announces details for the 2016 World Cup

This is just a goofy gimmick, not a real international event The World Cup will be a true best-on-best tournament



best tournament.

Christian Pagnani

The World Cup of Hockey is supposed to be a two-week tournament featuring the world's best hockey talent. But the addition of two teams - the Under-23 and European All-Stars teams — make the tournament seem

more like a novelty than a legitimate best on

The World Cup leaves certain players in a very awkward situation as they steer away from the eight best national teams format to a six national teams and two all-star teams format, as players obviously didn't grow up dreaming to play on the world stage for some miscellaneous leftovers team. The tournament also poses the problem that players like Connor McDavid or Jack Eichel will likely be good enough to make their national team, but won't be able to as the Under-23 team has first dibs on all players within that age bracket. Those players would make the nation team if it were a true best of tournament, so these national teams won't actually be true

national teams.

The European All-Star team makes sense for the sake of competitiveness, but is almost offensive as it lumps together players from Slovakia, Switzerland, Germany, Slovenia, Norway, Denmark, and Latvia into one 'Leftover European' team. I mean, Switzerland was good enough to beat Canada in the 2006 Olympics, so why aren't they good The World Cup of Hockey has all the makenough for the World Cup? Also, if they win, which anthem will they play at the podium?

The tournament will begin Sept. 17, 2016 and can run up until Oct. 1, leaving it dangerously close to the expected Oct. 12 NHL season opener. It would be catastrophic for a team to start the season without its top players if any injury were to occur. New York Islanders' general manager Garth Snow was furious when John Tavares was injured playing for Canada at the 2014 Olympics, and that was only when they were on their way to a bottom-five draft

The World Cup of Hockey is a nice idea in theory, but just adds more unnecessary wear and tear on the bodies of top NHL players, something already present in a grueling 82-game season. NHL teams need to preserve their players for the trophy that really matters, the Stanley Cup, making the World Cup of Hockey a flawed idea.



Mike Simion COUNTERPOINT

ings to be a great tournament. Time will tell if the tournament will garner the prestige and level of excitement necessary for players and fans to become truly invested in its results, but the proper foundation is in place for the tournament to breed the same kind of fervor that Canadians felt after winning the 2010 and 2014 Olympics.

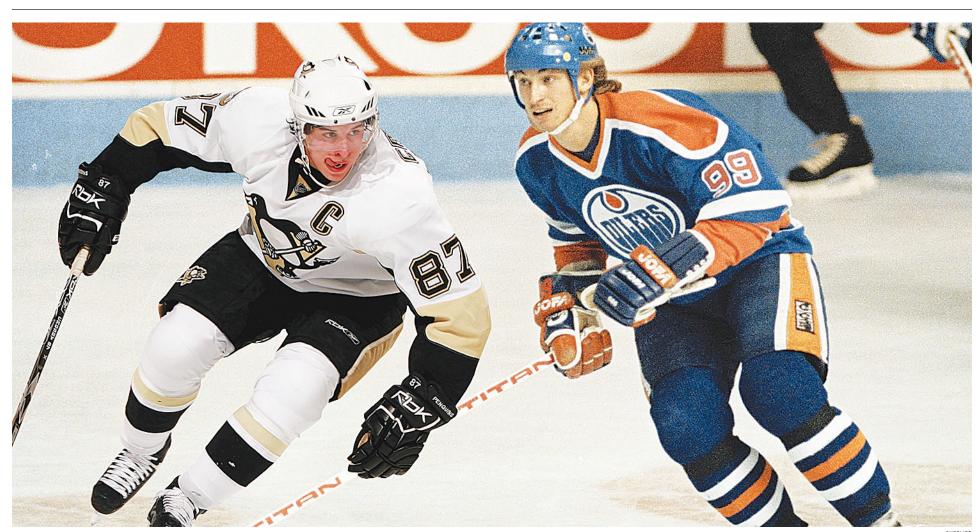
The World Cup is designed to finally bring a serious level of competition to the international stage. To anyone who watched the past Olympics, it was clear that Canada was leagues better than most, if not all, of its competition, and for good reason. There is no country in the world that plays hockey to the extent that Canada does. The closest is Finland, a country of five million people. The decision to add two new teams — one a North American All-Star team comprised of the league's younger players and another made up of players from Europe's smaller

hockey nations — brings a greater level of parity to the competition, something fans and players should be clamoring for.

Some of the World Cup's detractors have criticized the makeup of these teams as being silly, and even offensive to the players from nations who are being lumped together. These premature critics have to realize that the decision to add new teams is not a form of forced cultural assimilation like many are treating it, but rather a method of bringing international competitiveness to a sport that lacks a certain degree of international participation.

Others have taken to denouncing the tournament for placing unnecessary strain on players' bodies in what is already a long and demanding season. It's true that the World Cup could potentially be physically taxing on players, but it's unlikely that either players or fans would be deterred from a tournament that presents the opportunity for the highest quality international competition the sport has to offer.

The goal of the World Cup should be to deliver the best possible matches with the best possible players that hockey can provide, and the 2016 World Cup of Hockey is positioned to do exactly that.



They should also include these All-Star teams in the World Cup



Sports Staff GROUP COMMENTARY

If they're going let all of these random all-star teams participate in the World Cup, they might as well let everybody in.

Christian Pagnani

The Under 5'10" team and Over 6'5" team: Since the National Hockey League is trying to push a "Young Stars" team and a "Lump the Rest of Europe Together" team for the World Cup of Hockey, why not throw all the 5'10" and under players together and give them a shot? They're all likely to be overlooked for their

respective teams anyways, and would instantly become fanfavourites for the tournament. The talent left behind due to their size would easily have a chip on their shoulders that would make them extremely competitive, giving almost everyone a hard time not to cheer them on. Watching the short stars attempt to thwart Canada or Finland with their speed and dangles would be admirable, and has the makings of a future ESPN 30 for 30 episode. You could even build a potentialrivalry with a 6'5" and over team, with each team sporting its own Tyler captain, with 5'6" Tyler Ennis and 6'7" Tyler Myers going head-to-head. The height disparity alone would make the game highly entertaining and will provoke emotional debates between fans on just how valuable size is in hockey.

Cam Lewis

The NHL All-Star teams from 10, 20 and 30 years earlier: Okay, so this so-called World Cup of Hockey clearly isn't actually a World Cup at all. It's more of a quagmire of All-Star teams, because like half of the teams involved don't even represent a specific country. The U-23 All-Star squad, the leftover Euro All-Star squad, this sounds nothing like an international tournament to me. They should add some nostalgia to this thing and feature NHL All-Star teams from 10, 20, or fuck it, even 30 years prior in the tournament. So the tournament is being held in 2016? Okay, let's see the 2006, 1996 and 1986 NHL All-Star teams. This would also be really good from a hockey historian's perspective. It's really tough to say whether Sidney Crosby is anywhere near

the level Wayne Gretzky was when he played, but if you put the two of them on a level playing field like this, we can finally determine which player is superior. Imagine that. Ovechkin, Gretzky, Lemieux, Crosby. All of them on the same ice surface together. I could certainly see a really cool rivalry between the 1986 NHL All-Star team and the U-23 All-Star team becoming one to remember. Besides, I'm sure some of those washed up, retired players are dying to get back in the spotlight, so give them a chance!

Zach Borutski

The team from the second Mighty Ducks movie: I'd love to see Greg Goldberg and his comedic relief and poor goal tending on the world hockey stage once again - that's why the Mighty Ducks should be allowed to participate

in the 2016 World Cup of Hockey. Specifically, it should be the Mighty Ducks team from D2: The Mighty Ducks. Could the best goalies from around the world actually stop Russ Tyler's knuckle-puck? How would other teams respond to the "Bash Brothers?" I'd love for any and all of these questions to be answered. Personally, I'd think they would be able to hold their own. They have heart, skill, and most importantly, Coach Gordon Bombay, who would totally be coaching in the NHL if he wasn't busy being the best lawyer and male role model in the State of Minnesota. But the main reason why the Mighty Ducks should be in the new World Cup of Hockey is Charlie Conway. He gave up his roster spot for the injured Adam Banks in the final game of the Goodwill Junior Games against Iceland — he needs a shot at redemption.

A guide on where to hide in Van Vliet for Seek the Record

Adam Pinkoski

SPORTS STAFF - @APINKS101

1. Blend in with your surroundings, or, for lack of a better term, camouflage yourself: The seeker is taking in so much information at any given time that it's common for them to overlooktheoddhider. Sometimes this is as simple as pulling up a newspaper and reading it in a crowd, or wearing blue and sitting next to a recycling bin. As odd as it sounds, sometimes the most

difficult things to find are things sitting right in front of you — like when you can't find your phone, because it's in your pocket. If you can blend in with the things around you, you'll be incredibly difficult to find.

2. Scout out the area beforehand: The best hiders know where to go so no time is wasted while the seeker is counting. Plan your route before the game and scout out a few potential hiding spots so you can get not only a good spot, but you also have time to make yourself comfortable — if you did a good job, you're going to be sitting there for a while. The last thing you want is to rush into a hiding spot and find yourself in a confined squatting position for a prolonged period of time.

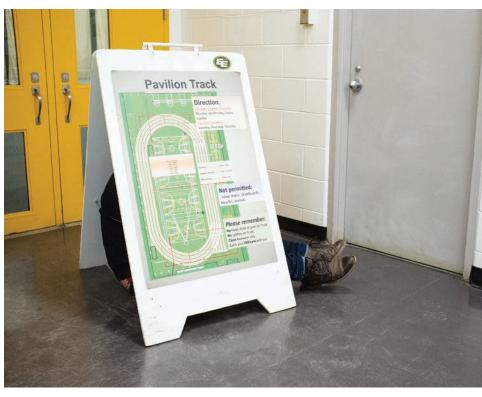
3. Stay Low: The more you can avoid being at the seeker's eye level, the more likely you are to succeed. Seekers try to cover as much visual area as possible and often overlook the ground. Don't be afraid to get a little dusty and dirty. It'll be well worth it.

4. Peep and creep: Corners are a hider's natural enemy because no one knows what's on the other side. When going around corners, take a peek before committing to moving. You don't want to commit to moving and move right into an unsuspecting seeker. Suss out the situation and your environment beforehand, move stealthily through the area and make your way past corners carefully.

5. Think outside the box (or in): We'll leave this one open to interpretation, but recycling bins

are surprisingly clean and comfortable (just not for hiding any longer than five minutes).

6. Keep moving: Statistically speaking, you're more likely to be found if you stay sedentary for the length of the game. Keep moving, especially if you're able to double back to the area where the seeker started. The seeker rarely ever checks the place they started counting, so if you have a chance to make it back to their starting point, you are almost certainly in the clear.













HIDE AND SEEK! Muahaha! they'll never find me!

Diversions

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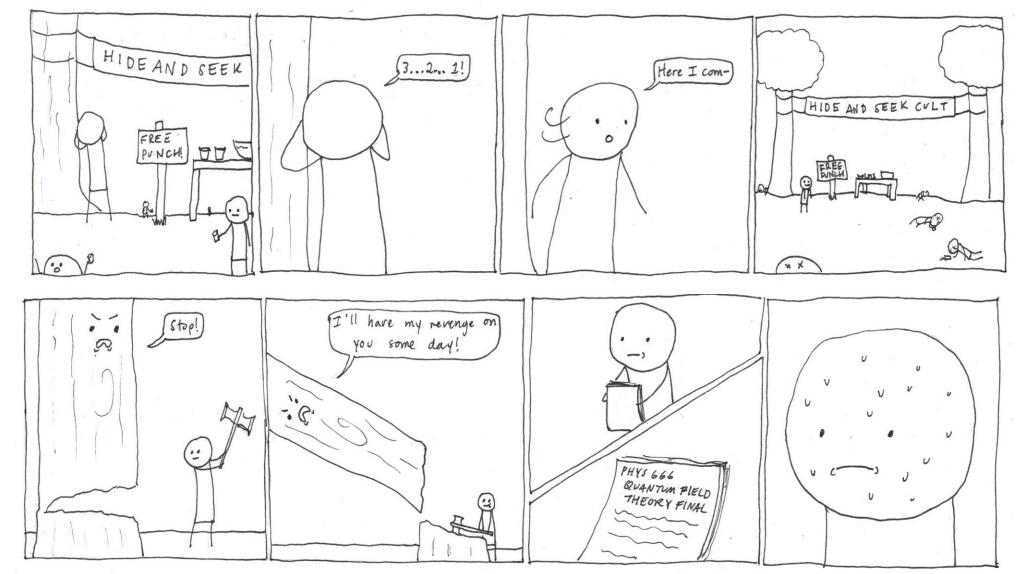
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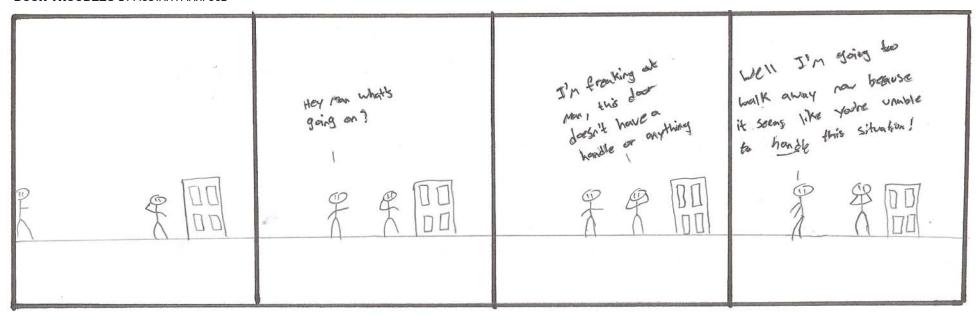
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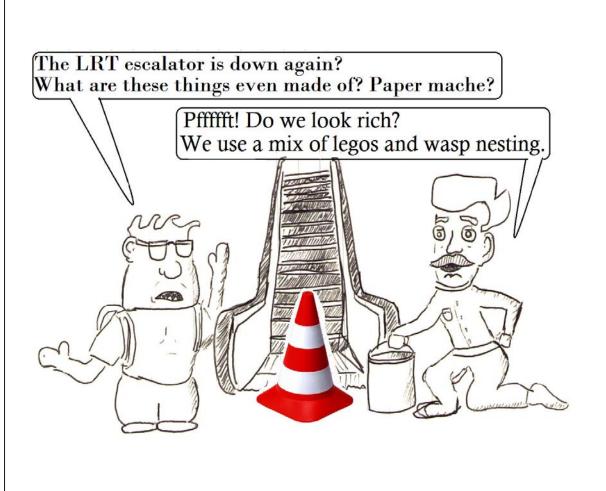
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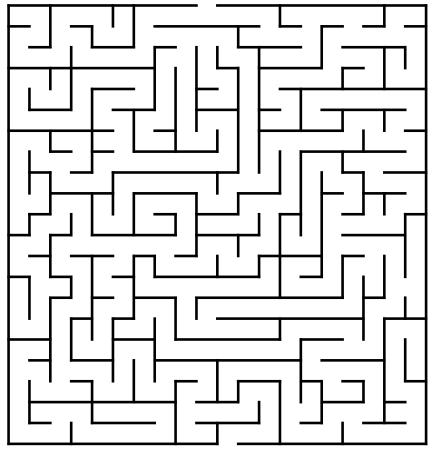
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